## Olathe Middle School Track & Field Meet Schedule 7th & 8th Grade Boys & Girls

## Order for each event:

8th Boys, 8th Girls, 7th Boys, 7th Girls

## Coaches Meeting at 12:00 PM

Schedule of Field Events: 12:30PM Start for Field Events

## **Schedule of Track Events: 1:00PM Start for Track Events**

100 M. Low Hurdles = 5 hurdles

100-Meter Dash

1600 M. Run = Super waterfall start

400 M. Relay = Lanes all the way 400 M. Dash = Lanes all the way

800 M. Relay = 1 & 2 runners in lanes all the way, 3<sup>rd</sup> & 4<sup>th</sup> cut when

clear

800 M. Run = Super waterfall start 200 M. Dash = Lanes all the way

800 M. Sprint Medley = 100's & 200 lanes all the way, 400 cut when clear

Schedule of Field Events: 12:30 PM Start for Field Events (3 per grade/gender)

Long Jump

7th Boys and Girls, 8th Boys and Girls

Shot Put

8th Boys, 8th Girls, 7th Boys, 7th Girls

Discus

7<sup>th</sup> Girls, 7<sup>th</sup> Boys, 8<sup>th</sup> Girls, 8<sup>th</sup> Boys

High Jump

7th and 8th Girls, 7th and 8th Boys to follow

7<sup>th</sup> grade begins at their opening height, 8<sup>th</sup> will come in when the bar

is raised to their opening height!

10 Minute absent time!