

# PHS College and Career Counseling

# **Department Newsletter**

## January 2024

#### **College and Career Counseling Department Contact Information**

Heather Kress - Acting Dean/School Counselor - HKress@pelhamsd.org

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Lisa Massahos - School to Career Admin. Assistant -LMassahos@pelhamsd.org

Erin Frechette - Secretary - EFrechette@pelhamsd.org

Belinda Dowdle - Registrar - <u>BDowdle@pelhamsd.org</u>

#### **Important Information Regarding a Change in Schedule**

January 22, 2024 is the first day of the new semester. Please keep in mind that schedule changes are to be made within the first 5 days of the course.

As stated in your Student Handbook, once the academic year begins there should be no schedule changes other than for the following reasons:

- Graduation requirements are missing
- Prerequisite has not been met
- Duplication of courses
- College is requesting a specific course
- Medical Withdrawal
- Student wants to add an available elective in place of an open block
- Student wants to drop a course they did not request for an alternative course in its place



### Junior College Planning Presentation

On Thursday, January 18th outside presenter Richard Haynes will be meeting with all Juniors during their advisory to go over the college application process. He will share what colleges are looking for when students are applying to their schools including letters of recommendation, college essays, transcript information and so much more. This presentation will kick off the individual junior meetings with each student's counselor that will take place throughout the month of February.

#### **CTE Presentation for Sophomore Parents/Guardians**

#### **Career and Technical Education Opportunities**

#### Wednesday, January 10, 2024, 6:00pm – 7:15pm

#### **PHS Auditorium**

Pelham High School offers CTE classes through three different area CTE Centers. Pinkerton Academy, Salem High School, and the Alvirne High School Palmer Career Center. Students apply for these programs during their Sophomore year.

There will be representatives here from our three CTE Centers to give presentations and answer questions.

Electrical, Construction, Environmental Sciences, Cosmetology, Biomedical Science, and Health Sciences are just a few of the programs that are available.

If you or your student are interested in these programs but will be unable to attend the presentation please email Lisa Massahos at <u>Imassahos@pelhamsd.org</u> for more information.

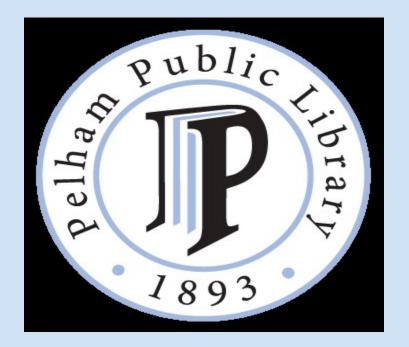




#### **Community Service**

Community Service is a Pelham High School graduation requirement. The Class of 2024 <u>must have</u> their 40 hours completed and submitted by March 15th, 2024. Please check your email often for community service opportunities sent out by Mrs. Frechette.

Please be sure to turn in your completed community service hours within 8 weeks of completing your service activity. Fill out and submit the <u>completion form</u> to the College and Career Counseling Department. Forms submitted later than eight (8) weeks will receive only ½ credit, provided the forms are presented within the academic year in which they were performed. Community service opportunities and completion sheets are available on the Pelham High School website under the College and Career Counseling Department tab.



#### **Community Service Opportunity**

On Wednesday, January 10, 2024 from 3:00-4:00 pm, there will be a technology drop in help program for Pelham community members who will be able to come into the library to get help with their smartphones, tablets, or laptops.

Any students interested in volunteering to help should reach out to Danny Lykanison, Asst Director and Emerging Technologies Librarian.

dlykansion@pelhamweb.com

# NASHUA COMMUNITY COLLEGE OPEN HOUSE

# Monday, January 8, 5-7 PM

#### Pell-eligible students can attend <u>NCC TUITION-FREE!</u> Find out if you qualify...

The Promise Program guarantees tuition-free classes for Pell-eligible students. Meet with Financial Aid staff at Open House to learn more.

Financial Aid: Degree & certificate students can apply for Scholarships & Grants!

**Financial Assistance:** Students may qualify for WorkNowNH and WIOA support! Visit the Workforce Solutions table at Open House for details.

**High School Students:** Earn low-cost & tuition-FREE college credit now! Meet NCC's Dual Enrollment Coordinator to talk about taking college classes via:

- Early College at Your High School (Running Start)
- Early College on a College Campus
- Early College Online

#### Students of All Ages: Choose degree, certificate, or career training in:

• Arts, Humanities,

Communication & Design

- Social, Educational,
  - & Behavioral Sciences

- Health Sciences & Services
- Industry & Transportation
- Business, plus:
- ESOL classes
- STEM & Advanced Manufacturing

**NEW - Early Childhood Education Scholarships:** Dedicated scholarship funding is available for Early Childhood Education students. Get the scoop from ECE faculty at Open House!

**RSVP:** nashuacc.edu/openhouse

#### Scan to RSVP >>

COMPLETE A DEGREE, CERTIFICATE, OR EXPLORE CAREER TRAINING 505 Amherst Street, Nashua, NH 03063 | 603.578.8908 nashuacc.edu | nashua@ccsnh.edu



#### **NOW HIRING SNOW SHOVELERS**

#### **Properties in Pelham, Hudson and Dracut**

No experience necessary

Age requirement 16 years old

\$35/hour

Refer 1 friend and earn an additional \$1.00 per hour, refer 2 friends and earn an additional \$2/hour, refer 3 friends etc.

Apply online today!



# Best Wishes for a Happy and Healthy New Year!

From the College and Career Counseling Department