

PHS College and Career Counseling Department Newsletter

November 2023

College and Career Counseling Department Contact Information

Heather Kress - Acting Dean/School Counselor - HKress@pelhamsd.org

Holly Emmett - School Counselor - <u>HEmmett@pelhamsd.org</u>

Alexandria Gauthier - School Counselor AGauthier@pelhamsd.org

Erica Erelli - School Counselor - <u>EErelli@pelhamsd.org</u>

Lisa Massahos - School to Career Admin. Assistant - LMassahos@pelhamsd.org

Erin Frechette - Secretary - EFrechette@pelhamsd.org

Belinda Dowdle - Registrar - <u>BDowdle@pelhamsd.org</u>

Pelham High School Showcase to Welcome the Class of 2028

Pelham High School invites you to join us for an evening of presentations and tours of the building. Staff members will be in attendance to highlight some of the great things happening at PHS.

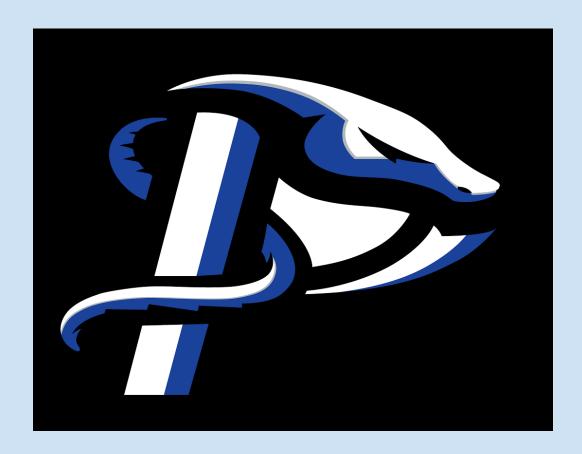
Who: Class of 2028 students, families and friends

When: Thursday, November 16, 2023, 6:00pm-7:30pm

Where: Pelham High School

Why: PHS would like to show our incoming 8th graders as well as the

community what we have to offer.



<u>Upcoming College Applications Deadlines—Class of 2024</u>

Seniors, early college deadlines are coming up quickly! If you are applying to colleges with deadlines of November 1st, November 5th or November 15th, please make sure you have every section on your Common Application filled out and your essay uploaded before you hit submit. You should also make sure you have added these colleges to Naviance so that your school counselor can send your transcript and letters of recommendation out on time. You must give your counselor a minimum of two weeks notice to get your school materials in on time.

Regular decision deadlines begin on or around January 1st, so if you haven't applied yet do not worry. Stop in and see your school counselor to discuss your options!

Tutoring

After school tutoring is available every Wednesday from 2:30-3:30pm in the PHS Library. Math tutoring is available after school in the PHS Library on Wednesday and Thursday afternoons from 2:30-3:30pm. Math teachers are available to help students with ongoing work and recovery.

PHS In School College Representative Visits

The Class of 2024 and the Class of 2025 are encouraged to attend these information sessions. College representatives will be here during the advisory period in the guidance office. Please make sure that you have your Naviance login information to be able to sign up to attend a visit. Please see Mrs. Frechette with any questions.

Wed	11/01	University of Connecticut
Thu	11/02	Franklin Pierce University
Fri	11/03	Emmanuel College
Mon	11/06	URI
Tue	11/07	U.S Navy
Wed	11/08	Air National Guard
Thu	11/09	St. Anselm College
Thu	11/16	Plymouth State University
Mon	11/28	Nashua Community College
Wed	11/29	Bridgewater State University



Class of 2026

HOBY Youth Leadership

Are you looking to learn more about yourself and your ability to make a positive impact on the world? The Hugh O'Brian Youth Leadership Conference (HOBY) New Hampshire is a three day leadership seminar for high school sophomores that teaches students about individual, group, and societal leadership. HOBY embraces your individuality and develops your leadership capabilities through interactions with others.

HOBY believes all students have the potential to lead. The seminars bring students together across different backgrounds, cultures, and communities to help students discover a newfound sense of awareness, confidence, connection, and purpose. You'll learn and grow in a positive, high-energy environment.

HOBY is a great fit for students who are passionate about their community, have leadership potential, understand and relate to the experience of others and like to collaborate and work with others.

If you are interested in this great opportunity, please fill out the application that was sent via email or you can pick one up in the Counseling Department.

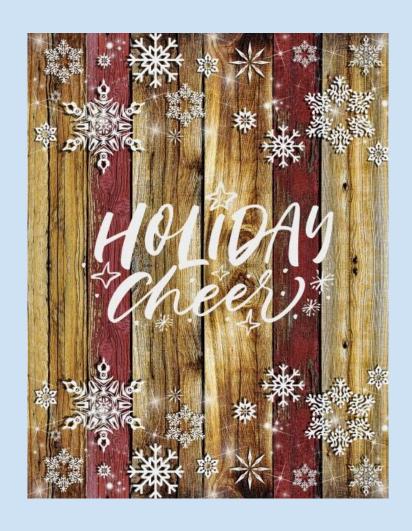
Should you have any additional questions, do not hesitate to reach out to your school counselor. The application should be returned to the Counseling Department by Wednesday, November 15th.



Community Service

Community Service is a Pelham High School graduation requirement. The Class of 2024 <u>must have</u> their hours completed and submitted by March 15th, 2024. Please check your email often for community service opportunities sent out by Mrs. Frechette.

Please be sure to turn in your completed community service hours within 8 weeks of completing your service activity. Fill out and submit the completion form to the College and Career Counseling Department. Forms submitted later than eight (8) weeks will receive only ½ credit, provided the forms are presented within the academic year in which they were performed. Community service opportunities and completion sheets are available on the Pelham High School website under the College and Career Counseling Department tab.



Community Service Opportunity

The VFW is collecting holiday cards for our deployed troops. A great way to start the holiday season and to earn community service hours! There is a box in the guidance department for students to leave their homemade cards.