

# The Titan Times

Washington Elementary School's Monthly Family Newsletter



## CALENDAR

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| Feb. 1  | Preschool SUTQ Day<br>No School for PreK Students  |
| Feb. 2  | PTO Meeting Room 203<br>2:35pm - 3:15pm  |
| Feb. 14 | Start of Kindness Spirit Week<br>Valentine's Day   |
| Feb. 16 | Parent Teacher Conferences<br>2:45pm - 6:45pm  |
| Feb. 17 | Parent Teacher Conferences<br>2:45pm - 4:45pm  |
| Feb. 18 | No School  |
| Feb. 21 | Presidents' Day - No School  |
| Mar. 1  | Professional Development Day for Staff<br>No School for Students                             |
| Mar. 2  | Preschool SUTQ Day<br>No School for PreK Students<br>PTO Meeting Room 203<br>2:35pm - 3:15pm |
| Mar. 4  | Spring Picture Day   |

## Principal's Note

### WHAT'S HAPPENING THIS MONTH

Dear Families,

February may be the shortest month of the year, but there is a lot to fit into the next eighteen days of school.

During February we celebrate Black History Month. Beyond what students will learn in their classrooms about the triumphs and struggles of African Americans throughout U.S. History, students will learn about a famous figure in history every morning during our announcements. Ask your child who they learned about when they get home from school.

We are in the process of planning another Kindness Spirit Week to begin February 14th. A flyer will go out with more details. February 17th is Random Acts of Kindness Day. We encourage all families to participate by doing something kind and discussing how it made you feel.

We are looking forward to our second round of Parent/Teacher Conferences scheduled for February 16th and 17th. Look for more information from your child's teacher regarding scheduling.

Thank you for your continued partnership. As always if you have any questions, concerns, feedback, or requests please reach out to the office at 440-830-4210.

Sincerely,

Jessica Dugan  
Principal

## Meet our School Counselor Bailey Walen

My name is Bailey Walen and I am the new school counselor at Washington Elementary! I am originally from Kirtland, Ohio which is a small city on the east side of Cleveland. I got my bachelor's and master's degree at Bowling Green State University. I moved to Indiana in 2014 and have spent the last 7 years working as an elementary school counselor. I am very excited to begin working with this amazing community! I am at Washington on Wednesday afternoons, Thursday and Friday. I can provide one-on-one short-term counseling, small group counseling and classroom guidance lessons. I help students with a variety of topics including: social skills, coping skills, peer relationships, stress management, anger management, anxiety and much more! Don't hesitate to reach out and let me know how I can support you and your students. You can reach me by calling the front office at (440) 830-4210 or by email at [bwalen@loraincsd.org](mailto:bwalen@loraincsd.org).



## Meet our Ohio Guidestone School Based Therapist Sasha Flowers



My name is Sasha Flowers. I want to introduce myself and take this opportunity to express how excited I am to be connected to Washington Elementary School. I am a licensed social worker through Ohio Guidestone. Here's a brief history of my background. I recently completed a bachelor's degree in social work and will be finishing my master's degree this May. I have a genuine passion for working with a diverse clientele from grades K-12, and I aim to empower clients. My role as a school therapist consists of working with clients both in the school and home environment. I work with children

and adolescents to provide mental health and other support services in the school environment, family home, or community setting. I provide Innovative programming, which is custom designed to meet the needs of each student and can include individual, group, parent, and family services. As a school therapist, I provide behavioral health assistance services such as consultation for individuals student's needs, consultation for teachers when addressing students' needs or behaviors, individual and family counseling, Psychiatry and family counseling referrals, crisis support and intervention, and groups to enhance social skills and build social-emotional wellness of students.

If you have any questions, feel free to contact me at [Sasha.flowers@ohioguidestone.org](mailto:Sasha.flowers@ohioguidestone.org) or via phone at 440.328.5332