

PARENT GUIDANCE



MENTAL HEALTH SERIES

In an effort to proactively support students' overall well-being, Pickaway ESC is partnering with ParentGuidance.org to deliver monthly webinars developed by licensed therapists. This series is virtual, interactive, and designed to help parents and caregivers support students. Registration, attendance and interactions are kept totally anonymous from other viewers.

TIME: 7:00-8:00 PM via Zoom

To Register Early...scan the QR code or click the link

TUES. NOV. 7 2023

"Navigating Divorce When Children are Involved"



<https://cookcenter.info/Nov7Pickaway>

TUES. NOV. 28 2023

"Navigating Divorce When Children are Involved"



<https://cookcenter.info/Nov28Pickaway>

TUES. DEC. 19 2023

"Your Child's Anxiety"



<https://cookcenter.info/Dec19Pickaway>

TUES. JAN. 30 2024

"Establishing Healthy Boundaries"



<https://cookcenter.info/Jan30Pickaway>

TUES. FEB. 27, 2024

"Building Your Child's Confidence"



<https://cookcenter.info/Feb27Pickaway>

TUES. MAR. 26, 2024

"Understanding Gaming Addiction"



<https://cookcenter.info/Mar26Pickaway>

TUES. APR. 30, 2024

"Your Active Child: ADHD"



<https://cookcenter.info/Apr30Pickaway>

TUES. MAY 21, 2024

"Social Media - Protecting Your Child"



<https://cookcenter.info/May21Pickaway>

TUES. JUNE 11, 2024

"Why our Children Self-harm"



<https://cookcenter.info/Jun11Pickaway>

**For more information please contact Rachelle Cooksey at
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