

# Marion County Families

## Triple P: Positive Parenting Program



**Choose the option(s) that work for you!**

**Individual** parent/guardian support available by phone, Zoom, or in person. **Scheduled at your convenience.**

**Small Groups:** Meet up with other parents and discuss common parenting issues and strategies to help you and your family!

- 2/21/23 Dealing with Disobedience meets online 6-8pm
- 3/7/23 Bedtime Routines in-person from 10:30-11:30am
  - Marion Public Library 445 East Church St.

**Wednesdays on the Web:** Log in for any live video group on your phone/tablet/computer.

- **2/22/23 Dealing with Disobedience 9:15-11:15am**  
How to get kids to listen and follow directions—and what to do when they don't.
- **3/8/23 Coping with Stress 9:30-10:30am**  
Stress is a part of everyone's life! Let's talk about how to handle it.
- **3/22/23 Hassle-Free Mealtimes 1230-230pm**  
Let's talk about how to enjoy family mealtimes and encourage good nutrition habits.

**Teen Tuesdays:** Tips on connecting with your (pre)teen and improving communication! Specifically for parents/caregivers of children aged 10-16.

- Meets online on Tuesdays weekly MARCH 7- APRIL 4 6-8PM

**FREE REGISTRATION:** Call or email Melinda Moreno at Action for Children  
614-585-9725 or [TripleP@actionforchildren.org](mailto:TripleP@actionforchildren.org)

**Action for Children**



**Ohio Children's Trust Fund**  
*Ohio's Prevent Child Abuse America Chapter*



**NATIONWIDE CHILDREN'S**  
*When your child needs a hospital, everything matters.™*