



The New Mexico Public Schools Insurance Authority (NMPSIA)
PRESENTS *the September Wellness Webinar*



Preventive Care

A well-check visit, also called an annual physical or check-up, is a preventive measure and a time to talk with your health care provider. According to the Journal of Family Practice, annual physical exams reduce the risk of missed diagnoses. A well-check can sometimes detect problems before they become serious. Learn more on the general screenings by joining this webinar.

Tuesday, September 14, 2021, 3:30 PM - 4:30 PM

REGISTER HERE:

<https://us06web.zoom.us/meeting/register/tJlldeqopjsrEtPujruonBWEQXn3Nlu1s0zj>

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