



## **This just in:**

Come one, come all!

The **Back to Basics – Building Healthy Habits Challenge** that begins August 30<sup>th</sup> is open to all NMPSIA members and family members, all contracted, part-time, and volunteer staff at a NMPSIA school. Everyone can have fun, feel better and learn about building healthy habits!

Visit <https://nmpsia.walkertracker.com/> and click on the green **Register Now** button to sign-up for fun and fitness while you are *Working Well*