

OUR BIG PHAT GREEK MENU

COOKING SHOW

Take a trip with us to the Mediterranean

Learn how to make delicious and healthy Greek dishes using traditional recipes common in the Mediterranean diet.

Thursday, September 15

12:00 p.m. - 1:00 p.m.



To Register, [click here](#), or scan the QR code with your smart phone.

Questions? Contact wellness@phs.org



The
Solutions
Group