

Instructions for Accessing Work-Life Services

In order to access the Work-Life Services benefit portion of your EAP service, I have created these instructions. You can get to their website by first going into The Solutions Group website at www.solutionsbiz.com

1. On the top of the page, click on “EAP.”

solutionsbiz.com/Pages/default.aspx

The Solutions Group

HOME ABOUT **EAP** WELLNESS NEWS CONTACT US

Making great companies better places to work.

Learn more »

At **The Solutions Group**, we believe everyone can benefit from living a healthier life. Our comprehensive wellness, EAP and workplace training programs are designed to help your employees experience measurable improvements in both their physical and emotional health, no matter what their current state of health may be.

LATEST NEWS FROM THE SOLUTIONS GROUP

A new year provides a unique time for self-reflection and a proverbial clean slate. Take advantage of this opportunity to set yourself up for success in the coming year by asking yourself **six key questions**.

COVID-19 UPDATE: The Solutions Group EAP counselors are readily available to provide video and phone counseling to our EAP clients and their employees, including 24 x 7 support to all employees and their family members. Please visit our Additional Resources page, where you'll find a list of emotional well-being resources, family educational resources for the home and a list of live, web-based, 10-minute mindfulness sessions. **Check back often as we are frequently adding new resources.** Additional information can be found on the EAP Work-Life Services page.

WELLNESS AT WORK: If you are being re-routed to this page after trying to log in, you will need to contact wellness@pshs.org. This is not a glitch. Your account has been closed and a new one will need to be created. Please contact us, we are happy to help you get logged in.

LOGIN WELLNESS PROGRAMS EMPLOYEE

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2. On this page, you have a menu on your left-hand side. Click on “Work-Life Services.”

/default.aspx



HOME ABOUT EAP WELLNESS NEWS CONTACT US

Employee Assistance Program

EAP Programs and Services

For Affiliates

For Employees

For Managers

Our Counselors

Webinars

Training

StressStop

Work-Life Services

Additional Resources

Forms



EMPOWERING EMPLOYEES TO IMPROVE THEIR WELL-BEING

OUR APPROACH

The Solutions Group EAP is designed to help your organization create a true Culture of Health where employees can thrive as individuals and as a workforce. We are a full-service provider of innovative, personalized support programs and services designed to help your employees find work-life balance by managing their stress levels and mental fitness.

Studies show that EAP services can produce positive clinical change, improvements in employee absenteeism, productivity and turnover, as well as savings in medical, disability and workers' compensation claims.

TSG's licensed professional team is a valuable resource and management tool for organizational leaders, easing the unpredictable burden of helping employees who are struggling by providing individual counseling and referral services. By promoting a proactive focus on employee well-being, we can help your organization reduce liability costs through training and advice. Our professional counselors will coach you through the appropriate steps in identifying and addressing your employees' emotional and performance needs.



OUR GOAL

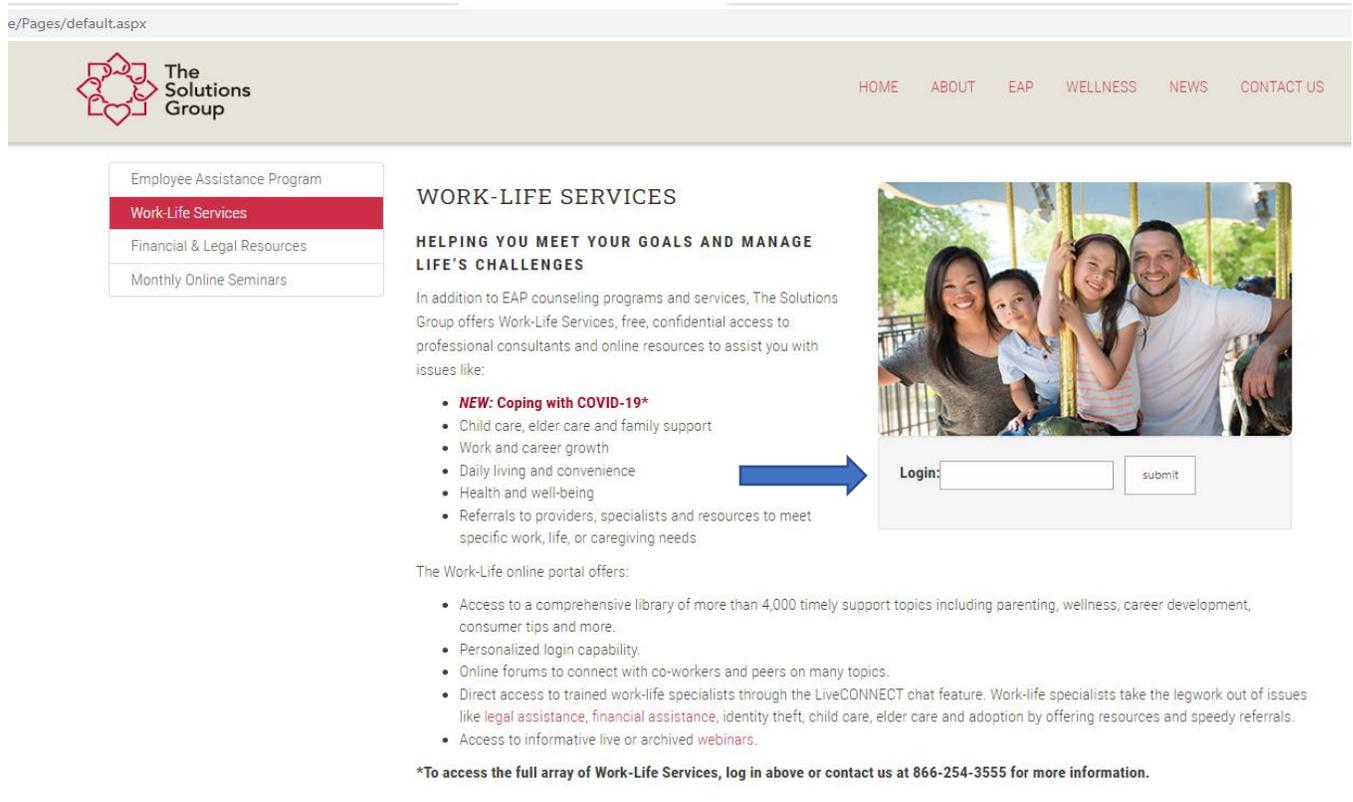
Our goal is to help employees problem-solve by providing local, licensed providers who offer short-term counseling, assessment and referral services. Unlike national EAPs that provide employees with telephone and online access to counselors, TSG offers personalized, face-to-face and video counseling sessions with our licensed EAP staff counselors. With TSG, your employees have access to a private, off-site resource where they can go to share their concerns in confidence.

The Solutions Group is a member of the Employee Assistance Professionals Association, the leading provider of education and services to employee assistance professionals and others interested in issues that affect the behavioral health and well-being of employers and employees. TSG integrates EAPA Standards and Professional Guidelines for Employee Assistance Programs into our own mission, operations and culture.

12 Questions to Ask When Choosing an EAP

- This screen is where you will login with code “tsg” and then click the “Submit” button. If you hit the Enter key, it might not take you to the screen.

e/Pages/default.aspx



The Solutions Group

HOME ABOUT EAP WELLNESS NEWS CONTACT US

- Employee Assistance Program
- Work-Life Services**
- Financial & Legal Resources
- Monthly Online Seminars

WORK-LIFE SERVICES

HELPING YOU MEET YOUR GOALS AND MANAGE LIFE'S CHALLENGES

In addition to EAP counseling programs and services, The Solutions Group offers Work-Life Services, free, confidential access to professional consultants and online resources to assist you with issues like:

- NEW: Coping with COVID-19***
- Child care, elder care and family support
- Work and career growth
- Daily living and convenience
- Health and well-being
- Referrals to providers, specialists and resources to meet specific work, life, or caregiving needs

The Work-Life online portal offers:

- Access to a comprehensive library of more than 4,000 timely support topics including parenting, wellness, career development, consumer tips and more.
- Personalized login capability.
- Online forums to connect with co-workers and peers on many topics.
- Direct access to trained work-life specialists through the LiveCONNECT chat feature. Work-life specialists take the legwork out of issues like legal assistance, financial assistance, identity theft, child care, elder care and adoption by offering resources and speedy referrals.
- Access to informative live or archived webinars.

***To access the full array of Work-Life Services, log in above or contact us at 866-254-3555 for more information.**

Image: A family of four (mother, father, and two children) smiling on a carousel.

Login:

- You should now be in this screen:

advantageengagement.com/p_index.php?id_division=d00&pid_module=m000

Welcome, Guest. Please login or register to participate in the forums.

Search

LIVECONNECT ONLINE

The Solutions Group

PARENTING AGING BALANCING THRIVING WORKING LIVING INTERNATIONAL

Screen Time and Children

Screen time is a term used for activities done in front of a screen, such as watching TV, working on a computer, or playing video games.

READ THE FULL ARTICLE

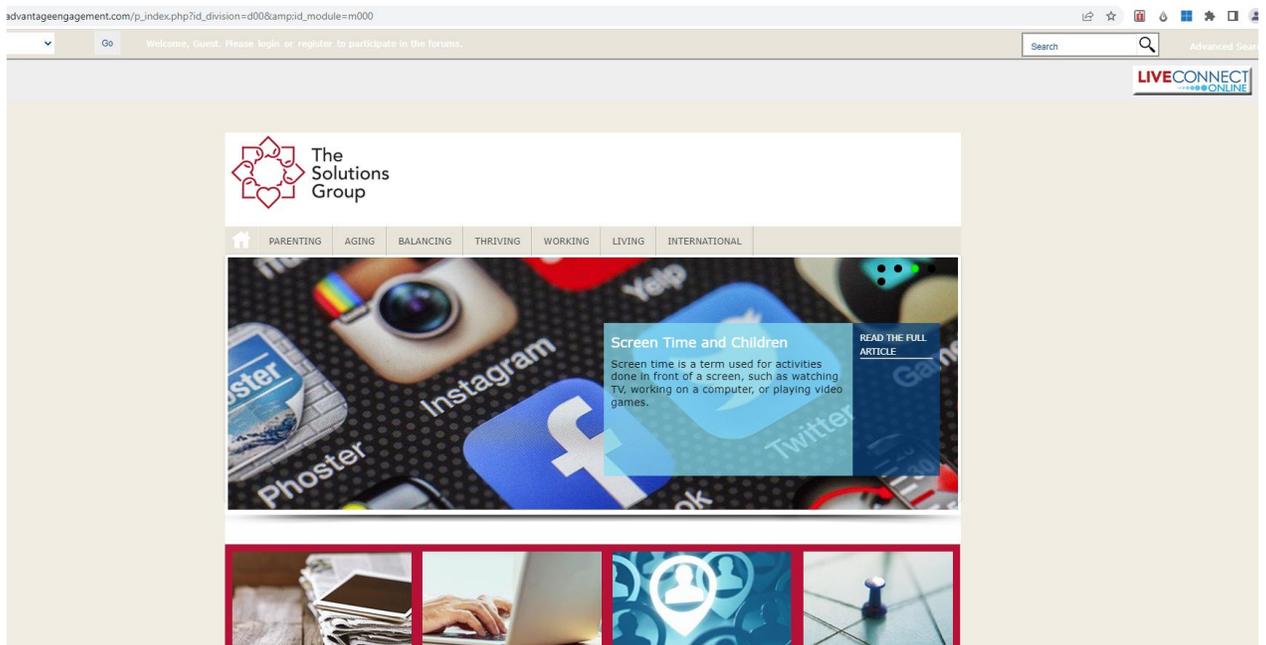
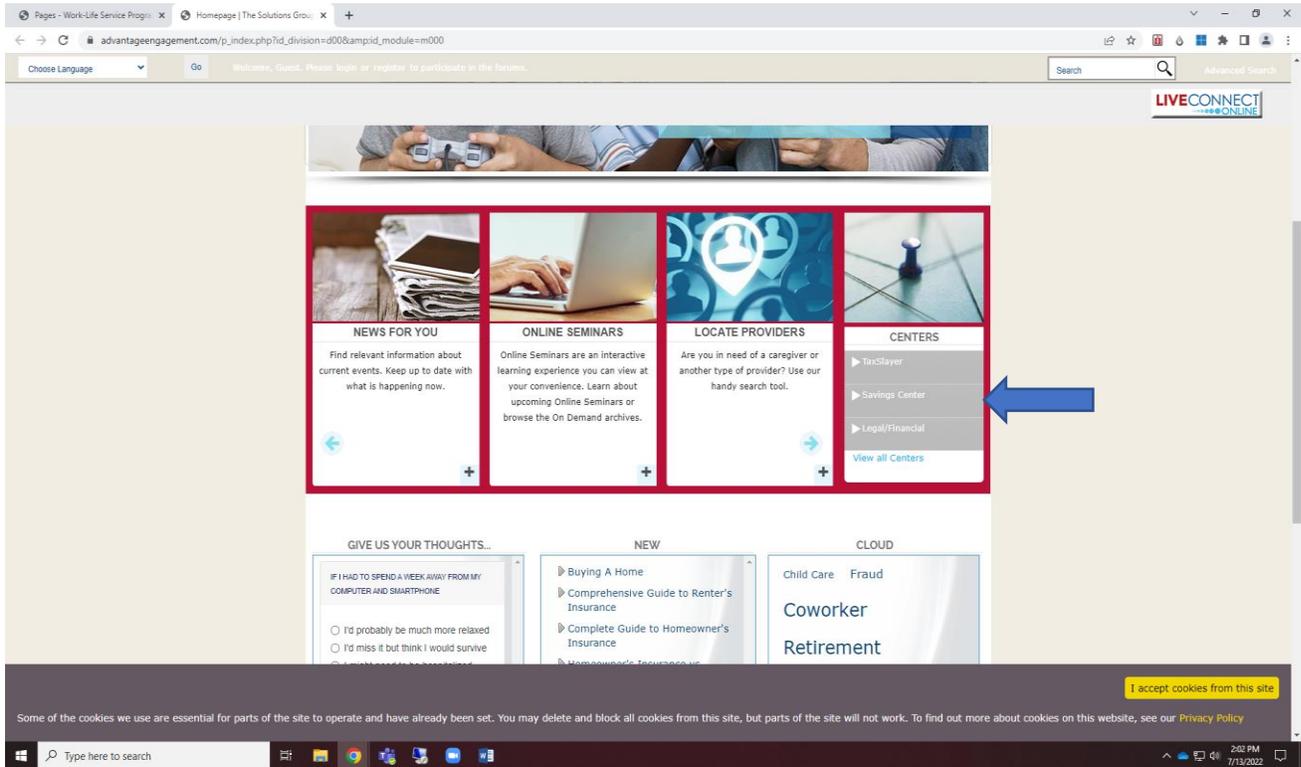


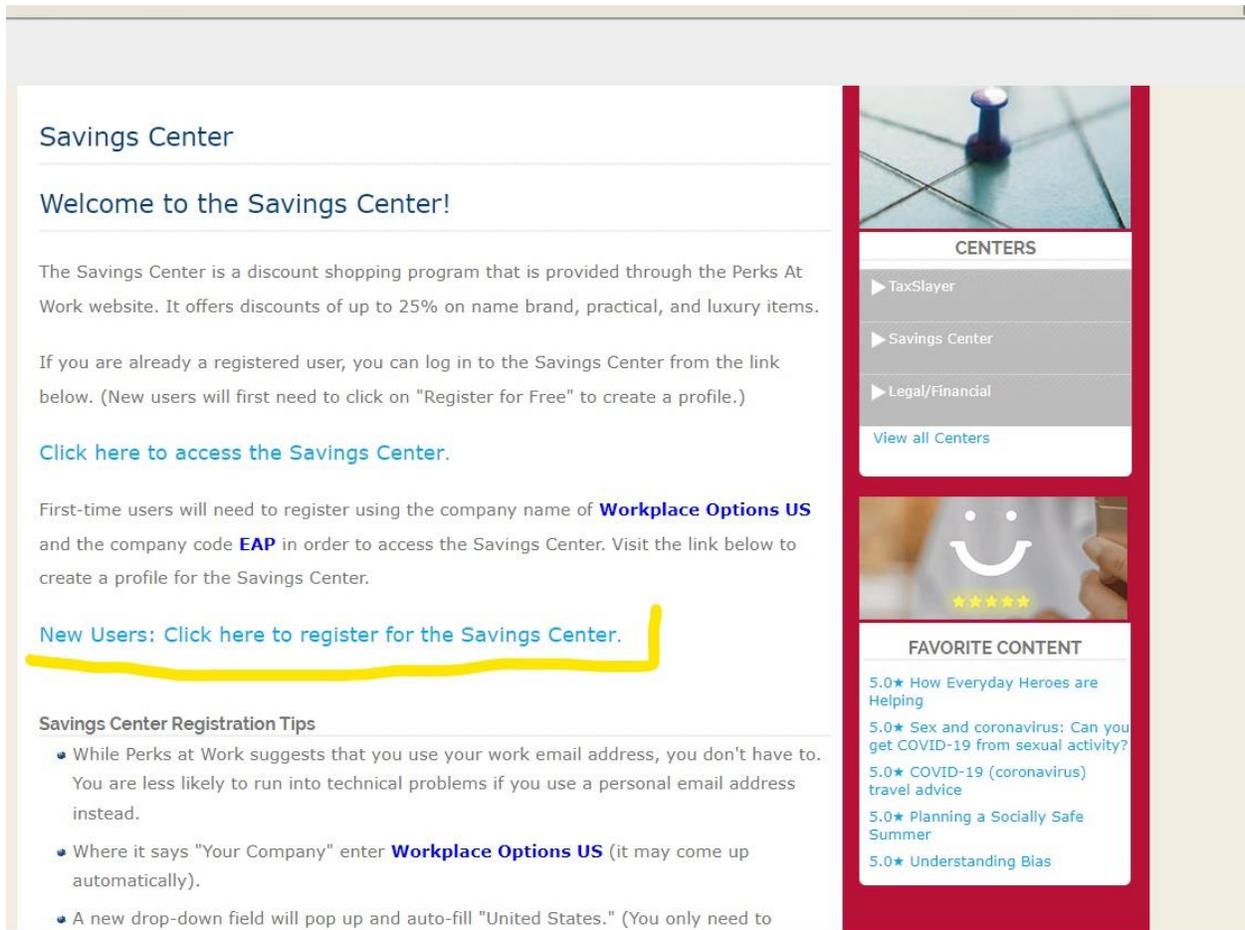
Image: A collage of social media icons (Instagram, Facebook, Twitter) and a smartphone.

Image: A collage of icons representing various services and support, including a person, a laptop, and a pushpin.

- To access the "Savings Center" website, click on the tab noted from the Work-Life home page (from step 4).



6. On this web page, click on "New Users" to register (highlighted below). Please note that you will enter "EAP" as "Your Company Code" on the next page after clicking to register.



Savings Center

Welcome to the Savings Center!

The Savings Center is a discount shopping program that is provided through the Perks At Work website. It offers discounts of up to 25% on name brand, practical, and luxury items.

If you are already a registered user, you can log in to the Savings Center from the link below. (New users will first need to click on "Register for Free" to create a profile.)

[Click here to access the Savings Center.](#)

First-time users will need to register using the company name of **Workplace Options US** and the company code **EAP** in order to access the Savings Center. Visit the link below to create a profile for the Savings Center.

New Users: [Click here to register for the Savings Center.](#)

Savings Center Registration Tips

- While Perks at Work suggests that you use your work email address, you don't have to. You are less likely to run into technical problems if you use a personal email address instead.
- Where it says "Your Company" enter **Workplace Options US** (it may come up automatically).
- A new drop-down field will pop up and auto-fill "United States." (You only need to

CENTERS

- ▶ TaxSlayer
- ▶ Savings Center
- ▶ Legal/Financial

[View all Centers](#)

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7. Type in your email (you can use either work or personal) and then type **EAP** where it says “Your Company.” Once that is completed it will take you through a process to validate your email and password.

perksatwork.com/register/index/uSource/ftuins?step=createown

Account Setup

Already have an account? [Sign in](#)

If you would like to register on your own, you will need:

- a valid corporate email account and
- your employee id or person#, OR your company code (your HR administrator can provide this)

With that information you can register on your own right now using this wizard.

Work Email

Your work email helps link you to your company. **Don't have a work email?** That's ok. You can use your personal email and verify your employment below.

Your Company

Continue

By clicking Continue, you agree to our [Terms of Use](#) and [Privacy Policy](#).