



WELLNESS WEBINAR

Preventive Care:

Prevent medical problems before they become major

Getting preventive care reduces the risk for diseases, disabilities, and death — but for a variety of reasons, many people don't get the preventive care they need. For many, lack of awareness about recommended preventive services is a barrier to not getting the preventive care needed to live a healthy life. Join Lia Gainey in learning about preventive health screenings. Don't delay - early detection saves lives!

Tuesday, Sept. 13

3:30 - 4:30 p.m.

Register [**HERE**](https://phs-org-corp.zoom.us/webinar/register/WN_5jRzjjA1QRS8dt_5GlrZzw)



To get the on-demand recording,
please register for the webinar.



Or, copy this link into your browser:

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Questions? Contact nmpsia.wellness@phs.org