



AT HOME

Wellness Screening

FREE WELLNESS SCREENINGS

by mail-order for NMPSIA Presbyterian members 18 and over.

KITS ARE AVAILABLE TO ORDER NOW!

The home test kit uses a finger stick blood draw to measure Total Cholesterol, HDL, LDL, Triglycerides and Glucose. Home Test Kits come with instructions and video link to follow along.

Fasting is required before you process kit. Please continue to hydrate with water and take your regular medications!



DON'T DELAY!

LAST DAY TO ORDER A KIT IS OCTOBER 31

Kits must be post-marked and returned by December 31.

Once you receive your results, you may be contacted by a Registered Nurse to review your results if they are out of range.

ORDER A HOME TEST KIT HERE:

<https://uswemd.com/signup/nmpsia>

QUESTIONS?

Contact nmpsia.wellness@phs.org



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