



New Mexico
Public Schools
Insurance
Authority



NMPSIA
Wellness

Behavioral Health Service Options

Effective 07/01/2020

BlueCross BlueShield of NM (BCBSNM)

To obtain benefits for Outpatient Services related to Behavioral Health and Alcoholism and /or Substance Abuse, please call **1-888-898-0070**

High-option members - \$30.00 copay per visit (in-network) includes video visits

Low-option members – \$35.00 copay, deductible waived (in-network) includes video visits

Video Visit – MD Live \$0 copay <https://www.bcbsnm.com/nmpsia>

Video Visit includes a behavioral health component.

Presbyterian Health Plan (PHP)

To obtain benefits for Outpatient Services related to Behavioral Health and Alcoholism and /or Substance Abuse, please call **(505) 923-5470 or 1-800-453-4347**

High-option members - \$30.00 copay per visit (in-network) includes video visits

Low-option members – \$35.00 copay, deductible waived (in-network) includes video visits

Talk Space Messaging Therapy \$0 copay

Go to www.talkspace.com/php to access the program

On to Better health – Virtual Therapy Session \$0 copay

Go to www.ontobetterhealth.com/php

NM Connect Crisis and Access Line – open to anyone at anytime – no cost

24/7/365 **1-855- NMCrisis (662-7474)** nmcrisisline.com



**Blue Cross and Blue Shield
of New Mexico**

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 **PRESBYTERIAN**

