



INDOOR TRIATHLON BRADFORD YMCA



Saturday, May 3, 2025

Ages 15+

Sponsored by:



HERE'S HOW IT WORKS:

1. Start with a 15-minute SWIM
2. Transition to the BIKE area in 5 minutes
3. Next, CYCLE on a SPIN BIKE for 15 minutes
4. Transition to the TREADMILL area in 5 minutes
5. Finish with a 15-minute RUN/WALK

PRICING:

\$10/Student

\$15/Member

\$25/Potential Member

Individual:

Heats will start at 8am

OR

Team (up to 3):

Heats will start at 9am

FOR MORE INFORMATION:

Please call the Bradford YMCA at (814) 368-6101

Or email Peyton at peytonm@twintiersymca.org

Registration Form

Team Registration: Must provide information for each participant

Individual Name: _____ Age on Race Day: _____
Address of Individual: _____ Gender: _____
City, State, ZIP code: _____ Phone Number: _____
Email Address: _____ T-Shirt Size: _____

If registering as a TEAM, please list team member's name, age, gender and phone number.

Swimmer: _____ Age _____ Gender _____ Number _____ T-Shirt Size _____
Cyclist: _____ Age _____ Gender _____ Number _____ T-Shirt Size _____
Runner: _____ Age _____ Gender _____ Number _____ T-Shirt Size _____
Team Captain's Email: _____ Team Name or Business: _____

PLEASE
CHECK ONE

TRIATHLON

Swim - Bike - Run

INDIVIDUAL:

Price:

Student _____

\$10.00

Member _____

\$15.00

Potential Member _____

\$25.00

TEAM:

\$30.00

*Entry Fee is non-refundable.



Make Checks Payable to:
YMCA of the Twin Tiers
59 Boylston Street
Bradford PA, 16701

- Free shirt for all participants registered before Apr. 19
- Thank you to our sponsors.
- Numerous award categories.
- Deadline to register: April 28, 2025.

Signature of Registrant _____

Date _____