# Food Services Department

## Food Service Information for Families for 2025-2026

#### **School Menus & Meal Prices**

- Breakfast and lunch menus are available under quick links on each school webpage and Food Services page.
- Breakfast is \$1.75 for all grade levels.
- Lunch prices are \$3.25 for grades K-8 and \$3.50 for grades 9-12.

# **Paying for School Meals**

- You can add funds to your child's account, set recurring payments, add low balance notifications and see what your child is buying at <a href="https://www.PaySchoolsCentral.com">www.PaySchoolsCentral.com</a>.
- Checks and cash are also accepted. Payments should be sent to school in an envelope clearly labeled with your child's student ID number and name, and turned into the cafeteria before school starts. Make checks payable to AWFS. You can write one check for the whole family.

#### Free and Reduced-Price Meals

- Families meeting certain income guidelines may qualify for Free or Reduced-Price Meals.
   New applications are required each school year. <u>Click here for more information about the program.</u>
- If your child qualifies for free lunches, they are also eligible to receive free breakfast.
- You can apply online at <u>www.PaySchools.Central.com</u> using your child's six-digit school code. Paper applications are available for download from the <u>Food Services page of the</u> website or in the school offices.
- Please complete an online application or return the paper application to the Food Service Office at AW Junior High before September 29, 2025.

## **Breakfast at School**

Please talk with your children about whether or not you would like them to purchase breakfast at school. Students will often join their friends for breakfast, and we do not want any surprises when you check your child's account balance. Breakfast service is available at all schools, every morning.

- Primary Schools: Cafeteria, 8:30 8:45 a.m.
- Fallen Timbers Middle School: Cafeteria, 7:20 7:40 a.m.
- AW Junior High and AWHS: Grab and Go breakfast carts, 7:15 7:45 a.m.

## What's in a Meal?

The Anthony Wayne Food Service Department participates in the USDA-funded National School Breakfast & Lunch Programs. We follow <u>their nutritional guidelines and meal patterns</u>.

Breakfast includes: One entree consisting of whole grains, one fruit option (100% juice or no-sugar-added canned or fresh fruit) and fat free flavored milk or 1% white milk.
 \*Students must take 1 fruit option along with one other item to make a full meal according to the USDA.

- <u>Lunch includes:</u> One entree comprised of lean proteins and whole grains, ½ cup fruit option (100% juice or no-sugar added canned or fresh fruit), ½ cup vegetable option (fresh or low sodium canned/frozen) and fat free flavored milk or 1% white milk,
  - \*Grades 9-12 can choose two fruit and two vegetables options.
  - \*All students must take either a fruit or vegetable at lunch to make a full meal according to the USDA.

#### **Contact Information**

If you have any questions regarding your account at PaySchools Central please call 1-877-393-6628. You can contact me with any general food services question at 419-877-1229 or mmenchaca@anthonywayneschools.org.

Sincerely,

Megan Menchaca, *Food Service Director* Anthony Wayne Local Schools

# **Anthony Wayne Local Schools**

## **Food Services**

Megan Menchaca, Director
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419-877-1229 | AnthonyWayneSchools.org/FoodServices



- \* Adaptability and Flexibility
- \* Communication and Collaboration
- \* Critical Thinking
- \* Empathy
- \* Learner's Mindset