



Name: _____

Date: _____

Log in to www.EducatorsEAP.com and earn your reward!

Your EAP Wellness Challenge:

1) After logging in at www.EducatorsEAP.com , view the "Your EAP Orientation Video" on the Self-Help Center home page. Who is covered by your EAP benefit?	
2) When you log into www.EducatorsEAP.com , scroll to the bottom of the page. Click on "Legal Forms" and name one the free legal forms under "Later Life Planning".	
3) What is the 24/7/365 confidential phone number to speak with a counselor?	
4) Log into www.EducatorsEAP.com and scroll to the Learning Centers at the bottom of the page. Name three of the 23 Learning Centers.	
5) Click on the "Sleep Health" Learning Center. Name one of the recommended podcasts to help with sleep.	
6) Name one of the free personal and professional coaching programs available to you and your family members found by clicking "Coaching" at the top of the website.	
7) Click on the "Wellness Center & Physical Health" tile, then choose "Recipes". What is a healthy recipe that you would try?	
8) Go to the Training Center and click "Comprehensive Training Library". Complete a training of interest. Which training did you choose?	
9) Go to the Training Center and click "Comprehensive Training Library". Search SVL_1021224 in the search bar and complete "Building Great Relationships with Coworkers". Attach your Certificate of Completion.	
10) Click on the "Lifestyle Savings Benefit" and view the many available discounts. What is a discount that surprised you?	

For technical assistance, call 1-800-535-4841 ext. 575.