



# CMS CHEERLEADING TRYOUTS

## 2020-2021



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Thank you for your interest in the CMS Cheerleading Program. CMS cheerleaders cheer for both football and basketball season as well as attend the annual GMC Cheerleading Competition. All the tryout information is listed below.

### 1. DATES TO KNOW

Cheerleading tryouts will consist of three clinic days and one tryout day. The dates are listed below. Material will be taught on the clinic days and cheerleaders will tryout on that Thursday.

**Clinics - May 3<sup>rd</sup>, 4<sup>th</sup>, and 5<sup>th</sup>**

**Tryout Day - May 6<sup>th</sup>**

Dress for clinics is athletic shorts and a shirt. Please, no camis or any midriff tops. Make sure to wear gym shoes. For the actual tryouts on Thursday, each girl should wear a plain white, red, or black shirt and black or red athletic shorts.

### 2. PHYSICALS AND FINAL FORMS PAPERWORK

All parents and cheerleaders **MUST** fill out **final forms** on the district website. Only cheerleaders with final forms completed will be able to participate in clinics and tryouts. The website is below or it can be found on the school website. All girls trying out for cheerleading need have an up to date **physical**. **NO EXCEPTIONS!!**

Final Forms Website: <https://northwestcinci-oh.finalforms.com/>

### 3. HOW WILL CHEERLEADERS BE JUDGED?

Cheerleaders will be required to perform a dance, cheer, chant, jumps, and any tumbling. Tumbling is not required to make the team; however, any cheerleaders with tumbling will be judged on that tumbling. This includes front walkovers, back handsprings, tucks, etc. No individual cartwheels or round-offs will be judged. Any skills performed at tryouts will be expected to be performed on grass for football season, tumbling mats for the GMC competition, and a basketball court. Cheerleaders will then be scored by judges with cheerleading experience on how they execute these skills.

#### 4. TEACHER RECOMMENDATIONS

CMS Cheerleaders are a representation of Colerain Middle School. As student athletes, cheerleaders will have to balance schoolwork and grades as well as cheerleading. Appropriate behavior inside and outside of the classroom is also expected. Therefore, teacher recommendations will be included as part of the tryout and averaged together as a score that will be included in their final score. A link is below that potential cheerleaders need to send to core teachers to fill out prior to April 26<sup>th</sup>.

<https://bit.ly/3tduWzp>

#### 5. HOW DO I KNOW IF I MAKE IT?

Everyone will be sent an email by Friday, May 7<sup>th</sup> to inform them if they made the team or not. With a large number of girls interested, there will be cuts made.

#### 6. WHAT IF I MAKE THE TEAM?

When cheerleaders make the team, parents and cheerleaders will be sent information and expectations for the upcoming season.

There is a pay to participate fee as well as additional costs for uniform necessities. Information of when payment is due will be sent at a later time. Cheerleaders will have summer practices. Cheerleaders will be sent cheers to learn before the first practice. Specifics will be sent if your cheerleader makes the team.

Thank you again for interest in the cheerleading program. I'm looking forward to a great year! Please email me if you have any questions at [abenedict@nwlsd.org](mailto:abenedict@nwlsd.org).

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