

June 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3 Weightlifting: 10-11:00 A.M. Throwing: 11:00-11:50 A.M.	4 OFF	5 Weightlifting: 10-11:00 A.M. Throwing: 11:00-11:50 A.M.	6 Weightlifting: 10-11:00 A.M.	7 OFF	8 OFF
9	10 Weightlifting: 10-11:00 A.M. Throwing: 11:00-11:50 A.M.	11 OFF	12 Weightlifting: 10-11:00 A.M. Throwing: 11:00-11:50 A.M.	13 Weightlifting: 10-11:00 A.M.	14 OFF	15 OFF
16	17 Weightlifting: 10-11:00 A.M. Throwing: 11:00-11:50 A.M.	18 OFF	19 Weightlifting: 10-11:00 A.M. Throwing: 11:00-11:50 A.M.	20 Weightlifting: 10-11:00 A.M.	21 OFF	22 OFF
23	24 Weightlifting: 10-11:00 A.M. Throwing: 11:00-11:50 A.M.	25 OFF	26 Weightlifting: 10-11:00 A.M. Throwing: 11:00-11:50 A.M.	27 Weightlifting: 10-11:00 A.M.	28 OFF	29 OFF
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