


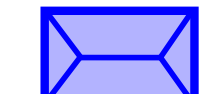




SITE PLAN LEGEND	
①	FITNESS STATION LOCATION 1 - CALF STRETCH
②	FITNESS STATION LOCATION 2 - UPPER HAMSTRING & SIDE STRETCH
③	FITNESS STATION LOCATION 3 - BENT KNEE HANG STRETCH
④	FITNESS STATION LOCATION 4 - LEG RAISE & SIT UP
⑤	FITNESS STATION LOCATION 5 - LEG STRETCH & PUSH UP
⑥	FITNESS STATION LOCATION 6 - BODY RAISE & REVERSE PULL UP
⑦	FITNESS STATION LOCATION 7 - BALANCE WALK
⑧	FITNESS STATION LOCATION 8 - BODY RAISE & REVERSE PULL UP
⑨	FITNESS STATION LOCATION 9 - HAMSTRING PULL & LIFT AND DROP
⑩	FITNESS STATION LOCATION 10 - TENSION RELEASE
	STONE DUST FITNESS TRAIL AND ASPHALT SIDEWALK
	BOULDER RETAINING WALL
	EXISTING SIDEWALK TO REMAIN
	WOOD PAVILION
<b>NOTE:</b> SEE NEXT PAGE FOR REFERENCE IMAGES.	

FITNESS TRAIL SITE PLAN

SCALE: NOT TO SCALE



FITNESS TRAIL SITE PLAN  
WORCESTER CSD

BCA ARCHITECTS & ENGINEERS

