

# OCTOBER | 2021

## FAIRFIELD UNION HIGH SCHOOL



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

27	28	29	30	1 POPCORN CHICKEN BELGIAN WAFFLE MAPLE SYRUP STEAMED CORN BABY CARROTS / HUMMUS FRESH FRUIT / FRUIT CUP MILK
4 CHICKEN FAJITA WRAP PEPPERS & ONIONS CHEESE, LETTUCE, SALSA RICE / REFRIED BEANS BABY CARROTS RED PEPPER STICKS FRESH FRUIT / FRUIT CUP MILK	5 SUB BAR OR CHOICE SANDWICHES / PIZZA STEAMED GREEN BEANS ROMAINE SALAD BLEND OREO COOKIE FRESH FRUIT / FRUIT CUP MILK	6 BREAKFAST BOWL SCRAMBLED EGGS DELI ROASTER POTATOES SAUSAGE SAUSAGE GRAVY/BISCUIT ROMAINE SALAD BLEND FRESH FRUIT / FRUIT CUP MILK	7 SUB BAR OR CHOICE SANDWICHES / PIZZA OVEN FRIES BABY CARROTS / HUMMUS FRESH FRUIT / FRUIT CUP MILK	8 BBQ PULLED PORK SANDWICH AU GRATIN POTATOES CREAMY COLE SLAW ROMAINE SALAD BLEND FRESH FRUIT / FRUIT CUP MILK
11 NO SCHOOL  FAIR WEEK	12 NO SCHOOL  FAIR WEEK	13 NO SCHOOL  FAIR WEEK	14 NO SCHOOL  FAIR WEEK	15 NO SCHOOL  FAIR WEEK
18 ROTINI PASTA MEAT SAUCE OR MARINARA GARLIC TOAST STEAMED GREEN BEANS ROMAINE SALAD BLEND FRESH FRUIT / FRUIT CUP MILK	19 SUB BAR OR CHOICE SANDWICHES / PIZZA OVEN FRIES BABY CARROTS W/DIP FRESH FRUIT / FRUIT CUP MILK	20 MINI CORN DOGS MAC & CHEESE PEAS ROMAINE SALAD MIX W/ CHERRY TOMATOES FRESH FRUIT / FRUIT CUP MILK	21 SUB BAR OR CHOICE SANDWICHES / PIZZA STEAMED CORN BABY CARROTS W/HUMMUS FRESH FRUIT / FRUIT CUP MILK	22 CHEESE BOSCO STICK PEPPERONI BOSCO STICK MARINARA CUP STEAMED BROCCOLI OVEN FRIES FRESH FRUIT / FRUIT CUP MILK
25 POPCORN CHICKEN MASHED POTATOES SHREDDED CHEESE ROLL / GRAVY STEAMED CORN ROMAINE SALAD BLEND FRESH FRUIT / FRUIT CUP MILK	26 SUB BAR OR CHOICE SANDWICHES / PIZZA CALIFORNIA BLEND BABY CARROTS W/HUMMUS FRESH FRUIT / FRUIT CUP MILK	27 GRILLED CHEESE TOMATO SOUP SALTINE CRACKER STEAMED GREEN BEANS FRESH FRUIT / FRUIT CUP MILK	28 SUB BAR OR CHOICE SANDWICHES / PIZZA BABY BAKER POTATOES FRESH BROCCOLI W/DIP FRESH FRUIT / FRUIT CUP MILK	29 BACON CHEESE BURGER DILL PICKLES / LETTUCE SEASONED WAFFLES FRIES BABY CARROTS / HUMMUS ROMAINE SALAD BLEND FRESH FRUIT / FRUIT CUP MILK

LUNCH AND BREAKFAST  
ARE FREE FOR ALL STUDENTS  
UNTIL FURTHER NOTICE  
FROM THE USDA.

SECOND STUDENT LUNCH \$2.60  
ADULT LUNCH W/O MILK \$3.25

MEALS ARE PREPARED TO MEET  
THE LUNCH MEAL PATTERN  
GUIDELINES FOR THE NATIONAL  
SCHOOL LUNCH PROGRAM.  
LUNCH CONSISTS OF A  
MEAT/MEAT ALTERNATE,  
VEGETABLE(S), FRUIT, GRAIN AND  
MILK. THREE OF THE FIVE  
COMPONENTS OFFERED MUST BE  
SELECTED TO MAKE A COMPLETE  
MEAL. EACH STUDENT MUST TAKE  
AT LEAST ½ CUP VEGETABLE OR  
FRUIT AS PART OF THEIR  
COMPLETE MEAL.

BREAKFAST IS SERVED EACH  
MORNING. STUDENT MUST HAVE  
AT LEAST ½ CUP OF FRUIT OR  
FRUIT JUICE AS PART OF THEIR  
COMPLETE BREAKFAST.

\*MENU SUBJECT TO CHANGE\*

"THIS INSTITUTION IS AN EQUAL  
OPPORTUNITY PROVIDER."

\*\* SUB BAR STARTING  
ON TUESDAYS AND  
THURSDAYS