



Bedtime routines.
Managing anger.

Get tips on these
topics and more!

FREE Parenting Workshops

Positive Parenting Program -

“Triple P”

Supportive, small group programs to connect
with other parents raising young children

Dealing with Disobedience

Monday, November 22nd 12:30-2:30pm

Get tips on how to get kids to listen and follow directions—and what to do when they don't!

Developing Good Bedtime Routines

Thursday, December 2nd 12:00-2:00pm

Get advice on getting your kid to go to bed—and staying there!

Managing Fighting and Aggression

Wednesday, December 8th 6:30-8:30pm

Learn strategies for teaching kids to solve problems and get along with others.

Hassle-Free Outings with Children

Thursday, December 16th 6:30-8:30pm

See how to plan for easy, calm trips out in public and how to deal when kids act up.

These classes are being held in-person at

The Agriculture Center 831 College Ave, Lancaster

For more information and to register before the class date:

Contact Fairfield Co. Family, Adult & Children First Council

at 740-652-7287 or brandy.heeter@fairfieldcountyoio.gov