

FEBRUARY 2022

FAIRFIELD UNION HIGH SCHOOL

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
31	1 SUB BAR Or Choice Sandwiches / Pizza Key West Vegetable Blend Romaine Salad Blend Oreo Cookie Fresh Fruit / Fruit Cup Milk	2 Chicken & Noodles Mashed Potatoes Steamed Broccoli W/G Dinner Roll Baby Carrots/Hummus Fresh Fruit/Fruit Cup Milk	3 SUB BAR Or Choice Sandwiches / Pizza Succotash (Corn & Lima Beans) Romaine Salad w/ Tomatoes Fresh Fruit/Fruit Cup Milk	4 Rotini Pasta Meat Balls or Marinara Garlic Toast Steamed Green Beans Romaine Salad Blend Fresh Fruit / Fruit Cup Milk
7 Footlong Hotdog Coney Sauce Shredded Cheese, Diced Onion Oven Fries Baked Beans Fresh Fruit / Fruit Cup Milk	8 SUB BAR Or Choice Sandwiches / Pizza Baked Potato Butter / Sour Cream Baby Carrots W/ Dip Fresh Fruit / Fruit Cup Milk	9 Chicken Alfredo Fettuccine Noodles Garlic Toast California Blend Fresh Fruit / Fruit Cup Milk	10 SUB BAR Or Choice Sandwiches / Pizza Steamed Buttery Carrots Romaine Salad Blend Van/Choco. Pudding Cup Fresh Fruit / Fruit Cup Milk	11 BBQ Pulled Pork Sandwich Au Gratin Potatoes Creamy Coleslaw Romaine Salad Blend Fresh Fruit / Fruit Cup Milk
14 Egg & Cheese Omelet Sausage Mini Donut Holes Tater Tots Baby Carrots w/ Hummus Juice Cup Milk	15 SUB BAR Or Choice Sandwiches / Pizza Baby Carrots W / Hummus Romaine Salad Blend Cinnamon Goldfish Grahams Fresh Fruit / Fruit Cup Milk	16 General TSO Chicken White Rice Normandy Blend Vegetables Mandarin Oranges Fortune Cookie Fresh Fruit/Fruit Cup Milk	17 Sub Bar OR Choice Sandwiches / Pizza California Blend Baby Carrots / Hummus Fresh Fruit / Fruit Cup Milk	Chicken Tenders W/BBQ Sauce Deli Roaster Potatoes Romaine Salad w/ Cherry Tomatoes Fresh Fruit / Fruit Cup Milk
NO SCHOOL PRESIDENTS DAY	22 SUB BAR OR Choice Sandwiches / Pizza Steamed Broccoli Baby Carrots W/ Dip Fresh Fruit / Fruit Cup Milk	23 MAC & CHEESE BAR Choice of: BBQ Pork, Buffalo Chicken Sliced Hotdogs Diced Green Onion / Jalapeno Oven Fries Baby Carrots w/ Hummus Fresh Fruit / Fruit Cup Milk	24 Sub Bar OR Choice Sandwiches / Pizza Green Beans Green & Red Pepper Sticks w/ Dip Fresh Fruit / Fruit Cup Milk	25 Cheese Sticks Pepperoni Cheese Sticks Marinara Cup Onion Rings Fresh Fruit / Fruit Cup Milk
28 CHICKEN FAJITA WRAP Queso Cheese Sauce Peppers & Onions Lettuce, Salsa Rice / Refried Beans Fresh Broccoli / Cauliflower Fresh Fruit / Fruit Cup Milk	1	2	3	4

News

LUNCH AND BREAKFAST
ARE FREE FOR ALL STUDENTS
UNTIL FURTHER NOTICE
FROM THE USDA.

SECOND STUDENT LUNCH \$3.00 ADULT LUNCH W/O MILK \$3.25

MEALS ARE PREPARED TO MEET THE LUNCH MEAL PATTERN GUIDELINES FOR THE NATIONAL SCHOOL LUNCH PROGRAM. LUNCH CONSISTS OF A MEAT/MEAT ALTERNATE, VEGETABLE(S), FRUIT, GRAIN AND MILK. THREE OF THE FIVE COMPONENTS OFFERED MUST BE SELECTED TO MAKE A COMPLETE MEAL. EACH STUDENT MUST TAKE AT LEAST ½ CUP VEGETABLE OR FRUIT AS PART OF THEIR COMPLETE MEAL.

BREAKFAST IS SERVED EACH MORNING. STUDENT MUST HAVE AT LEAST ½ CUP OF FRUIT OR FRUIT JUICE AS PART OF THEIR COMPLETE BREAKFAST.

*MENU SUBJECT TO CHANGE"

"THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER."

** SUB BAR ON TUESDAYS & THURSDAYS **