



# JANUARY | 2021

## DAILY PICK UP LUNCH MENU

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p><b>28</b> LUNCH AND BREAKFAST ARE FREE FOR ALL STUDENTS UNTIL FURTHER NOTICE FROM THE USDA.</p>	<p><b>29</b></p>	<p><b>30</b> LUNCH &amp; BREAKFAST PICK-UP IS LOCATED AT THE SOUTHEAST CORNER OF THE HIGH SCHOOL.</p>	<p><b>31</b></p>	<p><b>1</b> HAPPY NEW YEAR'S DAY  NO SCHOOL</p>
<p><b>4</b> FRENCH TOAST STICKS MAPLE SYRUP SAUSAGE LINKS HASHBROWN ROUNDS BABY CARROTS &amp; CELERY STICKS FRUIT (2) MILK</p>	<p><b>5</b> PIZZA CRUNCHERS PIZZA SAUCE CUP GREEN BEANS BABY CARROTS &amp; BROCCOLI FLORETS FRUIT (2) MILK</p>	<p><b>6</b> BREADED CHICKEN DRUMSTICK MASHED POTATOES/GRAVY CHILLED TOMATO JUICE DINNER ROLL/MARGARINE FRUIT (2) MILK</p>	<p><b>7</b> ITALIAN SUB SANDWICH LETTUCE &amp; TOMATO ITALIAN DRESSING MACARONI &amp; CHEESE GREEN PEAS FRUIT (2) MILK</p>	<p><b>8</b> "REMOTE LEARNING DAY" PICK-UP MEALS AVAILABLE AT HIGH SCHOOL, SIGN-UP ON OUR SCHOOL WEBSITE.</p>
<p><b>11</b> PEPPERONI PIZZA TOSSED MIXED SALAD W/DRESSING STEAMED BROCCOLI FRUIT (2) MILK</p>	<p><b>12</b> CHICKEN &amp; NOODLES MASHED POTATOES GRAVY BABY CARROTS &amp; CUCUMBER SLICES DINNER ROLL/MARGARINE FRUIT (2) MILK</p>	<p><b>13</b> TOTALLY TACO QUESADILLAS W/SOUR CREAM &amp; SALSA RICE PILAF PINTO BEANS TOSSED MIXED SALAD FRUIT (2) COOKIE MILK</p>	<p><b>14</b> HOT SHREDDED CHICKEN SANDWICH SEASONED TWISTER FRIES BABY CARROTS &amp; CELERY STICKS FRUIT (2) MILK</p>	<p><b>15</b> "REMOTE LEARNING DAY" PICK-UP MEALS AVAILABLE AT HIGH SCHOOL, SIGN-UP ON OUR SCHOOL WEBSITE.</p>
<p><b>18</b> MARTIN LUTHER KING DAY  NO SCHOOL</p>	<p><b>19</b> HOMESTYLE BREADED CHICKEN TENDERS BBQ SAUCE MASHED POTATOES GRAVY CHILLED TOMATO JUICE W/G BREADSTICK FRUIT (2) MILK</p>	<p><b>20</b> SAUSAGE GRAVY AND BISCUIT EGG &amp; CHEESE OMELET POTATO TRIANGLES BABY CARROTS &amp; BROCCOLI FLORETS FRUIT (2) MILK</p>	<p><b>21</b> GENERAL TSO POPCORN CHICKEN RICE CALIFORNIA BLEND VEGETABLE EGG ROLL FRUIT (2) FORTUNE COOKIE MILK</p>	<p><b>22</b> "REMOTE LEARNING DAY" PICK-UP MEALS AVAILABLE AT HIGH SCHOOL, SIGN-UP ON OUR SCHOOL WEBSITE.</p>
<p><b>25</b> HOT DOG SANDWICH SEASONED WAFFLE FRIES GREEN BEANS CINNAMON GOLDFISH GRAHAMS FRUIT (2) MILK</p>	<p><b>26</b> POPCORN CHICKEN BELGIAN WAFFLE MAPLE SYRUP STEAMED CORN BABY CARROTS FRUIT (2) MILK</p>	<p><b>27</b> BACON CHEESEBURGER SANDWICH DILL PICKLE SLICES OVEN FRENCH FRIES BABY CARROTS &amp; BROCCOLI FLORETS SIDEKICK SMOOTH FRUIT CUP/FRUIT MILK</p>	<p><b>28</b> BEEF TACO IN A BAG W/CHEESE &amp; SALSA RICE PILAF TOSSED MIXED SALAD W/TOMATOES &amp; DRESSING REFRIED BEANS BAKED APPLES/FRUIT MILK</p>	<p><b>29</b> "REMOTE LEARNING DAY" PICK-UP MEALS AVAILABLE AT HIGH SCHOOL, SIGN-UP ON OUR SCHOOL WEBSITE.</p>

STUDENT LUNCH \$2.60  
REDUCED PRICE \$ .40  
ADULT LUNCH W/O MILK \$3.00

MEALS ARE PREPARED TO MEET THE LUNCH MEAL PATTERN GUIDELINES FOR THE NATIONAL SCHOOL LUNCH PROGRAM. LUNCH CONSISTS OF A MEAT/MEAT ALTERNATE, VEGETABLE(S), FRUIT, GRAIN AND MILK. THREE OF THE FIVE COMPONENTS OFFERED MUST BE SELECTED TO MAKE A COMPLETE MEAL. EACH STUDENT MUST TAKE AT LEAST ½ CUP VEGETABLE OR FRUIT AS PART OF THEIR COMPLETE MEAL.

BREAKFAST IS SERVED EACH MORNING WITH A VARIETY OF ITEMS TO CHOOSE FROM. EACH STUDENT MUST TAKE AT LEAST ½ CUP OF FRUIT OR FRUIT JUICE AS PART OF THEIR COMPLETE BREAKFAST. THOSE STUDENTS WHO ARE APPROVED UNDER THE NATIONAL SCHOOL LUNCH PROGRAM FOR FREE OR REDUCED MEALS, RECEIVE BREAKFAST AT NO CHARGE.

"MENU SUBJECT TO CHANGE"

"THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER."