



**Parenting is hard!  
Let us help!**

# Parents Need Support!

## FREE, Five-Week Course

For parents and caregivers (grandparents, other relatives, guardians, etc.) of children from birth through age 12.  
Learn how to get more of the behavior you like from your children and less of what you don't.

**Live on Zoom | Thursdays | 10:30 a.m. to 12:30 p.m.**

**May 9th, May 16th, May 23rd, May 30th, and June 6th**

### Discussion will include:

- A comfortable, non-judgmental atmosphere
- Tips on how to get more of the behavior you want – and less of what you don't
- Giving directions kids are likely to follow
- Discovering you are not alone in the parenting struggle

This 5-week program includes 3 one-on-one phone/in-person sessions with the group leader to make the information *really* work for their families.

**To sign up, call (740) 652-7287 or  
email [brandy.heeter@fairfieldcountyohio.gov](mailto:brandy.heeter@fairfieldcountyohio.gov)**



**NATIONWIDE CHILDREN'S**  
*When your child needs a hospital, everything matters.™*



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Ohio Children's Trust Fund