# Fairfield Union Local Schools Athletics Safety Procedures For Participants

We will follow the OHSAA Guidelines for return to athletics and any state or local department of health orders for return to athletics. In addition, the following specific social distancing and safety procedures for athletics will be in place at our facilities and, as applicable, during any athletics activities that may take place at other locations. These procedures are intended to adhere to and supplement ODH and OHSAA requirements, and may be updated as necessary.

Failure to follow any requirement below may result in loss of facility use and activity participation. Concerns that others are not following these safety procedures should be brought to the attention of the coaching staff or athletic director immediately.

## What to bring to practices and contests:

- Before you attend the first practice you must be registered in OneView, have a signed waiver and a valid physical on file. No exceptions.
- Your own water bottle (a gallon jug with your name is highly recommended). You will **not be** able to fill up at school, water fountain use will not be permitted, and you may not share water bottles with others.
- Your own personal equipment, such as a hat, towel, and helmets. You may not share with others.
- Mask to be worn indoors and outdoors when not physically participating in activity (running, playing in open gym, etc.). This includes when waiting on the sideline, waiting for the next game, and arriving to and leaving practices. A variety of facial coverings covering the nose, mouth, and chin are acceptable. Coverings may be cloth and/or homemade.
- Wear the clothes you will be practicing in. Shirts and shoes will be required at all times. Workout clothing/uniforms should be laundered at home immediately upon returning from practice/workout.

## **Social Distancing:**

Keep at least six (6) feet in all directions between all individuals at all times, with limited exception as necessary when being transported by bus to an event or when impossible to maintain while engaged in the athletic activity (this includes coaches/staff as well as other students). During bus transportation, maximum possible social distancing must be maintained and siblings should sit together.

Practices will occur outdoors whenever possible. Group workout sizes will be limited.

#### **Pre-Practice Screening:**

Participants must perform a symptom check that includes taking their temperature (if they have a thermometer at home) before arriving at the activity. If any of the following apply, Participants must stay home and must notify the coach:

- a. has a temperature above 100 degrees Fahrenheit,
- b. is exhibiting any other symptom of illness or COVID-19 (https://coronavirus.ohio.gov/wps/portal/gov/covid-19/families-and-individuals/how-you-can-prevent-and-prepare/COVID-19-Symptoms-Infographic), or
- c. has been exposed to any person who has tested positive or is presumed positive for COVID-19 in the past fourteen (14) days.

Participants must wash their hands or use hand sanitizer upon first entering school facilities or at the end of the school day before coming to practice, as applicable. Hand sanitizer and cleaning supplies will be provided.

Sign-in and Monitoring Questions will take place in the check-in location. While waiting to be checked in, keep at least 6 feet between all individuals at all times. \*Note - if participants have symptoms consistent with COVID-19 or other illness, and/or refuse to answer monitoring questions, they will be sent home. In addition, if symptoms develop during practice, the participant will be immediately isolated and sent home.

### **Facilities and Equipment Cleaning:**

The check-in location and athletic complex will be sanitized daily.

Any equipment used must be wiped down before and after each use. For example, this means that each participant must wipe down a weight machine or other piece of equipment before the next person uses it. Game balls shall remain with single groups and be sanitized between use. Participants must clean shared equipment, including balls, intermittently during the activity.

#### **Miscellaneous:**

The no-touch rule is in effect. This means no high fives, handshakes, group huddles, or other similar contact. No spitting or chewing gum or other similar products is permitted.

Participants need to arrive at the scheduled time for their activity and they must remain in their car until any previous groups have cleaned up and left the area. Similarly, Participants must leave school grounds as soon as their activity is over. Participants are strongly recommended to travel to the venue alone or with a member of their immediate household. Face coverings are strongly recommended for individuals traveling to and from the venue.

#### **Restrictions On Parents**

Those who are not directly participating or instructing will not be permitted to attend practices or enter our facilities.