



# FEBRUARY | 2022

## RUSHVILLE MIDDLE SCHOOL

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

31	1 Lasagna Roll Ups W/Marinara Sauce Twisted Garlic Bread Stick Green Beans Romaine Salad Blend Fresh Fruit/Fruit Cup Milk	2 Cheese or Pepperoni Pizza Oven Fries Baby Carrots & Celery Fresh Fruit/Fruit Cup Milk	3 General TSO Chicken White Rice Normandy Blend Vegetables Mandarin Oranges Fortune Cookie Milk	4 Italian Sub Baked Beans Bag of Baked Chips Romaine Salad Blend Cucumber Slices Fresh Fruit / Fruit Cup Milk
7 Cheese or Pepperoni Pizza Oven Fries Baby Carrots & Hummus Fresh Fruit/Fruit Cup Milk	8 Chicken Bowl Popcorn Chicken Mashed Potatoes / Gravy Steamed Corn / Roll Shredded Cheese Fresh Fruit / Fruit Cup Milk	9 Breakfast Bowl Scrambled Eggs Deli Roaster Potatoes Sausage Gravy / Biscuit Romaine Salad Blend Juice Cup Milk	10 Cheese Quesadilla Pizza Or Beef Fiestada Pizza Sour cream / Salsa Steamed Corn/Black Beans Fresh Fruit/Fruit Cup Milk	11 Homestyle Chicken Patty Or Spicy Chicken Patty Sweet Potato Fries Pepper Strips W/ Dip Romaine Salad Blend Fresh Fruit / Fruit Cup Milk
14 Chicken Drumstick Baby Baker Potatoes Steamed Cauliflower Valentine Cookie Fresh Fruit / Fruit Cup Milk	15 Pizza Roll Ups Cheese or Pepperoni Cup of Pizza Sauce Steamed Corn Baby Carrots w / Dip Fresh Fruit / Fruit Cup Milk	16 Chicken Alfredo Fettucine Noodles Garlic Bread California Blend Fresh Fruit / Fruit Cup Milk	17 Hamburger or Cheeseburger Shredded Lettuce / Pickles Oven Fries Baby Carrots / Celery Sticks Hummus Fresh Fruit / Fruit Cup Milk	18 TACO IN A BAG TACO MEAT CHEESE, LETTUCE, SALSA RICE PILAF SEASONED REFRIED BEANS FRESH FRUIT / FRUIT CUP MILK
21 <b>NO SCHOOL PRESIDENTS DAY</b>	22 Regular or Spicy Chicken Tenders W/ BBQ Sauce Smile Fries California Blend Fresh Fruit/Fruit Cup Milk	23 Mini Corndogs Mac & Cheese Peas Romaine Salad Blend With Cherry Tomatoes Fresh Fruit/Fruit Cup Milk	24 Cheesy Pizza Crunchers W/ Pizza Sauce Green Beans Baby Carrots W/Dip Cheddar Goldfish Crackers Fresh Fruit/ Fruit Cup Milk	25 Hot Ham and Cheese On A Pretzel Bun Oven Fries Baby Carrots W / Hummus Fresh Fruit / Fruit Cup Milk
28 Meatball Sub On a Hotdog Bun With Mozzarella Cheese Oven Fries Romaine Salad Blend Fresh Fruit/Fruit Cup Milk	1	2	3	4

### News

**LUNCH AND BREAKFAST  
ARE FREE FOR ALL STUDENTS  
UNTIL FURTHER NOTICE  
FROM THE USDA.**

SECOND STUDENT LUNCH \$2.60  
ADULT LUNCH W/O MILK \$3.25

MEALS ARE PREPARED TO MEET THE LUNCH MEAL PATTERN GUIDELINES FOR THE NATIONAL SCHOOL LUNCH PROGRAM. LUNCH CONSISTS OF A MEAT/MEAT ALTERNATE, VEGETABLE(S), FRUIT, GRAIN AND MILK. THREE OF THE FIVE COMPONENTS OFFERED MUST BE SELECTED TO MAKE A COMPLETE MEAL. EACH STUDENT MUST TAKE AT LEAST ½ CUP VEGETABLE OR FRUIT AS PART OF THEIR COMPLETE MEAL.

BREAKFAST IS SERVED EACH MORNING. STUDENT MUST HAVE AT LEAST ½ CUP OF FRUIT OR FRUIT JUICE AS PART OF THEIR COMPLETE BREAKFAST.

\*MENU SUBJECT TO CHANGE\*

"THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER."