

SEPTEMBER | 2021



Rushville Middle School

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>30</p>	<p>31</p>	<p>1 Hamburger or Cheeseburger Shredded Lettuce / Pickles Onion Rings Baby Carrots/Celery Hummus Fresh Fruit/Fruit Cup Milk</p>	<p>2 Rotini Pasta Meat Sauce or Marinara Garlic Toast Green Beans Romaine Salad Blend Fresh Fruit/Fruit Cup Milk</p>	<p>3 Home Style Chicken Patty Spicy Chicken Patty Sandwich Sweet Potato Fries Broccoli W/Dip Fresh Fruit/Fruit Cup Milk</p>
<p>6 No School Labor Day</p>	<p>7 General TSO Chicken White Rice Normandy Blend Vegetables Mandarin Oranges Fortune Cookie Milk</p>	<p>8 Mini Corndogs Mac & Cheese Peas Romaine Salad Blend With Cherry Tomatoes Fresh Fruit/Fruit Cup Milk</p>	<p>9 Cheesy Pizza Crunchers W/ Pizza Sauce Green Beans Baby Carrots W/Dip Cheddar Goldfish Crackers Fresh Fruit/ Fruit Cup Milk</p>	<p>10 Regular or Spicy Chicken Tenders W/ BBQ Sauce Deli Roaster Potatoes California Blend Fresh Fruit/Fruit Cup Milk</p>
<p>13 Meatball Sub On a Hotdog Bun With Mozzarella Cheese Oven Fries Romaine Salad Blend Fresh Fruit/Fruit Cup Milk</p>	<p>14 Chicken and Noodles Mashed Potatoes Steamed Broccoli W/G Dinner Roll Margarine Cup Fresh Fruit/Fruit Cup Milk</p>	<p>15 Soft Tortilla Shell Taco Meat or Fajita Chicken Steamed Corn Cheese, Lettuce, Salsa Refried Beans Fruit Filled Churro Fruit Cup Milk</p>	<p>16 Mini Cheesy Bread Mini Pepperoni Bread Sticks Marinara Cup Tater Tots Cucumber Slices Fresh Fruit/Fruit Cup Milk</p>	<p>17 Turkey & Cheese Sub Bag of Chips Romaine Salad Blend Baby Carrots Hummus Frozen Fruit Cup Milk</p>
<p>20 Big Daddy Pizza Cheese or Pepperoni Oven Fries Romaine Salad Blend Fresh Fruit/Fruit Cup Milk</p>	<p>21 Tangerine Chicken Rice Blend Oriental Blend Vegetables Veggie Egg Roll Pineapple Tidbits Romaine Salad Mix Milk</p>	<p>22 Cheese or Chicken Quesadilla Pizza Sour cream / Salsa Steamed Corn/Black Beans Pudding cup Fresh Fruit/Fruit Cup Milk</p>	<p>23 BBQ Pulled Pork Sandwich Au gratin Potatoes Creamy Coleslaw Romaine Salad w/ Tomatoes Fresh Fruit/Fruit Cup Milk</p>	<p>24 Popcorn Chicken Belgian Waffle/Syrup Steamed Broccoli Baby Carrots W/Dip Fresh Fruit/Fruit Cup Milk</p>
<p>27 No School</p>	<p>28 Lasagna Roll Ups W/Marinara Sauce Twisted Garlic Bread Stick Green Beans Romaine Salad Blend Fresh Fruit/Fruit Cup Milk</p>	<p>29 Grilled Beef Teriyaki Bites Rice Pilaf Far East Vegetable Blend Edamame Cup Cake Romaine Salad Blend Fresh Fruit/Fruit Cup Milk</p>	<p>30 Deep Dish Pizza Cheese or Pepperoni Oven Fries Baby Carrots & Celery Fresh Fruit/Fruit Cup Milk</p>	<p>1</p>

LUNCH AND BREAKFAST
ARE FREE FOR ALL STUDENTS
UNTIL FURTHER NOTICE
FROM THE USDA.

SECOND STUDENT LUNCH \$2.60
ADULT LUNCH W/O MILK \$3.25

MEALS ARE PREPARED TO MEET THE LUNCH MEAL PATTERN GUIDELINES FOR THE NATIONAL SCHOOL LUNCH PROGRAM. LUNCH CONSISTS OF A MEAT/MEAT ALTERNATE, VEGETABLE(S), FRUIT, GRAIN AND MILK. THREE OF THE FIVE COMPONENTS OFFERED MUST BE SELECTED TO MAKE A COMPLETE MEAL. EACH STUDENT MUST TAKE AT LEAST ½ CUP VEGETABLE OR FRUIT AS PART OF THEIR COMPLETE MEAL.

BREAKFAST IS SERVED EACH MORNING. STUDENT MUST HAVE AT LEAST ½ CUP OF FRUIT OR FRUIT JUICE AS PART OF THEIR COMPLETE BREAKFAST.

MENU SUBJECT TO CHANGE

"THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER."