

SEPTEMBER | 2021



Fairfield Union High School

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>30</p>	<p>31</p>	<p>1 General TSO Chicken White Rice Normandy Blend Vegetables Mandarin Oranges Fortune Cookie Fresh Fruit/Fruit Cup Milk</p>	<p>2 Cheese or Pepperoni Calzones Romaine Salad Mix W/ Garbanzo Beans Chocolate Teddy Grahams Fresh Fruit/Fruit Cup Milk</p>	<p>3 Regular or Spicy Chicken Tenders Deli Roaster Potatoes California Blend Fresh Fruit/Fruit Cup Milk</p>
<p>6 No School Labor Day</p>	<p>7 Rotini Pasta W/ Meat Sauce or Marinara Garlic Toast Green Beans Romaine Salad Mix Fresh Fruit/Fruit Cup Milk</p>	<p>8 Mini Corndogs Mac & Cheese Peas Romaine Salad Mix With Cherry Tomatoes Fresh Fruit/Fruit Cup Milk</p>	<p>9 Sub Bar or Quesadilla Pizza Cheese or Chicken Sour cream/Salsa Steamed Corn Black Beans Fresh Fruit/ Fruit Cup Milk</p>	<p>10 Cheese Bosco Stick Pepperoni Bosco Stick Marinara Cup Oven Fries Steamed Broccoli Fresh Fruit/Fruit Cup Milk</p>
<p>13 Popcorn Chicken Mashed Potatoes Shredded Cheese Roll / Gravy Steamed Corn Romaine Salad Mix Fresh Fruit/Fruit Cup Milk</p>	<p>14 Sub Bar or Philly Beef Steak On Loco Bread W/Queso Cheese Sauce Roasted Peppers & Onions Green Bean Baby Carrots/Hummus Fresh Fruit/Fruit Cup Milk</p>	<p>15 Tangerine Chicken Rice Oriental Blend Vegetables Egg Roll Pineapple Tidbits Romaine Salad Mix Milk</p>	<p>16 Sub Bar or Chicken Drumstick Warm Biscuit W/Jelly Baby Baker Potatoes Cauliflower/Broccoli/Dip Fresh Fruit/Fruit Cup Milk</p>	<p>17 Bacon Cheese Burger Dill Pickles/Lettuce Seasoned Waffle Fries Baby Carrots/Hummus Romaine Salad W/ Cherry Tomatoes Frozen Fruit Cup Milk</p>
<p>20 Chicken Tender Wrap Soft Tortilla Shell Shredded Cheddar Cheese Oven Fries Cucumber Slices Fresh Fruit/Fruit Cup Milk</p>	<p>21 Sub Bar or Walking Taco Beef Taco Meat Top-N-Go Doritos Cheese, Lettuce, Salsa Corn/Refried Bean Romaine Salad Blend Fresh Fruit/Fruit Cup Milk</p>	<p>22 Chicken & Noodles Mashed Potatoes Steamed Broccoli W/G Dinner Roll Baby Carrots/Hummus Fresh Fruit/Fruit Cup Milk</p>	<p>23 Sub Bar or BBQ Rib Sandwich Green Beans Van/Choc Pudding Cup Romaine Salad w/ Tomatoes Fresh Fruit/Fruit Cup Milk</p>	<p>24 Big Daddy Pizza Cheese or Pepperoni Oven Fries Red Pepper Sticks/Celery Fresh Fruit/Fruit Cup Milk</p>
<p>27</p>	<p>28 Sub Bar or Lasagna Roll Ups W/Marinara Sauce Twisted Bread Stick Green Beans Romaine Salad Mix Fresh Fruit/Fruit Cup Milk</p>	<p>29 Grilled Beef Teriyaki Bites Rice Pilaf Far East Vegetable Blend Edamame Van/Choco Cup Cake Romaine Salad Mix Fresh Fruit/Fruit Cup Milk</p>	<p>30 Sub Bar or Hot Ham & Cheese Sandwich On a Pretzel Bun Onion Rings Baby Carrots/Celery/Hummus Fresh Fruit/Fruit Cup Milk</p>	<p>1</p>

LUNCH AND BREAKFAST
ARE FREE FOR ALL STUDENTS
UNTIL FURTHER NOTICE
FROM THE USDA.

SECOND STUDENT LUNCH \$2.60
ADULT LUNCH W/O MILK \$3.25

MEALS ARE PREPARED TO MEET
THE LUNCH MEAL PATTERN
GUIDELINES FOR THE NATIONAL
SCHOOL LUNCH PROGRAM.
LUNCH CONSISTS OF A
MEAT/MEAT ALTERNATE,
VEGETABLE(S), FRUIT, GRAIN AND
MILK. THREE OF THE FIVE
COMPONENTS OFFERED MUST BE
SELECTED TO MAKE A COMPLETE
MEAL. EACH STUDENT MUST
TAKE AT LEAST ½ CUP
VEGETABLE OR FRUIT AS PART
OF THEIR COMPLETE MEAL.

BREAKFAST IS SERVED EACH
MORNING. STUDENT MUST HAVE
AT LEAST ½ CUP OF FRUIT OR
FRUIT JUICE AS PART OF THEIR
COMPLETE BREAKFAST.

MENU SUBJECT TO CHANGE

"THIS INSTITUTION IS AN EQUAL
OPPORTUNITY PROVIDER."

** SUB BAR STARTING
ON TUESDAYS AND
THURSDAYS **