

Fairfield Union Schools December Nutrition Newsletter



Global Eats

High School Visits Italy

In October the High Schools students were treated to a taste of Italy! They experienced chicken in a creamy mushroom sauce, penne pasta, Italian seasoned red potatoes, and roasted brussels sprouts. Big surprise of the day was how many of the students actually “Liked” the brussels sprouts! The kitchen staff enjoyed hearing all the positive feedback from everyone who took part in our trip to Italy. Make sure to join us on our next Global Eats stop to China in January.



DIANA BROWNING
DIRECTOR OF DINING SERVICES
740-536-7384
dianabrowning@gafe.fairfieldunion.org

Better Together:

Our Food Service Department received a GOLD Star from the Fairfield County Department of Health for consistently receiving no violations.



TID BITS

Shout out – Rushville Middle School dining staff are doing a wonderful job with many new faces who have joined our team.

Pleasantville Elementary dining staff have increased their breakfast counts, setting students up for a great day of learning.

Events to Look Forward to this Month – December 7 will be Spice it Up Discovery Kitchen Grades K-4

In the new year we are looking forward to more special dining events for our students!

chartwells Discovery KITCHEN

Bremen and Pleasantville will be Spicing it up

December is Spice It Up! month in grades K-4 where we will be engaging students with fresh recipes, delicious demos, and fun and informative nutrition education. Spice It Up! Is a celebration of international recipes that are proven to raise the bar of the spice rack empowering students to join in cooking with various spices that are sure to spice up any meal with their family and friends.

Corn & Pineapple Salsa



Students in grades K-4 will be able to sample the Corn & Pineapple Salsa on December 7

when we offer it on the regular lunch line.

Spice It Up With Chef Guy!

We hope you enjoy this special video presentation about spices from Chartwells' very own Chef Guy!

[Spice it Up Video with Chef Guy](#)

