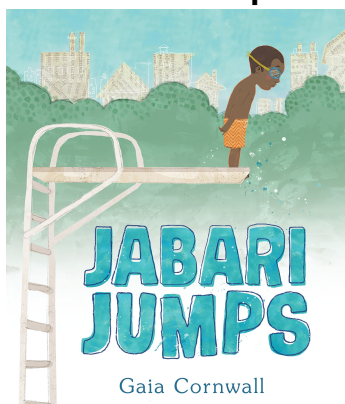


September 2022

Jabari Jumps



Vocabulary Possibilities: diving board, scary, ladder, sprang, stretches, surprise, dove, special, edge, breath, test

Page	Question
Pg. 1-2	<ul style="list-style-type: none"> • How do you think Jabari is feeling? • Have you ever been to a swimming pool? What was it like? • What is a diving board? Have you ever seen one before? Tell me about it.
Pg. 3-4	<ul style="list-style-type: none"> • Have you ever been scared before? What was it that scared you? • What do you think a swim test might be? What does it mean that Jabari passed his swim test?
Pg. 5-6	<ul style="list-style-type: none"> • Why do you think Jabari's dad squeezed his hand? • What do your family do to help you feel better when you are scared? In a new situation? • How does the diving board sound to you? How would you feel about jumping from that high up?
Pg. 7-8	<ul style="list-style-type: none"> • What do you think Jabari sees when he looks up the ladder from the ground? • For what reason did Jabari let the other kids go ahead of him? • What do you think Jabari is thinking about?
Pg. 9-10	<ul style="list-style-type: none"> • Why did Jabari's dad ask if he was okay? For what reason did he say Jabari should take a rest? • Have you ever climbed to a really tall tower or ledge? How did you feel? What did you see?
Pg. 11-12	<ul style="list-style-type: none"> • Have you ever played a sport? Did you stretch? Why? • What is a stretch? Can you show me? Let's stretch together.
Pg. 13-14	<ul style="list-style-type: none"> • What do you do when you feel scared? When you have other big

	<p>feelings?</p> <ul style="list-style-type: none"> • Have you ever taken a deep breath? Put your hands on your belly and breathe deeply. What do you notice happens to your hands? Try taking three deep breaths to see how it feels.
Pg. 15-16	<ul style="list-style-type: none"> • How does it feel in your body to take that deep breath? Describe it. • How do you think Jabari feels now? Scared? Determined? Calm?
Pg. 17-18	<ul style="list-style-type: none"> • What does Jabari (or you) see in this picture? • How will it feel to jump from that high up?
Pg. 19-20	<ul style="list-style-type: none"> • How does your body feel when you are ready? Do you feel stiff and stressed? Or calm and relaxed? • Jabari says he loves surprises. Have you ever been surprised? Tell us about it.
Pg. 21-22	<ul style="list-style-type: none"> • Look at Jabari's face as he jumps. How is he feeling? • Take a look at Jabari's dad. Where is he? How do you think Jabari's dad is feeling?
Pg. 23-24	<ul style="list-style-type: none"> • none
Pg. 25-26	<ul style="list-style-type: none"> • Jabari did it! He jumped! Describe how he's feeling. How do you know? • Have you ever been swimming? Was the water deep like this pool? Could you touch the bottom?
Pg. 27-28	<ul style="list-style-type: none"> • Describe what you see. • You could say Jabari is proud of himself. He feels happy because he did it—he jumped off the diving board after being scared. Have you ever felt proud? Tell us about it.