

McDowell CHEER TRYOUTS

Football Cheerleading

When: May 18th & 19th- **Must participate in both days!**

Where: Pickaway Elementary 28158 Kingston Pike

Time: 5:30-7:30 pm

What am I doing to keep your student athlete safe?

- Wearing a mask!
- Providing hand sanitizer.
- Helping to monitor athletes and insure that there is no sharing of personal belongings.
- Maintaining social distancing, when possible.
- Coaching certificate for "Covid 19 For Coaches and Administrators"
- Doing my best to help answer any questions I can or direct you to an individual who can.
- Keeping a log of who participates for any contact tracing, if necessary.
- Following the recommendations of the Local and State Health Departments as well as the Governor's Office

CONTACT INFO

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3rd Grade Teacher
Pickaway Elementary
McDowell Cheer Coach
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What can YOU do to keep your student athlete safe?

- Encourage your student athlete to wear a mask before and after tryouts/practice while on the premises.
- Provide a water bottle with a lid.
- If your student athlete isn't feeling well and displays any COVID symptoms, please stay home and follow the State's guidelines.
- Tryouts are closed, only students trying out may attend.



What do you need to do before tryouts?

- Make sure your student has a CURRENT physical on file with McDowell or bring a copy to tryouts. If there is not a current physical, then a tryout is not permitted.

What will the season look like once we begin? (If your student makes the squad.)

- Practices will be 2-3 days a week in August until.
- When games begin we will practice 1 day a week.
- Games are Mondays and Tuesdays

Below are items we will order as a squad. You will need to pay for these items once they arrive, again if your student makes the squad!

- Shoes \$60
- Bows \$10
- Sports Fees \$60 (pay to the McDowell office before the first game)
- Cheer T-shirts \$20
- Spankies/Undershirt \$30 (purchase these on your own, usually Red Barn carries these items or Amazon)