Dear McDowell Families,

I hope everyone is settling in for this unique time period in all of our lives. Please do not hesitate to reach out to the school or your student's teacher if there is anything that you need help with. To reiterate what I said in the one call, please do not stress yourselves and your family out over school work. These are different times and everyone has different struggles. Please do not feel like you have to make your child spend hours doing school work. Find and do what works for you and your family. 2-3 hours a day is more than enough. The activities for next week (3/30-4/3) are suggestions from each content area to pick from. They do not have to do them all. It will not look the same for every family. People have a lot going on right now. Find a balance. We will all be ok and we will all work through this together.

As we go forward, it will be important for students to regularly check their school email and their Google Classrooms if they have internet access. New content is not being introduced at this time. Online activities are very similar to what you see listed in this mailing for offline activities. Being able to get online allows for interaction with teachers and other students.

If your child does not have access to the internet or a phone with data, please reach out to Mr. King at 740-474-7501 ext. 1402. It is important for you to reach out and share this information. If the closure goes longer, we may need to be able to get printed material to those students without internet.

Meal Distribution Reminder:

Each **Monday** Logan Elm will be distributing breakfast and lunch meals for students in need. All meals are "grab and go" with no on-site dining option. We will distribute 5 breakfasts and 5 lunches for the week. Families who are unable to pick up meals at either location may contact their school's principal to make other arrangements. There are two locations for pick up. Meals will be given to students present at the time of pickup.

Laurelville Elementary: 9:30am to noon, walk up – cafeteria entrance **Logan Elm High School**: 8:30am to noon, drive thru – main entrance/front sidewalk of high school.

Week 3 (3/30-4/3) The following are suggested activities to stay engaged with education that can be done without the use of a computer or the internet. There are also suggestions listed on the McDowell website that utilize the internet. Students may select either option.

Social Studies - Offline Activity Suggestions

Option #1: Create a "Today in History" calendar. If you started this activity in Week 2, you may continue it. The calendar needs: #1 the date, #2 a few sentences on Covid-19 news of the day, #3 a few sentences of reflection on the day, #4 an image from the day related to the Covid-19 situation, & #5 a personal reflection image from the day. Be creative, use your resources (internet, magazine, crayons, etc), & do just a few minutes each day.

Today in History: A Prin	Date:	
Covid-19 Update:	Covid-19 Image/Video:	
Personal Reflection:	Reflection Image/Video:	

Option #2: Think back to your studies thus far this year. Can you name another time in history when a population had to deal with such a massive case of illness? Write a paragraph explaining your answer.

Option #3: Do you agree or disagree with how the government has handled the Covid-19 virus? How should a government respond to something like this? Explain your answer in a paragraph.

Science – Offline Activity Suggestions

- 1. Collect 10 different types of rocks. Do your best to identify the rocks (igneous, sedimentary, metamorphic). Perform a rock scratch test with each rock you found using a piece of paper, a penny and a nail. Make a chart to record your findings.
- 2. Bird watching- see how many different types of birds live around your house. Students could create a bird journal where they sketch the birds they see, take pictures with their phones, identify the birds by species, or just describe the birds and their behaviors.
- 3. Track the amount of sunlight each day (sunrise to sunset): Students could document sunrise and sunsets, then calculate how much daylight we received that day. Over a week of tracking this data the students could then determine if we are getting more or less sunlight each day and by how much it is increasing or decreasing each day.

ELA – Offline Activity Suggestions

DAILY READING: Please continue to read for 30 minutes a day (8th grade) or 20 minutes a day (7th grade) from a book of your choice and log your minutes and pages on your self-made chart.

DAILY WRITING: Continue to journal, writing a page a day. You may continue to focus your writing on the current events, capturing your thoughts, feelings, questions, and concerns about this history. Or if you are in need of some inspiration or a new topic, you may choose from one of the ideas below. *7th grade – any writing you do for Science or Social Studies will count for your daily writing

Journal/Writing Ideas:

- In 20 years, what do you think you will remember or think will be important to remember about this pandemic?
- Would you rather be socially isolated with your friends or with your family? Why?
- List 5 to 10 things that are most important to you during this isolation period. Why?
- Would you rather be without your television or your phone during this time?
- Today my _____ did something that really made me _____.
- Write 5 (any number) things you miss about being in school.
- Write 5 (any number) things you like about being at home.
- Write a friendly letter to someone.
- Write about a person you look up to and why you admire them.
- What job or career do you want when you grow up? Why?
- Write about what friendship means to you.
- What character from a book or movie would you enjoy meeting? Why?
- Choose a main character from one of your favorite books. How would that character be dealing with this time of social distancing?
- Go play outside-what did you see, hear, smell....
- Write a short piece beginning with "Sometimes you can't trust a (insert animal).
- Rewrite the directions to a board or video game.
- Write aa acrostic poem with the letters in your name
- What should the language arts classrooms look like in the new building? What should be included. You can draw, build, or write about this.

Math - Offline Activity Suggestions

In Week 2, we listed activities that you could have done to review and explore math concepts. During week 3 of our distance learning, we have listed some extensions and new activities for you to try.

Activity 1 - You found the perimeter and area of two rooms in your home last week. If carpet costs \$3 per square foot, how much would it cost you to put new carpet in both of your rooms?

Activity 2 - You had the opportunity to log the ounces of fluids that you drank in week 2. For week 3, take the number of ounces you drank and convert them to cups and then convert them to liters.

Activity 3 - Create a math classroom for our new school. You can be creative with this activity. Make a key to represent the scale factor. Draw it out on paper. If you have the ability to take a picture and upload it to your google classroom that would be great!!

Activity 4 - Hopefully we have some nice weather for some outdoor exploration. See if you can find any patterns in nature. Think about how those relate to math. Look for congruent shapes. Look for similar shapes. Can you break a stick into equal parts to represent fractions?

Activity 5 - Play a board game with a family member.

Activity 6 - Create a word search using math terms that we have talked about this year. Can you make one with just algebraic terms? Can you make one with just geometric terms?

Impact Class Activities. I am including Google classroom codes for these classes. Some are new classes.

Band: nkkhfge

Choir: 7th – thyp7qd, 8th – ijkuzo2

Art: 6zez43m

Technology: dmxp5id Phys Ed: gdbtxqr

Pre-Engineering (2nd semester only): 2nd period – a2xbm2q, 3rd – r4btvdu, 5th – 6xz4fiz, 6th – mjwpwcp, 7th – pmez5zd

These are suggestions if you were in these classes.

Band – Offline Activity Suggestions

Play your instrument! Play for 15 minutes a day. Here are some options for you to do. Most of all, have fun!

- Play music out of your book
- Log into Smart Music and play anything from there. The code and directions are in Google Classroom. There are THOUSANDS of songs on there
- Play Happy Birthday, learn it by ear (no music, just play it until it sounds right)
- Play any of the songs you like by ear
- Look up music on google and try to play them
- Call your grandma, aunt, uncle, neighbor or anyone who might need a visitor and play a song for them
- Write a rhythm (like we do for our purple sheets)
- Write a song or drum cadence
- Call a friend and collaborate on writing a song
- Practice marching to the beat of any song you hear (start with your left foot and stay in time)

Technology - Offline Activity Suggestions

Write a "Code" For a person to do a task. Think about the blocks in scratch that you would use. Be very detailed. Once you have completed your code ask a family member to closely follow the steps (program). You may cut out and use the attached blocks or make your own. Some activities you can code are:

- Wash Hands
- Make a PBJ sandwich
- Write your name
- Wash the dishes
- Feed a Pet
- Make your Bed
- Jump Rope
- Brush Teeth
- Any activity you can think of

Art - Offline Activity Suggestions - Pick 2 or 3

1.Use your imagination! Create a drawing that combines 3 different animals.	2.Cut facial features (eyes, nose, mouth, etc.) from magazines. Arrange them into funny face collage'.	3.Listen to music. Draw lines and shapes as you listen that match the sounds, rhythms, and mood.	4.Trace your hand. Fill it with symbols to represent your favorite things.	5.Watch the sunset. Draw what you observe. Write a few sentences to describe the sunset.
6.Choose one shape. Draw a picture using only that shape.	7.Go on a texture hunt. Find, draw, & label 5 of the textures you find. (Example: rough tree bark, soft blanket).	8.Sort items by color groups! Primary: red, yellow, blue Secondary: orange, green, violet Warm: red, yellow, orange Cool: blue, green, violet	9.Create a comic showing a beginning, middle and end of a story.	10.Get outside & create on a sidewalk. Use water to draw things from nature. Take photo before the picture evaporates!
11.Create a visual alphabet! Draw a picture of something that starts with each letter of the alphabet.	12.Create a new cartoon character! It can be a person, animal, or something imaginary!	13.Gather rocks, stick, and leaves around your yard. Arrange the materials into a picture or design.	14.Go outside and draw a landscape; Be sure to show the horizon line! (where the ground & sky meet)	15.Draw 5 different sketches of a project(s) you'd love to make when we get back to school Take your time! Push your creativity & skills!

Physical Education – Offline Activity Suggestions – Pick 2 or 3

- 1. Practice casting with your fishing pole at a target
- 2. Weed the flower beds around the house
- 3. Rake leaves with your siblings
- 4. Ride your bicycle for 20 mins, 30 mins, 45 mins.
- 5. Pick up branches/limbs that have fallen in the yard
- 6. Jump rope/hula hoop for 20 mins
- 7. Play pitch & catch with a sibling/friend using any type of ball

Pre-Engineering - Offline Activity Suggestions - Pick 2 or 3

1. Program a Human Robot to perform a basic task

Choose a family member and have them write step by step directions for a basic task. Then have them read the directions to you to perform as a robot.

2. Engineering in Aviation

Create 3 different paper airplanes. Challenge your family. Take them outside and test. Document weather conditions, angle they left your hand, force behind the throw (100%, 50%, etc.), and distance flown.

3. Card Tower

Build the tallest freestanding (cannot lean against anything, no tape or glue) tower you can, using a deck of cards. Document your results (number of cards, total height, etc.)

4. Paper Support Challenge

You've all done this project in class. Now it's your turn to teach someone how to do it and challenge them. Use 1 sheet of paper, 12 inches of tape and scissors. Using those supplies, they need to support a book 1 inch off of the table.

5. Creating a Zip Line

Be creative, use supplies around the house to create a zip line for a toy.

Choir – Offline Activity Suggestions

- 1. Students should make sure the offline music theory packet is complete.
- 2. Please write a daily music "note" with where you heard music, if you were singing with the track and how it played a part of your day.

Example: "Today I heard the song Old Town Road. I am honestly so sick of this song, but I get why people like it. It has a really catchy chorus - I found myself singing along. It was in my head all day"

3. Students should write one music critique/review a week.

Listen to an album, or any song. If there is no radio, or old CDs at home, please reflect on songs you have learned in class. Please write 5 sentences.

What should my critique look like?

- 1. Opening sentence
- 2. A sentence explaining what you did
- 3. Your opinion on your Song/artist/reading/documentary/podcast/albums
- 4. Would you recommend this to people, #1 song or album by the artist

Other ideas to critique if possible:

- 1. Watch a Music Documentary/Autobiographical Movie
- 2. Read a Musical Article, Book, or Critique