

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 <ul style="list-style-type: none"> • Creamy Scrambled Eggs with Toast • Assorted Cereal w/ Toast • Assorted Yogurt w/Assorted Crackers • Assorted Fruit 	4 <ul style="list-style-type: none"> • Dutch Waffle • Assorted Cereal w/ Toast • Assorted Yogurt w/Assorted Crackers • Assorted Fruit 	5 <ul style="list-style-type: none"> • Creamy Scrambled Eggs with Toast • Assorted Cereal w/ Toast • Assorted Yogurt w/Assorted Crackers • Assorted Fruit 	6 <ul style="list-style-type: none"> • Apple Frudel • Assorted Cereal w/ Toast • Assorted Yogurt w/Assorted Crackers • Assorted Fruit 	7 Spring Break-No School
10 Spring Break-No School	11 <ul style="list-style-type: none"> • Tony's Sausage Breakfast Pizza • Assorted Cereal w/ Toast • Assorted Yogurt w/Assorted Crackers • Assorted Fruit 	12 <ul style="list-style-type: none"> • Dutch Waffle • Assorted Cereal w/ Toast • Assorted Yogurt w/Assorted Crackers • Assorted Fruit 	13 <ul style="list-style-type: none"> • Chocolate Filled Crescent • Assorted Cereal w/ Toast • Assorted Yogurt w/Assorted Crackers • Assorted Fruit 	14 <ul style="list-style-type: none"> • Banana Muffin • Assorted Cereal w/ Toast • Assorted Yogurt w/Assorted Crackers • Assorted Fruit
17 <ul style="list-style-type: none"> • Mini Cinnamon Waffles • Assorted Cereal w/ Toast • Assorted Yogurt w/Assorted Crackers • Assorted Fruit 	18 <ul style="list-style-type: none"> • Strawberry Cream Cheese Mini Bagels • Assorted Cereal w/ Toast • Assorted Yogurt w/Assorted Crackers • Assorted Fruit 	19 <ul style="list-style-type: none"> • Mini Maple Pancakes • Assorted Cereal w/ Toast • Assorted Yogurt w/Assorted Crackers • Assorted Fruit 	20 <ul style="list-style-type: none"> • Egg & Cheese on a English Muffin • Assorted Cereal w/ Toast • Assorted Yogurt w/Assorted Crackers • Assorted Fruit 	21 <ul style="list-style-type: none"> • Tony's Sausage Breakfast Pizza • Assorted Cereal w/ Toast • Assorted Yogurt w/Assorted Crackers • Assorted Fruit
24 <ul style="list-style-type: none"> • Goody Ring • Assorted Cereal w/ Toast • Assorted Yogurt w/Assorted Crackers • Assorted Fruit 	25 <ul style="list-style-type: none"> • Soft Filled Cinnamon Toast Crunch Bar • Assorted Cereal w/ Toast • Assorted Yogurt w/Assorted Crackers • Assorted Fruit 	26 <ul style="list-style-type: none"> • Tony's Sausage Breakfast Pizza • Assorted Cereal w/ Toast • Assorted Yogurt w/Assorted Crackers • Assorted Fruit 	27 <ul style="list-style-type: none"> • French Toast Sticks • Assorted Cereal w/ Toast • Assorted Yogurt w/Assorted Crackers • Assorted Fruit 	28 <ul style="list-style-type: none"> • Cinnamon Roll • Assorted Cereal w/ Toast • Assorted Yogurt w/Assorted Crackers • Assorted Fruit



The WMASD will continue to participate in the Community Eligibility Provision (CEP) in the 2022-2023 school year. All enrolled students are eligible to receive a healthy breakfast and lunch at no cost to you during the school year.

Now Hiring Cafeteria Staff Please contact the Food Service Office with any questions 412-466-9131 or piel@wmasd.org.

Fruit Choices: Assorted Fresh Fruit , Applesauce , Diced Peaches , Diced Pears , Tropical Pineapple Tidbits , Raisins

Menu Subject to Change

MONDAY

3

- Freshly Baked Italian Dunkers
- Juicy Cheeseburger on a Bun
- Garden Salad w/ Egg, Cheese & Fresh Sliced Bread
- Wow Butter & Jelly Sandwich
- Seasoned Steamed Mixed Vegetables
- Diced Peaches

TUESDAY

4

- Beef & Cheese Nachos with Fresh Sliced Bread
- Crispy Chicken Nuggets w/ Fresh Sliced Bread
- Garden Salad w/ Egg, Cheese & Fresh Sliced Bread
- Wow Butter & Jelly Sandwich
- Seasoned Steamed Golden Corn
- Applesauce

WEDNESDAY

5

- General Tso Chicken Bowl
- Corn Dog Nuggets
- Garden Salad w/ Egg, Cheese & Fresh Sliced Bread
- Wow Butter & Jelly Sandwich
- Seasoned Steamed Broccoli
- Diced Pears

THURSDAY

6

- Cheese Pizza
- Popcorn Chicken with Fresh Sliced Bread
- Garden Salad w/ Egg, Cheese & Fresh Sliced Bread
- Wow Butter & Jelly Sandwich
- Seasoned Steamed Carrots
- Applesauce

FRIDAY

7

Spring Break-No School

10

Spring Break-No School

11

- Korean Beef Meatball Rice Bowl
- Crispy Chicken Nuggets w/ Fresh Sliced Bread
- Garden Salad w/ Egg, Cheese & Fresh Sliced Bread
- Wow Butter & Jelly Sandwich
- Seasoned Steamed Carrots
- Mixed Fruit

12

- French Toast Sticks w/ 2 Sausage Patties
- Corn Dog Nuggets
- Garden Salad w/ Egg, Cheese & Fresh Sliced Bread
- Wow Butter & Jelly Sandwich
- Crispy Tater Tots
- Diced Pears

13

- Spaghetti and Meatballs with Sliced Bread
- Popcorn Chicken with Fresh Sliced Bread
- Garden Salad w/ Egg, Cheese & Fresh Sliced Bread
- Wow Butter & Jelly Sandwich
- Seasoned Steamed Broccoli
- Diced Peaches

14

- Breaded Chicken Patty on a Bun
- Cheese Pizza
- Garden Salad w/ Egg, Cheese & Fresh Sliced Bread
- Wow Butter & Jelly Sandwich
- Seasoned Steamed Mixed Vegetables
- Cinnamon Applesauce

17

- Chicken & Cheese Nachos w/Fresh Sliced Bread
- Juicy Cheeseburger on a Bun
- Garden Salad w/ Egg, Cheese & Fresh Sliced Bread
- Wow Butter & Jelly Sandwich
- Seasoned Steamed Golden Corn
- Applesauce

18

- Philly Cheesesteak Sub
- Crispy Chicken Nuggets w/ Fresh Sliced Bread
- Garden Salad w/ Egg, Cheese & Fresh Sliced Bread
- Wow Butter & Jelly Sandwich
- Crispy Tater Tots
- Mixed Fruit

19

- Popcorn Chicken Bowl w/ Fresh Sliced Bread
- Corn Dog Nuggets
- Garden Salad w/ Egg, Cheese & Fresh Sliced Bread
- Wow Butter & Jelly Sandwich
- Creamy Mashed Potatoes w/ Gravy
- Diced Pears

20

- Freshly Baked Italian Dunkers
- Popcorn Chicken w/Fresh Sliced Bread
- Garden Salad w/ Egg, Cheese & Fresh Sliced Bread
- Wow Butter & Jelly Sandwich
- Seasoned Steamed Mixed Vegetables
- Diced Peaches

21

- BBQ Rib Sandwich
- Cheese Pizza
- Garden Salad w/ Egg, Cheese & Fresh Sliced Bread
- Wow Butter & Jelly Sandwich
- Flavorful Vegetarian Beans
- Mixed Fruit

24

- Lasagna Roll Ups w/ Fresh Sliced Bread
- Juicy Cheeseburger on a Bun
- Garden Salad w/ Egg, Cheese & Fresh Sliced Bread
- Wow Butter & Jelly Sandwich
- Seasoned Steamed Mixed Vegetables
- Applesauce

25

- Sloppy Joe on a Bun
- Crispy Chicken Nuggets w/ Fresh Sliced Bread
- Garden Salad w/ Egg, Cheese & Fresh Sliced Bread
- Wow Butter & Jelly Sandwich
- French Fries
- Tropical Pineapple Tidbits

26

- Chicken & Broccoli Alfredo w/Fresh Sliced Bread
- Corn Dog Nuggets
- Garden Salad w/ Egg, Cheese & Fresh Sliced Bread
- Wow Butter & Jelly Sandwich
- Seasoned Steamed Broccoli
- Diced Peaches

27

- Grilled Cheese Sandwich
- Popcorn Chicken w/Fresh Sliced Bread
- Garden Salad w/ Egg, Cheese & Fresh Sliced Bread
- Wow Butter & Jelly Sandwich
- Seasoned Steamed Green Beans
- Tropical Pineapple Tidbits

28

- Hot Ham & Cheese Sandwich
- Cheese Pizza
- Garden Salad w/ Egg, Cheese & Fresh Sliced Bread
- Wow Butter & Jelly Sandwich
- Seasoned Steamed Carrots
- Diced Pears