



## Happy Holidays from the PHS Counseling Staff

PHS College and Career  
Counseling Department Newsletter

December 10, 2021

### Monthly Highlight:

We are so excited to announce that the Program of Studies was approved by the Pelham School Board. The PHS College and Career Counseling Department will move on to the next steps preparing for the course selection process.



The second session of Cocoa with Counselors focusing on coping with the stress of the holidays will be taking place throughout the month of December. Students who are attending will be able to identify and cope with the many stressors that contribute to the holidays.

We are excited to announce that we have created a google classroom for school counseling! The Counseling Classroom is now up and running for all students to access. We have a plethora of information on the site including introductions from our staff, interactive career information, and a Calming Corner with many tips and tools for success. Please access our classroom [here](#) and use the class code vsja7tf. Enjoy!





***December 13, 2021-CTE Presentation to the Sophomore Class will be held in the Auditorium during their advisory period.***

***January 5, 2022 -CTE Presentation will be in the Pelham High School Auditorium from 6-7 for parents to attend.***

*We will be holding a CTE (Career and Technical Education) Presentation for the sophomore class to provide them with the information regarding the CTE programs available to our students for their junior and senior years of high school. We will have representatives from Pinkerton Academy, Alvirne High School and Salem High School to present their available CTE programs. Students will be able to ask questions, receive information about the programs, as well as pick up an application if they are interested.*

***Sophomore parents should keep an eye out for an email from Lisa Massahos/School to Careers Office for more information about this presentation and the opportunity for their students.***

The College and Career Counseling Department is proud to announce that Jack Hamlin has been recognized by the National Merit Scholarship Program for his exceptional academic promise. Jack will apply to be considered as a Finalist in the scholarship program. Congratulations Jack!



**Registration for eStart Spring 2022 online college courses is now open:** Spring 2022 course dates are 18 January 2022 – 06 May 2022. Note: some courses may have modified dates as indicated on the schedule. STEM/CTE courses can be taken at no cost. eStart is an online dual credit program, offered through the [Community College System of NH](#), that enables high school students to take community college courses for dual high school AND college credit. eStart is an excellent opportunity for NH high school students to enhance their educational experience and get an early and affordable start on their college careers.



## Koravos' Community Service Corner



In 1992, the Pelham School Board approved the Community Service Program in an effort to promote civic responsibility and to encourage Pelham youth to make a commitment to serve others. Each student must complete at least 40 hours of community service. What that service looks like is unique to each student. The great news is that there are always local opportunities to help students complete their hours. Our students are volunteering everywhere, and we could not be more proud! Whether they are volunteering at the Pelham Fire Department, Pelham Library, Parks and Recreation Department, Pelham Food Pantry, Festival of Trees, Boy Scouts, Pelham Forestry Committee, our local churches or for the Pelham Good Neighbor Fund, the list is endless! Others have chosen to come up with their own service. The opportunities are tweeted out by @mrskoravos\_PHS, updated on the PHS website, shown on the televisions around the school, and emailed to the students.

**Class of 2022** community service hours are due by **March 15, 2022**. A reminder that community service hours are a Pelham High School graduation requirement. Please work with your counselor on meeting the required 40 hours.

The **PSAT** results have been released and you can now view them on your [CollegeBoard](#) account. Freshmen will need to create an account in order to access their scores.



**Math Help is now Available:** Math help is now available Tuesday through Friday during Advisory 8:00-8:43 a.m. in room 114. All are welcome!

**Tutoring Help:** Tutoring help will be available on Wednesdays and Thursdays from 2:30-3:30 p.m. in the PHS Library. Feel free to drop in as needed. No appointment is necessary!

**Class of 2022** - Please see this link for information on how to link your **Common Application with Naviance:** [Common App Account Matching2021.mp4](#)





## Seniors College Planning

### December to do list ...

- Keep working on our application(s) and know deadlines.
- Check for scholarships, a list can be found on Naviance under Colleges > Scholarships and Money.
- If you completed the FAFSA, you should receive your Student Aid Report (SAR) within four weeks after submitting to FAFSA.



*~ Always reach out to your School Counselor should you need help with anything! ~*

**Teacher Recommendation Letters: Class of 2022** - Please be advised that teachers are happy to write a letter of recommendation for you. We ask that you allow them up to 30 days to submit these letters to your school counselor. You can also check your Naviance account to see if the letter has been received and uploaded. Please check with your school counselor if you have any questions.

**Scholarships in Naviance:** Our local scholarship applications have begun to be uploaded into Naviance. In addition there are currently 71 outside organizations scholarships open in Naviance. Deadlines vary, so please log in frequently to see the ever changing list. Should you have any questions, please reach out to your school counselor.



We wish to remind you of the “**NO SCHOOL ANNOUNCEMENT**” procedures as we enter into the winter months. The decision to cancel school on a particular school day will usually be made by or around 5:30am depending upon the conditions. All delayed openings will be two-hour delays. Sometimes a delayed opening of two-hours may be called which then is changed to a full day closing. This call will be made before 7:30am. [Additional Information](#)



**Working Permit Pelham High School** - Pelham High School can issue working papers for any student (whether they live in Pelham or not) under the age of 16 who will be employed in the state of New Hampshire. The student must be accompanied by a parent or guardian. The student will need a "Request for Child Labor" form completed by the company they will be working for as well as a copy of their birth certificate. Please contact Mrs. Garcia for further information. 603-635-2115 X3007

### **Job Opportunities:**

**Mama's Italian Restaurant** - Dishwashing positions available, \$13.50 an hour to start, will provide training. Must be 16 years of age and have reliable transportation. Please apply in person at: 1140 Lakeview Ave, Dracut, MA.

**Pelham School Age Child Care (PSACC)** - Has employment opportunities. Please email for additional information. [info@psacc-nh.org](mailto:info@psacc-nh.org)

**Suppa's Pizza** - Hiring delivery drivers, must be 16 years old, \$8.00 an hour plus (great) tips. Kitchen support, \$12.00-\$14.00 an hour, must be 17 years old. Suppa's is willing to provide training. Please apply in person at: 150 Bridge Street, Pelham.