



PHS College and Career Counseling Department Newsletter

October 2022

College and Career Counseling Department Contact Information

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PSAT Administration

On **Wednesday, October 12th**, Pelham High School will be administering the PSAT 8/9 to all 9th grade students and the PSAT National Merit Test to all 10th and 11th grade students. The PSAT is an assessment used to help prepare students for college and careers while providing benchmarks to better understand a student's progress as they continue through high school and ultimately take the SAT during their junior year. Historically, students who take the PSATs score higher on the SAT. We are pleased to provide this important assessment at no cost to our students during school hours.

The PSAT test for Freshman is a digital test. Please be sure to have your charged Chromebook ready on testing day.

Check in for testing on October 12th will begin at 7:45.

Testing will end at 12:00 and students will be dismissed for the day.

If you have any questions or concerns, please contact Mr. Barriere at abarriere@pelhamsd.org or your school counselor.

AP Independent Students

Please email Mrs. Kress Hkress@pelhamsd.org to let her know that you are taking an Independent AP Class. AP test registration will begin within the month. The deadline for us to order AP tests is Friday, October 21st. Please contact Mrs. Kress with any questions.

Tutoring

After school tutoring will be on Wednesday afternoons from 2:30-3:30 in the PHS Library starting next week, October 5th!

Math tutoring is available after school in the PHS Library on Wednesday and Thursday afternoons from 2:30-3:30.

College Planning Webinar for Seniors

Financial Aid 101 Virtual Presentation

October 11th, 6:00 PM. Please use the following link to register.

https://us06web.zoom.us/webinar/register/WN_J5TaUSGbSB-i4UOWNijlqg

Teacher Recommendation Letters: Class of 2023

When you ask a teacher to write you a letter of recommendation please allow them up to 30 days to submit the letter to your school counselor. You can check your Naviance account for updated information. Please check with your school counselor if you have any questions or need help.

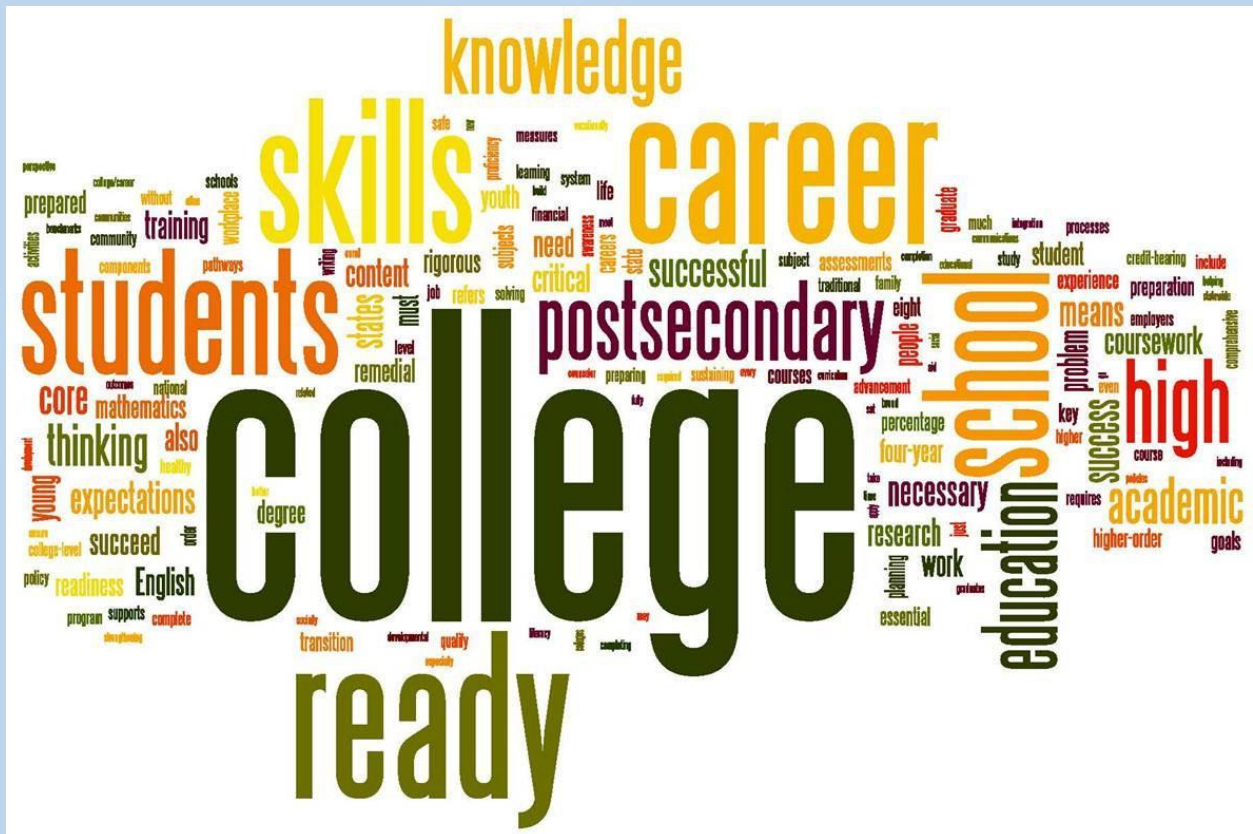
College Application Help

College application time is approaching, the English Honor Society is offering college essay workshops during advisory.

Our Friday workshops will offer...

- Information on college essay guidelines
- Help with topic ideas
- Assistance with essay revision

Please fill out this [form](#) to sign up for a session and you will be scheduled in My Flex Learning. Please contact Mrs. Davitt if you have any questions!



PHS In School College Representative Visits

Pelham High School daytime college visits have begun. The **Class of 2023 and the Class of 2024** are encouraged to attend these information sessions. Please make sure that you have your Naviance login information to be able to sign up to attend a visit. Please see Mrs. Koravos with any questions.

Monday - 10/03	1:10 PM	Vermont State University-Lyndon (VT)
Tuesday - 10/04	9:25 AM	University of Massachusetts-Lowell (MA)
Wednesday - 10/5	9:25 AM	University of Massachusetts-Boston (MA)
Thursday - 10/06	9:25 AM	Husson University (ME)
Tuesday - 10/11	9:25 AM	St. John's College (MD)
Thursday - 10/13	9:25 AM	Fisher College (MA)
Friday 10/14	9:25 AM	Plymouth State College (NH)
Monday - 10/17	1:10 PM	University of New Haven (CT)
Tuesday - 10/18	9:25 AM	NHTI-Concord's Community College (NH)
Wednesday - 10/19	9:25 AM	Nashua Community College (NH)
Friday - 10/21	9:25 AM	Northern Essex Community College (MA)
Monday - 10/24	1:10 PM	University of New Hampshire-Main Campus
Tuesday - 10/25	9:25 AM	Colby-Sawyer College (NH)
Wednesday - 10/26	9:25 AM	Lasell University (MA)
Thursday - 10/27	9:25 AM	High Point University (NC)
Friday - 10/28	9:25 AM	Assumption University (MA)
Friday - 10/28	9:25 AM	Johnson & Wales University-Providence (RI)
Monday - 10/31	1:10 PM	Rivier University (NH)

Pelham High School Pathways Program

The Career Pathways initiative is a series of courses designed to help students increase their knowledge about occupations and careers that may be of interest to them. By participating in a pathway, students will be better prepared academically for college and will acquire the skills needed to compete in the labor market.

Many of the pathways provide an opportunity for students to earn college credit(s) through the Community College System of New Hampshire or with Southern New Hampshire University.

It is never too early to think about your future. A pathway will allow you to take a series of courses to help you decide about your career choice *prior* to the expense of college. The benefits to students include:

- Increased academic motivation by taking courses relevant to future plans
- Allows students to have the opportunity to explore career interests while in high school
- Prepares students for the transition to college and/or a career
- Provide students with the opportunity to take college courses while in high school

Students are required to complete a commitment form in order to enroll in a pathway and entry requirements will vary.

We invite you to explore the many Pathways we offer. Please visit the School Counseling Office to check out the Pathway flyers.

Community Service

Community Service is a Pelham High School graduation requirement. The **Class of 2023 must have** their hours completed and submitted by **March 16th, 2023**. Please check your email often for community service opportunities sent out by Mrs. Koravos.

SUMMER Community Service Hours: Community service hours completed over the summer were due by **Tuesday, October 4th**

The community service tab located underneath the College and Career Counseling Department tab is updated each Monday with current [OPPORTUNITIES](#).

Please be sure to turn in your completed community service hours **within 8 weeks** of completing your service activity. Fill out and submit the [completion form](#) to the College and Career Counseling Department. Forms submitted later than eight (8) weeks will receive only ½ credit, provided the forms are presented within the academic year in which they were performed. Community service opportunities and completion sheets are available on the Pelham High School website under the College and Career Counseling Department tab. Follow Mrs. Koravos on **Twitter** for updated community service opportunities. Twitter: [@mrskoravos_PHS](#)

Working Permits

The NH Youth Employment Certificate (working papers) is required for any youth 12-15 years old and must be on file at the employer's place of business within three business days of the first day of employment. Working papers for students can be obtained from the NH Department of Labor website. The [website](#) lists detailed instructions and the [forms](#) can be printed at home and signed by parents, saving a trip to the school. If you are unable to print from home, there will be copies at the main office. NOTE: NH students who will be working in a different state must obtain paperwork from that state.

Help Wanted

Mama's Italian Restaurant - Dishwasher, busser and hostess positions available, \$14.25 an hour to start, will provide training. Must be 16 years of age and have reliable transportation. Please apply in person at: 1140 Lakeview Ave. Dracut, MA.

