## **Early Childhood Connections**

## Allen County Resource Guide

## PARENT RESOURCES

## **Job & Family Services**

Address: 951 Commerce Parkway,

Lima

Phone: 419-228-2621 Or 1-888-228-2120 www.acifs.org

Public assistance for families including workforce development programs, adult protection, child care, workforce development, cash assistance, food assistance, social services, fraud/investigations and medical assistance.

## **WIC** (Women, Infants & Children)

WIC promotes good health for eligible pregnant women, newborn moms and children up to age 5.

Address: 2138 Allentown Rd., Lima

Phone: 419-224-8200

www.allencountypublichealth.org/wic

-contact

## YWCA Child Care Resource &

## Referral

Address: 608 W. High St., Lima

Phone: 419-225-5465

Website: <a href="https://ywcaccrrevents.org/">https://ywcaccrrevents.org/</a>
Parenting classes and Family Fun
Learning Group are offered for parents with children birth through age 5. Free

and confidential childcare searches are

available.



## **EARLY EDUCATION**

## **Allen County Preschools**

Preschool for children 3-5 years old serving both typically developing and special needs students. The goal is to provide educational opportunities that reflect the view of all areas of development (cognitive, language, socialemotional, physical, and adaptive). Our programs are an active partnership between school, student, home, and community.

**Allen County ESC Preschool** 

Phone: 419-221-1262 x6011 or x6007

www.allencountyesc.org

Allen East Preschool

**Phone:** 419-648-3333 <u>www.ae.k12.oh.us</u>

**Lima City Schools Preschool** 

Phone: 419-996-3692 or 419-996-3427

www.limacityschools.org

**Thomas Edison Early Childhood Center** 

Phone: 419-238-4019 (Delphos students) https://vanwertdd.org/services-and-

support/pre-school/

## **Children's Developmental Center**

**Address:** 1001 Bellefontaine Ave, Lima (located at Lima Memorial Hospital)

Phone: 419-226-5046

www.childrensdevelopmentalcenterli

ma.org

Offers toddler & preschool classes, and transition services for children, 18 months through kindergarten, who have a special need or may need help as they grow.

## Early Head Start & Head Start

Address: West Central Ohio Community Action Partnership (WOCAP) 540 S. Central Ave., Lima

Phone: 419-227-2586 x109 or x216

www.wocap.org

Comprehensive health, nutrition, education and social services for families with children birth to age 5, who meet income eligibility. Program settings include center-based, home-based and child care partnerships.



## Early Intervention

Allen County Board of Developmental Disabilities

**Address**: 2550 Ada Road, Lima **Phone**: 419-221-1262 x1017

acbdd.org

## ohioearlyintervention.org

Children (birth to 3 yrs) with identified developmental delays qualify for Early Intervention Services. Children ages 3-5 yrs with identified delays may be eligible for Service and Support Services.

## PRE-NATAL PARENT SUPPORT

## **Help Me Grow Home Visiting**

**Address:** 300 W. Market St., Lima **Phone:** 419-226-4339 or 1-800-755-

4769

#### www.helpmegrow.ohio.gov

An Ohio Department of Health program for pregnant women and new parents who qualify for Medicaid and WIC. Children must be enrolled by age 6 months.

## **Moms and Babies First**

Address: 219 E. Market St., Lima

Phone: 419-228-4457

#### www.allencountypublichealth.org

A County Health Department program for African-American, high-risk pregnant women that provides in-home visits and community resource information.

Services offered free or on sliding scale to Allen County residents.

# MEDICAL & MENTAL HEALTH SUPPORT

## **Family Resource Center**

Address: 530 S. Main St., Lima

Phone: 419-222-1168 www.frcohio.com

Mental health services include assessment, counseling, and parent education.

## Ohio Children with Medical Handicaps

Address: Allen County Public Health,

219 E. Market St., Lima **Phone:** 419-228-4457 or 1-800-755-4769

### www.allencountypublichealth.org

An Ohio health care program that links families of children (birth to age 21) with special health care needs with a network of providers. Eligible families may obtain payment for treatments.

## **SAFY Behavioral Health**

Address: 658 W. Market St., Lima

Phone: 419-222-1527

https://www.safy.org/ohio/limabehavioral-health/

Behavioral and mental health services available for infants, children, youth, families and individuals. Trauma treatment, play therapy, Early Childhood Mental Health consults, individual and family counseling services.

## **HOPE 24/7 CRISIS HOTLINE**

1-800-567-4673 Text: 741741



## **COMMUNITY RESOURCES**

## **Allen County Public Libraries**

**Bluffton-Richland Public Library Address:** 145 S. Main St., Bluffton

**Phone:** 419-358-5016

blufftonpubliclibrary.org

**Delphos Public Library** 

Address: 309 W. 2<sup>nd</sup> St., Delphos

Phone: 419-695-4015 delphos.lib.oh.us Lima Public Library

**Address:** 650 W. Market St., Lima **Branch Locations:** Cairo, Elida, Lafavette, Spencerville, OSU Lima

Phone: 419-228-5113

www.limalibrary.com

### 2-1-1 Community Resource

Phone: 211

24/7 access to community resource information sponsored by United Way .

## **Family and Children First**

Assists families with resources, services

and supports.

**Phone:** 419-223-8563 **Family P.L.A.Y.T.I.M.E.** 

Address: Marimor School, 2550 Ada

Rd., Lima

Phone: 419-221-1262

Scheduled playgroup for toddlers, in-

fants, and caregivers.

# PASS (Prevention Awareness Support Services)

Address: 309 West High St., Lima

**Phone:** 419-549-8530

passaah.org

Allen County's prevention agency offers parenting classes and support groups for grief, suicide & drug overdose loss, depression & bi-polar, LGBTQ.

## **Developmental Milestones for Young Children**

## By 3 Months:

Holds head up well, Lifts head and pushes arms when on stomach Makes cooing sounds

## By 6 Months:

Sits with support
Babbles and smiles
Rolls from back to belly
Responds to others

## By 8 Months:

Sits alone well
Bangs toys in play
Says simple sounds: ma,

## da, ga, ba

## By 1 Year:

Walks with hand held Says 2-3 words Plays pat-a-cake and peek-a-boo Finger feeds well Responds when called by name

## By 2 Years:

Runs, can kick, throw and catch a ball Says two words together, asks questions Can name pictures

## By 3 Years:

Climbs stairs
Feeds self
Says 3-4 words together clearly
Rides tricycle

## By 4 Years:

Dresses and undresses self Knows colors & own name Uses sentences- talks a lot Enjoys playing with other children