

**Troy Area School District Wellness Committee  
Minutes from the September 28, 2021**

**Facilitators: Bonnie Bixby, Chairperson**

**Committee Members Present: Holly Kibbe-Teacher/Parent; Jeanine Martin-Nurse; Traci Gilliland-Business Admin/Parent; Lucy Chamberlain-Teacher; Sarah Chamberlain-Sophomore Jr/Sr High School Student**

TASD Wellness Committee held its on Tuesday, September 28, 2021, in the WRC Conference Room at 3:30 p.m.

**The following items were discussed during the meeting**

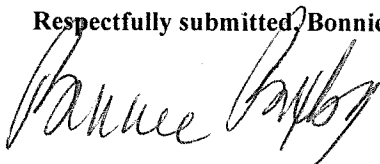
The no previous minutes were read due to Covid.

- We welcomed everyone back to in-person meetings.
- Staff Wellness Update-3<sup>rd</sup> Year in NTIC Program
  - Flu Shots
    - WRC-Friday, October 15 645-745 AM
    - TIS-Thursday, October 21 645-745AM
    - HS-Tuesday, October 26 645-745 AM
  - Virtual Walking Club
    - Kick off 10/4/21-4/1/22
    - Participants will earn 10 points for every month they log at least 20 days of walking
    - To join contact Courtney Sexton at [csexton@iu17.org](mailto:csexton@iu17.org)
    - Discussion of staff feeling concerned regarding the District tracking the health of the employees-everyone was reassured that is not the case. Everything is kept strictly confidential
  - Yearly Physicals, Mammograms, Colonoscopy, Vision Screening
- National School Lunch Week October 11-15
- PA Harvest of the Month
  - Shared Positive Promotion for Troy in Webinar
  - October-Apples
- Kyle Bellinger-Guidance Teacher at WRC
  - Wellness Lesson Program at WRC-Skills for Learning
- CHOP Snacks & Popup Pantry
  - Chop snacks are stored in the nurse's suite for students that don't bring an afternoon snack at WRC.
  - Chop snacks are available for students to grab when wanted at TIS.
  - Chop snack bags are being sent home with students who wish to take at JS High School.
- World Milk Day Celebration on Wednesday, September 29, 2021
  - FFA has 3 students going to each cafeteria during lunch with activities and prizes for the students
- Update Wellness Activities by Building
- Updated Wellness Policy-Board Approved 9/14/2021 Copies distributed to all members

There being no further business, Bonnie Bixby adjourned the meeting at 4:00 p.m.

**The next meeting will be on Tuesday, November 9, 2021, in the WRC Conference Room.**

**Respectfully submitted, Bonnie Bixby, Chairperson**



# Wellness Committee Meeting

**Facilitator:** Bonnie Bixby

**9-Nov-21**

**3:30 PM**

**Council Members:** Jamie Bagley-Teacher

Jeanine Martin-Nurse

Sarah Chamberlain-JR/SR High Student

Lucy Chamberlain-Teacher

Eleanor Madigan-Nurse

Bonnie Bixby-FSD

Holly Kibbe-Teacher, Parent

Kyle Bellinger-Counselor

Ella Vannoy-Student

Traci Gilliland-Bus Admin, Parent

## Agenda

### Old Business

- 1 Staff Wellness Update
- 2 PA Harvest of Month
- 3 World Milk Day Update
- 4 National School Lunch Week Update
- 5 National School Bus Safety Week
- 6
- 7

### New Business:

- 1 Health Fair
- 2
- 3
- 4
- 5