LEA / District Name: The Aveu School District Reporting Timeframe (month/year to month)	/year):	Mara	N 202		
Name(s) of Reviewer(s): Eleunov Mudigun . School Name (if applicable): All School Select grades:	5				
PK KV 1 L 2 3 X 4 V 5 V 6 V 7 V 8 V 9 V 10 V 11	12	4			
Included in the written policy? Yes No	school I Fully in	ented in to ouilding(s	s)? Not in		
Public Involvement, Notification, and Assessment	Place	in Place	Place		
We have LEA official(s)/designee(s) in charge of wellness policy compliance. Name(s)/Title(s): Superinfident: Designee	6	0	0		
We complete an assessment of the local school wellness policy at least every three years ("triennial assessment"). Triennial assessment results are made available to the public in an easily	9	0	0		
© accessible manner. Website address and/or description of how to access copy:	0	0	0		
At least every three years we use the results of the triennial assessment to update or modify the wellness policy as needed. The LEA informs and updates the public about the contents, updates, and	@ ′	0	0		
implementation of the wellness policy at least annually and the policy is accessible to the public. Website address for policy and/or description of how to access copy:	0	0	0		
Www. Yron areast. was still will yes as it were retain records as required by federal regulations including: The written school wellness policy, Documentation of making the wellness policy publicly available, Documentation of outreach efforts inviting stakeholders to participate in the wellness committee / wellness policy process, and	Ø	0	0		
☐ Copy of triennial assessment and documentation of reporting results to public. The LEA utilizes a wellness committee that includes these community stakeholders in the development, implementation, review, and update of the wellness policy:	es -				
면 Administrators 면 Food service staff 면 School health professionals 면 Parents 면 School board members 면 PE teachers 면 Students 면 Public		O			
Other stakeholders (describe):					
Notes on public involvement, notification, and assessment: Wellness Meetings posted of as needed; Inennial assessment posted on website	n Webs	rde - v,	oda ted		
Nutrition Education*					
Nutrition education is provided within PDE's sequential, comprehensive health education standards. We teach, model, encourage, and support healthy eating through nutrition education.	Ø (0 ())		

	uded in en pol No			nented in t building(Partially in Place	
0	0	We provide all students with knowledge and skills for healthy lives via nutrition education.	Ø	0	0
0	0	We offer age-appropriate nutrition education and activities to students in: LE Elementary School LE Middle School LE High School	0	0	0
Ø	0	Our nutrition education curriculum teaches behavior-focused skills such as menu- planning, reading nutrition labels, and media awareness.	0	0	0
0	0	School food service and nutrition education classes work together to create a learning laboratory. " Wayld of Food "	0	0	0
0	0	In addition to meeting academic standards for nutrition education, we integrate nutrition education into a variety of subjects (e.g., math, science, language arts).	0	0	0
0	0	We reinforce lifelong lifestyle balance by linking nutrition and physical activity.	0	0	0
0	0	Staff providing nutrition education receive standards-based training and	Ö	Ö	Ö
0	0	professional development. We engage and involve families and the community in nutrition education efforts.	0	0	0
	Ŭ	Other goal (describe):	. O		U
		보고 그들 화를 가득하고 있는 그는 가는 가를 가들었다면 하는 가는 없는 것 같습니다.			
Note	es on	goals for nutrition education: 22 127 Sthant Vario			
	011	goals for nutrition education: 22/23 Sthool Year D Nealth Fair for Students			
		D Healin Fair for Staff			
		Nutrition Promotion*			
Q	0	We use evidence-based techniques and nutrition messages in school and encourage participation in school meal programs.	0	0	0
\sim		We participate in Farm to School activities such as having a school garden, taste-			
0	O	testing local products, incorporating local foods into school meals, and educating students in the classroom and on field trips about local agriculture.	0	0	0
O	0	We cooperate with community agencies and organizations to provide	0	0	0
_		opportunities for student projects related to nutrition. We implement behavioral economics techniques in the cafeteria to encourage			_
0	O	consumption of whole grains, fruits, and vegetables and to decrease plate waste.	Ø	0	O
O	0	We display and disseminate consistent nutrition messages in schools,	0	0	0
<u>_</u> 15.		classrooms, cafeterias, homes, community, and media. Our staff model healthy eating in front of students and avoid using unhealthy			
O'	O	foods in classroom lesson plans.	0-	0	0
0	0	We offer health and nutrition resources to parents to help them provide healthy	0	0	0
		meals for their children. Other goal (describe):			
		크 그 선생님, 중요한 경우 그리다. 그 중요한 목록한 하고 주고 있다고 있는 그것은 그리는 것이다.			
Noto	0.00	이번 보고 있었다. 이번 - 아이트 이			
NOLE	S OII (goals for nutrition promotion:			
		Continue: Farm to School Promotions			
		Pragrams Buy Local Pomotions			
		Pragrams Buy Local Pomstions American Dairy Council Physical Activity*			
0	0	We provide a variety of developmentally appropriate opportunities for physical	0	\circ	\cap
_ , ald,	_	activity during the school day for all students. We contribute to the effort to provide students daily opportunities to accumulate at		· , , , ,	
0	0	least sixty minutes of age-appropriate physical activity daily as recommended by	0	0	0
		the CDC.		154,53	

	uded i en po No		school Fully in	ented in building(Partially	s)? Not ii
		In addition to planned physical education, we offer activities such as indoor and	Place	in Place	Place
Ø	0	outdoor recess, before and after school programs, intramurals, interscholastic athletics, and clubs to meet the needs and interests of our students.	O	0	0
0	0	We maintain a physical and social environment that encourages safe and enjoyable activity for all students.	O	0	0
Q	0	We provide physical activity breaks in the classroom.	0	0	00
Ø	0	We offer before and/or after-school programs that include physical activity for participating children. Little Legve, Youth Solcer, 3+41 m Grade biskerbell	0	0	0
0	0	We partner with parents/guardians and community members and organizations (e.g., YMCA, Boys & Girls Clubs, local parks, hospitals, etc.) to offer programs	0	0	0
QQQ	0	we do not use physical activity as a punishment (e.g., running laps). We do not withhold physical activity as a punishment (e.g., taking away recess).	0	0	0
	ŏ	We encourage walking and biking to school. We encourage students and families to use our physical activity facilities, such as	00/	000	000
Ø	0	playgrounds and ball fields, outside of school hours in accordance with school rules. Other goal (describe):	0	0	0
		1. Commonity Walking Pravam A. Winter-Inside B. Warm Weather-New Track Physical Education (PE)			
Ø	0	We implement a PE program consistent with state academic standards. All students participate in PE.	0	0	0
0	0	PE instruction promotes skills and knowledge necessary for lifelong physical activity.	Ø	0	0
0	0	PE classes provide the means for students to learn, practice, and be assessed on developmentally appropriate skills.	Ø	0	0
0	0	Our curriculum promotes both team and individual activities. We offer a comprehensive PE course of study with planned instruction time for	0	0	0
Ø_	O	students to meet standards at the proficient level.	Ø /	0	O
Ø	O	We use a local assessment system to track student progress on state standards. Students are moderately to vigorously active as much time as possible during PE	0	0	0
Ø	0	class. Accommodations are made in class for documented medical conditions and disabilities.	0⁄	0	0
Ø,	Ó	We provide safe and adequate equipment, facilities, and resources for PE class.	Ø,	0	Q
8	0	Certified health and PE teachers teach our classes. We provide professional development for PE staff.	ଚ୍ଚ୍	0	0
0 0 0 0 0	Ö	PE classes have a teacher-student ratio similar to other courses for safe and	Q	0	0
	_	effective instruction.	,	_	
W .	0	We do not use or withhold physical activity as a form of punishment in PE class. Other goal (describe):	O⁄	0	O

Notes on goals for physical education:

1. Every student receives physical education

written policy?			Implemented in the school building(s)? Fully in Partially Not in		
		Place	in Place	Place	
	Other School-Based Wellness Activities*				
Ø 0	Free drinking water is available and accessible to students during meal periods and throughout the school day. Buffle filling Statuns at all schools	Ø	0	0	
Ø 0	School nutrition staff meet local hiring criteria and in compliance with federal regulations.	O'	0	0	
Ø 0	We provide continuing education to school nutrition staff as required by federal regulations. Annual Training	0	0	0	
8 0		80	00	00	
800	We offer students enough time to eat (10 minutes sit down time for breakfast; 20	0	0	0	
	minutes sit down time for lunch) and schedule meal periods at appropriate hours. We implement alternate school breakfast service models to increase participation,				
& O		0	0	0	
& S		Ø	0	0	
8 8	We provide the nutrition content of school meals to the school community.	866	0	000	
0,0	We include students/parents in menu selections through taste-testing and surveys.	0	0	0	
<u> </u>	We utilize outside funding and programs to enhance school wellness. Farm to School We train all staff on the components of the school wellness policy. Ahou all of	Ø	0	0	
Ø Ö	School based activities are planned with wellness policy goals in mind.	000	00	000	
Q O	Fundraising projects submitted for approval are supportive of healthy eating and student wellness.	0	0	0	
Ø 0	We encourage administrators, teachers, school nutrition professionals, students, parents/guardians, and community members to serve as positive role models	@	0	0	
Ø 0	through district programs, communications, and outreach. We communicate information to parents/guardians to support their efforts to	Ø	0	0	
00	provide a healthy diet and daily physical activity for their children. Indoor air quality is in accordance with our healthy learning environment program	0	0	0	
	and applicable laws and regulations. Other goal (describe):				
Notes on	goals for other school-based activities:				
110103 011	Continue to work with Panents Par Healthy Classrooms-nucle O	معدل مرز	<i></i>		
	Continue to work with piso for Healthy Fundraisers - such as	PTLOY	S 1- a-H	1200C	
	Nutrition Guidelines for All Foods and Beverages at Sch	hool	NK LIN	man	
0 0	We consider promoting student health and reducing obesity when offering foods	O	Crvise O	0	
Ø 0	Foods and beverages provided through the National School Lunch and School Breakfast Programs comply with federal meal standards.	0	0	0	
0 0	We offer healthy food and beverage options at school-sponsored events, such as dances and sporting events. With first Might	0	0	0	
	Foods and beverages outside of the school meal, which are sold to students at school during the school day, meet or exceed the established federal				
Ø 0	competitive food standards (USDA Smart Snacks in School). Venues include vending, school stores, non-exempt fundraisers, and a la carte	®	0	0	
	items." This is a market of the second of th				

Included in the written policy? Yes No		ented in (building(Partially in Place	
We limit the number of food fundraisers at school and have procedures in place for requesting a fundraiser exemption (i.e., selling foods that do not meet Smart Snacks) in accordance with limits set by PDE.	Ø	0	0
We have local standards in our written policy for foods and beverages offered for free to students at school, including food rewards, items offered at classroom parties and celebrations, and foods/beverages provided to the class as shared classroom snacks.	Ø	0	0
We provide a list of nonfood ideas and healthy food/beverage alternatives to staff and parents/guardians.	Ø	0	0
Only foods and beverages that meet or exceed federal nutrition standards (USDA Smart Snacks in School) are permitted to be marketed or promoted to students during the school day. Examples: posters, vending machines, menu boards, cups for beverage dispensing, coolers, trash cans. Notes on nutrition guidelines for foods and beverages at school:	0	0	0
We use the Smart Snach Standards Culculator for all sn Slid Auring, the school day. Dur Food Service Separtment offers "Healthy Ass rum Shads At least one goal for these categories <u>must</u> be included in the written policy per federal	lills a " fo fi regulati	nd be anent, a ons.	Nevag Commun Staft
Report on the progress made in attaining the goals of the wellness policy (REQUIRED):			
During the last two years of cours our Wellness	Commi	Hee	
focused on the Heath and Safrty Plan for the distric	•		
This included masks, remote learning, packaged ma	als		
for community pick up.			
We are back in person 100% with masks being opti	onal		
Our Wellness focus is to provide wellness hear for our students and staff.			
Duv buildings are back open to the community far physical activities and events.	V USi	e Wig	H
We have been able to continue the Pennsylvan of the month promotions.	ia H	arves	st
We have also continued to partigipate in the No	rtional.	Sho	4

Rev. January 2021 This institution is an equal opportunity provider