

GALLATIN VALLEY INVITATIONAL TRACK AND FIELD MEET

April 13th, 2024

Running Events

Timed Finals
Order: Boys/ Girls

Field Events

1/8" spikes only, except javelin
Varsity- 3 attempts, top 10 to finals
JV – 4 Attempts, no finals

Be aware that the running events will be run:

Boys Varsity
Girls Varsity

National Anthem - 9:55

If we are ahead of schedule we will stay ahead

Schedule Running Events (Estimated)

10:30	3200 m Finals	(B)
10:55	110 m Hurdles	(B)
11:30	100 m Hurdles	(G)
12:00	100 m	(B)
12:30	100 m	(G)
1:00	800 m	(B)
1:15	800 m	(G)
1:35	200 m Finals	(B)
2:05	200 m Finals	(G)
2:35	400 m Relay	(B)
2:50	400 m Relay	(G)
3:05	1600 m Finals	(B)
3:25	1600 m Finals	(G)
3:40	400 m	(B)
4:05	400 m	(G)
4:25	300 m Hurdles	(B)
4:40	300 m Hurdles	(G)
4:50	3200 m finals	(G)
5:00	1600 m relay	(B)
5:30	1600 m Relay	(G)

Schedule Field Events:

(We will be pinning throws to help speed up the field events)

10:00	Pole Vault	(G)	
	Long Jump	(G)	(V) (West Pit)
	Discus	(G)	(V)
	High Jump	(B)	(JV)
	Shot Put	(B)	(V)
	Triple Jump	(B)	(V) (East Pit)
	Javelin	(B)	(JV)
12:30	Long Jump	(B)	(V) (West Pit)
	Triple Jump	(G)	(V) (East Pit)
	Pole Vault	(B)	
2:00	Shot Put	(G)	(V)
	High Jump	(G)	(V)
	Javelin	(G)	(JV)
	Discus	(B)	(V)

* all times are approximated

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