

SCHEDULE OF EVENTS for all invitational track meets

RUNNING EVENTS: 11:00 am

FIELD EVENTS: 10:00 am

110 METER HIGH HURDLES	BOYS	DISCUS	BOYS
100 METER HURDLES	GIRLS	SHOT PUT	BOYS
100 METER DASH	BOYS	POLE VAULT	B & G
100 METER DASH	GIRLS	HIGH JUMP	GIRLS
1600 METER RUN	BOYS	TRIPLE JUMP	BOYS
1600 METER RUN	GIRLS	LONG JUMP	GIRLS
400 METER RELAY	BOYS	JAVELIN	GIRLS
400 METER RELAY	GIRLS	WILL FOLLOW UPON COMPLETION OF ABOVE	
400 METER DASH	BOYS	SHOT PUT	GIRLS
400 METER DASH	GIRLS	DISCUS	GIRLS
300 METER HURDLES	BOYS	LONG JUMP	BOYS
300 METER HURDLES	GIRLS	TRIPLE JUMP	GIRLS
800 METER RUN	BOYS	JAVELIN	BOYS
800 METER RUN	GIRLS		
200 METER DASH	BOYS	HIGH JUMP	BOYS
200 METER DASH	GIRLS		
3200 METER RUN	BOYS		
3200 METER RUN	GIRLS		
1600 METER RELAY	BOYS		
1600 METER RELAY	GIRLS		

All track events will be **timed finals**.

1/8" pyramid spikes are required for all events - will be checked before event.