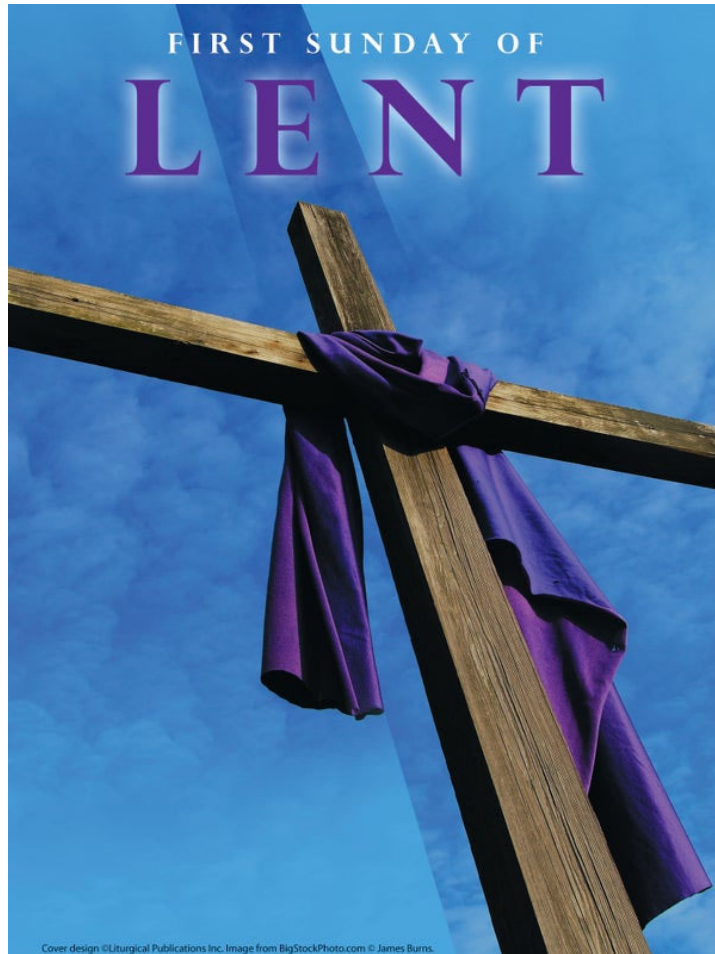


Church of the Little Flower

March 9th, 2025

1st Sunday of Lent



"We Remember"

"We Celebrate"

"We Believe"

MISSION STATEMENT

The mission of the Eucharistic Community of the Little Flower is to deepen the relationship of its members with God and with each other; to witness to and, therefore, to reveal Jesus Christ and His Good News to the local and wider communities; and to serve as a model of Catholic Christian community valuing the diversity of backgrounds and sharing the gifts of its varied members.

PASTORAL STAFF

Parochial Administrator

Fr. Christopher Rubie
314-645-1445 Ext. 12
frubie@littleflowerstl.org

Senior Associate Pastor

Rev. Lawrence Herzog
314-645-1445 Ext. 15
lherzog@littleflowerstl.org

Senior Associate Pastor

Msgr. William McCumber
314-961-8400 Ext. 114
wmccumber@archstl.org

Parish Office Administrator

Ms. Debra Richter
314-645-1445 Ext. 10
drichter@littleflowerstl.org

Parish Bookkeeper

Ms. Christine Bodus
314-645-1445 Ext. 11
cbodus@littleflowerstl.org

Director of Music & Liturgy

Mr. Chuck Chauvin
314-645-1445 Ext. 16
cfchauvin@littleflowerstl.org

Maintenance

Mr. David Solomon

CONTACT US

St. Vincent de Paul 314-289-6101 ext.2236

Parish Office

1264 Arch Terrace
Richmond Heights, MO 63117
phone: 314-645-1445
fax: 314-645-3258
littleflower@little-flower-parish.org

Parish Email

littleflower@little-flower-parish.org

RCIA Email

drichter@littleflowerstl.org

Office Hours

Monday - Friday,
6:45am - 2:45pm

Website

www.littleflowerstl.org

Calendar of Events

MASS & SACRAMENTS

SUNDAY MASSES:

Saturday: 5:00pm
 Sunday: 8:00am & 10:30am

WEEKDAY MASSES:

Monday - Friday: 7:00am
 Holyday Masses: Please check the bulletin for Mass schedule

Legal Holidays: 9:00am

First Saturday: 9:00am

Offered by Eucharistic Prayer Companions JMJ

MORNING PRAYER of the LITURGY of the HOURS:

Monday through Friday: 7:30am

SACRAMENT OF RECONCILIATION:

Saturday: 4:00-4:45pm or 6:45am-6:55am Monday thru Friday

PERPETUAL HELP DEVOTIONS:

Tuesday: 6:45am (before 7:00am Mass)

ROSARY:

Saturday: 4:30am

ADORATION: Friday: 8:00am-5:00pm

BAPTISMS:

Baptisms are a cause for celebration and may be celebrated with the entire parish at one of the weekend Masses. Parents are asked to complete the preparation sessions prior to scheduling the date for the baptism. Please call the parish office to arrange the sessions. A baptism class will be offered monthly on the second Sunday after the 10:30 Mass.

MARRIAGES:

Arrangements must be made six months in advance.

BULLETIN DEADLINE:

Friday at 10:00am

Monday	March 10	6:45-6:55	Confessions
		7:00am	Mass
Tuesday	March 11	6:45-6:55	Perpetual Help Devotions
		7:00am	Mass
Wednesday	March 12	7:00am	Mass
		5:30pm	Mass
Thursday	March 13	6:45-6:55	Confessions
		7:00am	Mass
		5:30am	Mass
Friday	March 14	6:45-6:55	Confessions
		7:00am	Mass
		8:00am-5:00pm	Adoration
Saturday	March 15	4pm-4:45pm	Confessions
		4:30pm	Rosary in Little Flower Chapel
		5:00pm	Mass
		9:00am-1:00pm	Polyhymnia Vocal Workshop in Church
Sunday	March 16 (Donut Sunday)	8:00am	Mass
		10:00am-10:15am	Confessions
		10:30am	Mass

Ministers of Service March 15 & 16 2025

MINISTERS OF SERVICE

03/15 5:00pm ~ 3 Volunteers Requested
 03/16 8:00am ~ Michael, William & David Dietz
 03/16 10:30am ~ B. Acosta A. Scherman L. Zylka

LECTORS

03/15 5:00pm ~ L. Waugh J. Waugh
 03/16 8:00am ~ T. Serena J. Osterman
 03/16 10:30am ~ M. Seal M. Chauvin

THE GUILD of MOTHER ERNESTINE

(Sacristan Helpers)

03/15 5:00pm ~ P. Keenoy (Team A)
 03/16 8:00am ~ K. Sargent
 03/16 10:30am ~ K. & S. Toombs

Sacramental Catechesis: The Holy Eucharist

Years ago my classmates and I in the seminary took a trip to the Holy Land for a week-long retreat, together with sightseeing the holy sites in Israel. It was a splendid experience and the trip was deeply moving, although it seemed like we were running from one place to another. One day we embarked on visiting the site where the Last Supper took place and decided to have Mass in the chapel dedicated to the spot where Jesus celebrated the first Mass and instituted the Holy Eucharist. We had two priests accompany us on our Holy Land trip because the rest of us were transitional deacons. Each day of the pilgrimage one of us would assist the priests as the deacon for the Mass. At the site of the Last Supper, one of my classmates chose to assist as the deacon. However, he forgot to bring his diaconal stole with him on the trip; he asked to borrow mine for conducting his diaconal duties on this special and solemn celebration. My stole had reversible colors depending on the liturgical season or day: one side was white and the other was purple. As my classmate draped the stole over his shoulder, he could only see the frontside of the stole—which was clearly white. But on his backside, the stole flipped over to the purple side. He did not notice this error and as he was processing down to the altar, I had a little chuckle. After Mass I said to him jokingly, “So, you’re still observing Lent, while we are celebrating Holy Thursday?” Perplexed at what I meant by this question, I explained to my classmate the mixed color arrangement on his stole. He shrugged it off and we both had a good laugh.

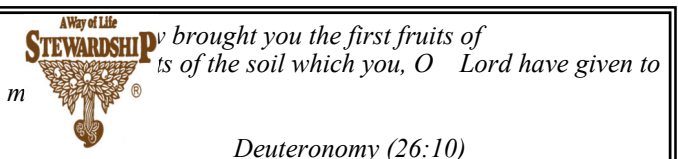
Since that incident with my classmate, I have given much thought to the Eucharist and its connection with the Lenten season. If we were to look at Jesus’ public ministry we could pinpoint the timeframe when a so-called “proto-Lenten” season began during his earthly sojourn. This proto-Lenten season began after Simon Peter’s profession of Jesus’ identity in Matthew 16. Once Jesus’ identity is finally revealed to His disciples, Jesus begins to talk about His looming Passion and death. Thus, from Caesarea-Philippi, Jesus and His disciples begin their long journey to Jerusalem, culminating in the miracle and institution of the sacramental reality of Jesus’ Passion, death, and Resurrection—The Holy Eucharist. Our Lord indicated approximately a year prior to the Last Supper in Capernaum that He would offer His flesh and blood to give life to others. This was the Bread of Life Discourse in John 6 and Jesus’ cryptic language caused many people to walk away from Him. Yet, there were a few who believed Jesus’ words, although they were completely puzzled as to how this could happen and why. The clouds of self-mortification were enveloping Jesus’ disciples even on this occasion and only those who were humble and could live with the uncertainty of Jesus’ words, at least momentarily, persevered till the climatic moment of the Eucharistic words of institution at the Last Supper, giving evidence of what Jesus meant by giving His flesh and blood for the life of the world a year prior in Capernaum. The disciples, having journeyed through their own Lenten observance, had their eyes opened, but did not fully realize the magnitude and power of what Jesus instituted. This would come after the Resurrection.

What Jesus was preparing His disciples for experiencing and understanding in their faith journey was a monumental renewal of God’s covenantal bond with Israel. Only this time, Israel would be expanded to the Gentile nations. To create a covenant in the Old Testament was to enter symbolically and realistically into a blood relationship with another person. This was symbolized in sacrificial offerings in which the animal sacrificed, along with its’ blood, would come to be a consummation of sorts between God and His people. This bond symbolized and quite realistically spoke of the irrevocable relationship God made with Israel. While animal sacrifices were the symbolic expression of God’s covenant with Israel, it was unthinkable in ancient Israel to have covenant sacrifices without partaking of a meal. This was true at Passover and the Sinai covenant God made with Israel when Moses, Aaron, Nadab, and Abihu went up the mountain to dine with the Lord (Ex. 24:9-11). Given this ancient Jewish context, the institution of the Holy Eucharist was necessary in order to complete the New Covenant Jesus enacts through His Cross and Resurrection. Just as partaking of the sacrificial meal in the Old Testament was symbolically a sharing in God’s covenantal love for Israel, even more so is the Eucharist a literal sharing in the life of Jesus Christ—the life He gives us through the power of His death and Resurrection. It took a Lenten journey for the disciples to come to fully appreciate the beauty of the New Covenant in Jesus’ flesh and blood.

As we begin this Lenten season, I encourage all of you to take time to reflect, study, and pray about how this Lent will deepen your understanding, appreciation, and faith in the Holy Eucharist. Check out Brant Pitre’s *Jesus and the Jewish Roots of the Eucharist*, which is a tremendous, eye-opening account of the Holy Eucharist and, without it, Jesus’ death on the Cross would not have been understood as a sacrifice. I pray that each of you have a blessed Lenten season and let us follow Jesus this Lent to the Upper Room for the greatest drama in human history!

In Christ the Savior,

Fr. Rubel



brought you the first fruits of
 ts of the soil which you, O Lord have given to

Deuteronomy (26:10)

This line from the Old Testament offers two challenges. First, do you give to God with your “first fruits” -the first and best that you have to offer? Or do you give what you have leftover? Second, do you realize that everything that you have and that everything you are has been given to you by God? We aren’t owners of anything, we are merely stewards of God’s gifts. Pray for a grateful and generous heart, every day, in all circumstances.

Did You Know?

Did you know that there was once a crucifixion group stop the church dome. It was struck by lightning in 1971? The lightning nearly beheaded Jesus who looked like He had taken it upon Himself to protect the people inside.



Little Flower Holy Hour

Is Jesus the love of your life? Then come spend some time with Him. **Our next Holy Hour will be Tuesday, March 18th at 7 pm in the St. Therese’ chapel.** Confession will be available. Let Him minister to your heart. All are welcome!

Save the Date!
**Lolly’s Place
 Trivia Night 2025**



**Saturday, March 29
 6:30 - 9:30 PM
 Little Flower School**

**PRAYERS OF THE
 FAITHFUL**

That we give God the “first fruits” of our gifts=our first and best time in prayer, charitable works in ministry participation and financial support of our parish mission and community outreach.

*Amen
 Amen*



FROM ASH WEDNESDAY TO THE TRIDUUM

Ash Wednesday kicks off the Season of Lent—a time of conversion and repentance. At the end of Lent three days, the Triduum, consist of one celebration of Jesus’ Passion, Death and Resurrection. Holy Thursday, Good Friday and the Easter Vigil are one continuous action of the Paschal Mystery. “By his death, Christ liberates us from sin; by his Resurrection, he opens for us the way to a new life.” (Catholic Catechism 654)

The Triduum—the summit of the Liturgical year—brings us to the victory of Easter.
 Source: CCC 654

Come to learn more at [OCIA](#) by calling Debra at the Rectory 314-645-1445 or email d.richter@littleflowerstl.org

Polyhymnia
Choral Summer Camp

Beginner to Advanced Singers, Ages 10-17
 Sacred Music, Vocal Technique, Choir Performance and More

JULY 7-11 9AM -1PM \$40 per singer, discounts for additional siblings

Little Flower Church
 1264 Arch Terrace, Richmond Heights, MO 63117

Visit the [EVENTBRITE](#) website for more details.

[BIT.LY/STLCAMP](https://bit.ly/stlcamp)



THE LITTLE FLOWER COMMUNITY OPPORTUNITY

**Missouri Right to Life
"Keep Missouri Pro-Life" Action Day
Wednesday, March 26, 2025
Missouri State Capitol
1st Floor Rotunda
We need you to ACT!**

- Come to Jefferson City on Wednesday, March 26, 2025, for Pro-Life Action Day to encourage your legislators to pass pro-life legislation.
- Registration begins at 10:00 a.m.
- Lobby your legislators and join the noon rally and a featured guest.

Bus transportation is available from several sites in the St Louis metro and surrounding areas. Bus registration deadline is March 14.

Sign up online at www.easternregionmrl.org/actionday.



**POLYHYMNIA SAINT LOUIS
VOCAL WORKSHOP**

**MARCH 15, 2025
9:00AM-1:00PM**

A workshop focused on guiding parish singers in healthy ways to manage the stress and vocal demands of Holy Week and the Easter season.



Admission: \$30
Audience: Parish choir singers
ages 12+



Church of the Little Flower
1264 Arch Terrace, St. Louis, MO

Register here!
tinyurl.com/phworkshop2025

Desert Day: I really need a day of prayer and quiet! Desert Days at the Sanguis Christi Spirituality Center of the Sisters of the Most Precious Blood are just that. Come to the quiet and beauty of St. Joseph Chapel at 204 North Main St., O'Fallon, MO **March 20, April 15 or May 21 from 9:15 am – 3:15 pm**. The day will begin and end with prayer. The remainder of the day is solitude, quiet, reflection, and rest. The opportunity to talk with a spiritual director is also available. Lunch is provided. A free will offering is requested. For more information or to register contact Sr. Mary Cecile Gunel-son, CPPS at 636-293-8013 or by email mcgunelson@cpps-ofallon.org

Please Join Us in Supporting **BIRTHRIGHT**

By Attending the St. Clement of Rome & St. Gerard Majella's Annual
GAME & CARD PARTY LUNCHEON

Raffle Items – Attendance Prizes – Pot of Gold

Come play any game you like or just come for **LUNCH**

Tuesday April 8th from 10:00 AM to 2:00 PM

St. Clement's Parish Center, 1508 Bopp Road, Des Peres, 63131

The cost per person is **\$35.00. Please Make your Reservation by April 1st**

Send your name, those playing with you & your check made out to "Birthright Counseling STL" to:
Birthright Counseling STL, 2525 South Brentwood Blvd. #102, 63144 Attention: Card Party

OR Click on the following website to register & pay with a credit card:

https://app.etapestry.com/onlineforms/BirthrightCounselingStLouis_1/springcardparty.html

*** **If you have dietary restrictions, please inform us in advance!**

Questions? Call or Text Jane @ 314-570-6880

ARCHDIOCESAN LENTEN REGULATIONS

The Church has always helped us fulfill these words of Jesus by prescribing very definite penance for all Catholics, so that we too might have Eternal life. Accordingly, the Pope and the American Bishops have outlined obligatory fast and abstinence as follows:

Ash Wednesday (Wednesday March 5th, 2025) and Good Friday (April 18th, 2025) are days of *abstinence (refraining from meat)* for all Catholics *from the age of 14 onwards*. On these two days, *fast*, as well as *abstinence*, is also obligatory for those *from the ages of 18-59*. Abstinence means refraining from meat. Fast means one full meal a day, with two smaller meals and nothing between meals (liquids are permitted). No Catholic will lightly excuse himself or herself from this obligation.

All Fridays in Lent are days of *abstinence* from meat. Here again Catholics will not hold themselves lightly excused, but if there is a serious health problem, this obligation would not apply.



SAVE THE DATE!
SUNDAY MARCH 16TH
IS DONUT SUNDAY.



Do you want to know a great way to make this Lent even better? Listen to Catholic Radio! Shut off the noise and listen to solid Catholic teaching, prayers, and call-in programs. You can listen on a smart speaker, tell Alexa to play **Covenant Network Catholic Radio**, on our App, **Covenant Network**, online at **OurCatholicRadio.org**, or on your local Catholic radio station, **AM 1460 / 96.7 FM**. Make this a Lent to remember. Pray the **Visual Rosary** with sacred images for each prayer and the **Stations of the Cross**.

To all Separated, Divorced, Widowed, or Remarried Catholics:

We would like to invite you to join us for fun and to make new friends at the next meeting of the South County Separated, Divorced Widowed and Remarried Catholics (SCDC) on Thursday, March 27, 2025. We meet at St. Catherine Laboure Parish Cafeteria (next to the playground), 9740 Sappington Rd, Sunset Hills, MO. The meeting starts at 7:00 pm.

Following our short business meeting we will be having a Quartet to entertain us and enjoy refreshments. It's a fun evening!!

SCDC is a support group for the separated, divorced, widowed and remarried of our community but all are welcome. SCDC offers social activities for everyone that range from cards, game days, happy hours, and dinners. We also plan many other activities such as visits to wineries, area sites, etc.

Ask about our same day \$5 discount for new members.

For additional info -783please contact Tom Shepard, 781-221-7839.



Lolly's Place After-School Tutoring

Lolly's Place is *thrilled* to announce that we have launched a second tutoring location at Little Flower. We are very excited to be a part of your community!

Lolly's Place is a holistic, literacy focused, after-school tutoring and mentoring program for children in grades K-8. We work to close learning and academic achievement gaps for children from diverse backgrounds through customized services and one-on-one tutoring. We also infuse our program with a variety of enrichment and experiential learning activities.

To enroll your child, please visit <https://lollysplace.org/tutoring-enroll>. Feel free to call Mary Pat Gallagher at 314-800-4260 or email her at 2mpg@lollysplace.org

Our parish is offering a convenient service for contributions! Online Giving is a web-based application that allows you to start, stop and change your contributions at any time. Please notice that our offering envelopes now have a check box which indicates "I've given online," which you can use to present during offertory at Mass. Online Giving is very easy to use and requires no special knowledge other than how to access the Internet. If you haven't already signed up, then go to our parish website at www.littleflowerstl.org and select Online Giving or you can register at our parish app.

Simply scan with your smart device. It will take you to the on-line portal of our Website.



"A Holy Hour in front of the Blessed Sacrament is worth more than a thousand years of human glory."
 ~ St. Padre Pio



EUCCHARISTIC ADORATION is held in the Little Flower Chapel from 8:00am to 5:00pm every Friday. All are encouraged to come and spend whatever time you are able to in the Divine Presence of God.

*For more information and/or if you are able to commit to your own weekly hour of adoration, please contact:
 Jackie Waugh (314-704-5619) or Jane McCabe (314-605-6098)*

Mass Intentions

Monday 7:00am	March 10 Mac & Marita Dryden
Tuesday 7:00am	March 11 Bill & Betty Wells
Wednesday 7:00am	March 12 Celebrant's choice
Thursday 7:00am	March 13 Noreen Herzog
Friday 7:00am	March 14 Shirley Dolan
Saturday 5:00pm	March 15 Marie Gregg
Sunday 8:00am	March 16 Mary Kitta
10:30am	Katie Matula

Interested in answering Jesus' call to serve others? Join The Society of St. Vincent de Paul.

The society of St. Vincent de Paul provides clothes, shelter, food, medicine and more -and pays for utilities for people in need throughout the St. Louis region. Our personal, one-on-one approach gives people the help they need for today and helps them to see a better tomorrow. We are a Catholic lay organization, leading men and men to join together to grow spiritually by offering service to the needy and suffering. **Join Us.** See Christ in the face of the poor and to bring the love of God to those who are in material or spiritual need. You'll grow spiritually and make friends. **How to join us? Call the rectory at 314-645-1445**

*In your charity,
 please Pray for*

All the souls of the faithful departed, May they rest in peace...

The sick and shut-ins of our parish, especially:

- | | | |
|----------------------|------------------------|---------------------|
| Maria Adderley | Beverly Haffner | John McShane |
| Andrew Blum | Mary Ellen Havard | G. Tracy Mehan |
| John Boland | Louise Haynes | Mary Falk Mehan |
| Maxine Borowiak | Adrianna Hubb | Peg Mango |
| Jaxson Boyer | Chris Lewis Hutchcroft | Helen Mango |
| Frankie Boyer | Stan James | Stephanie Mortenson |
| Steve Bradshaw | Rebecca Jenson | David Nathe |
| Joanne Buchholz | Barb Jones | Sr. Jo Ann |
| Ellen Carmody | Chad Keeven | O'Connell, BVM |
| Kathleen Carter | Jeanne Kelly | Lachlan Oddy |
| Rachelle Chaney | Donald Kenney | Kristin Rafferty |
| Nicholas Coleman- | Mary Kinsley | Christi Rice Blum |
| Katie Crouch Willett | Kevin Koeller | Sue Rice |
| Clare Crouch | Joanne Kraus | Marguerite |
| Margie Curran | Ken Kuhlman | Scheidegger |
| Helena Czosnyka | Jack Lally | James Smith |
| Chandlor Davis | Julie Lally | Tony Snider |
| James Davis | Marianne Lally | Hollie Soto |
| James E. Davis | Jim LaMartina | Matthew Stuart |
| Nathan Glore Davis | Patty LaRochelle | Eddy Todd |
| Patrick Dolan | Mary Laws | Gary Underwood |
| Bill Edwards | Everleigh Lauber | Miriam Varas |
| Kathryn Fischer | Sherry Lopez | Margaret Verzino |
| Bill Flottmann | | Charles Volk |
| Peter Freundl | Elizabeth Lyons | Billy Wells |
| Ron Garnier | Emma Lyons | Joseph Wheeler |
| Joyce Griffen | Bob McShane | |

Readings for the week of March 9, 2025

Sunday: Dt 26:4-10/Ps 91:1-2, 10-11, 12-13, 14-15 (see 5b)/Rom 10:8-13/Lk 4:1-13

Monday: Lv 19:1-2, 11-18/Ps 19:8, 9, 10, 15/Mt 25:31-46

Tuesday: Is 55:10-11/Ps 34:4-5, 6-7, 16-17, 18-19/Mt 6:7-15

Wednesday: Jon 3:1-10/Ps 51:3-4, 12-13, 18-19/Lk 11:29-32

Thursday: Est C:12, 14-16, 23-25/Ps 138:1-2ab, 2cde-3, 7c-8/Mt 7:7-12

Friday: Ez 18:21-28/Ps 130:1-2, 3-4, 5-7a, 7bc-8/Mt 5:20-26

Saturday: Dt 26:16-19/Ps 119:1-2, 4-5, 7-8/Mt 5:43-48

Next Sunday: Gn 15:5-12, 17-18/Ps 27:1, 7-8, 8-9, 13-14/Phil 3:17—4:1 or 3:20—4:1/Lk 9:28b-36

PLEASE PRAY for our PARISHIONERS and/or LOVED ONES SERVING in the United States Military



- Allen Conrey
 Mollie Conrey
 Rebecca Conrey
 Blaise Coultier
 Alex Garofalo
 Derek Hirtz
 Brian Kloppenburg
 Justin Kloppenburg
 Alexander LaRochelle*

- Maurice Muro
 Ashton Piper
 Christopher Wamhoff
 Jonathon Habbe
 Dashawn Arrendondo
 Ean Eicher*