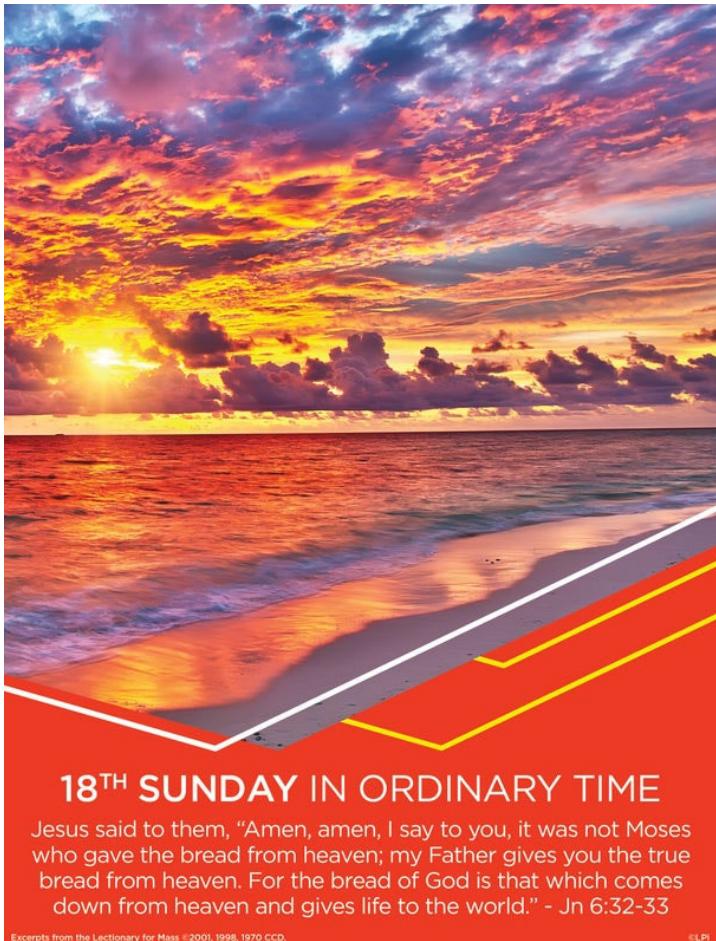


Church of the Little Flower

August 4th, 2024



18th Sunday in Ordinary

PASTORAL STAFF

Parochial Administrator

Fr. Christopher Rubie
314-645-1445 Ext. 12
frrubie@littleflowerstl.org

Senior Associate Pastor

Rev. Lawrence Herzog
314-645-1445 Ext. 12
lherzog@littleflowerstl.org

Senior Associate Pastor

Msgr. William McCumber
314-961-8400 Ext. 114
wmccumber@archstl.org

Parish Office Administrator

Ms. Debra Richter
314-645-1445 Ext. 10
drichter@littleflowerstl.org

Parish Bookkeeper

Ms. Christine Bodus
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Director of Music & Liturgy

Mr. Chuck Chauvin
314-645-1445 Ext. 16
cfchauvin@littleflowerstl.org

Custodian

Mr. Leonard Goff
Mr. David Solomon

CONTACT US

St. Vincent de Paul 314-289-6101 ext.2236

Parish Office 1264 Arch Terrace
Richmond Heights, MO 63117
phone: 314-645-1445
fax: 314-645-3258
littleflower@little-flower-parish.org

Parish Council: **Mr. Albert Anglin**
636-306-0361
aanglin12783@gmail.com

Parish Email littleflower@little-flower-parish.org

RCIA Email drichter@littleflowerstl.org
Office Hours Monday - Friday,
6:45am - 2:45pm

Website www.littleflowerstl.org

MISSION STATEMENT

The mission of the Eucharistic Community of the Little Flower is to deepen the relationship of its members with God and with each other; to witness to and, therefore, to reveal Jesus Christ and His Good News to the local and wider communities; and to serve as a model of Catholic Christian community valuing the diversity of backgrounds and sharing the gifts of its varied members.

MASS & SACRAMENTS

SUNDAY MASSES:

Saturday: 5:00pm

Sunday: 8:00am & 10:30am

WEEKDAY MASSES:

Monday - Friday: 7:00am

Holiday Masses: Please check the bulletin for Mass schedule

Legal Holidays: 9:00am

MORNING PRAYER of the LITURGY of the HOURS:

Monday through Friday: 7:30am

SACRAMENT OF RECONCILIATION:

Saturday: 4:00-4:45pm or 6:45am-6:55am Monday thru Friday

PERPETUAL HELP DEVOTIONS:

Tuesday: 6:45am (before 7:00am Mass)

ROSARY:

Saturday: 8:30am

ADORATION:

Friday: 8:00am-5:00pm

BAPTISMS:

Baptisms are a cause for celebration and may be celebrated with the entire parish at one of the weekend Masses. Parents are asked to complete the preparation sessions prior to scheduling the date for the baptism. Please call the parish office to arrange the sessions. A baptism class will be offered monthly on the second Sunday after the 10:30 Mass.

MARRIAGES:

Arrangements must be made six months in advance.

BULLETIN DEADLINE:

Monday at 1:00pm

Calendar of Events

MASSES WILL BE LIVE-STREAMED

Monday **August 5 (Fr. Herzog Confessions Mass)**
6:45-6:55 7:00am

Tuesday **August 6 (Fr. Herzog Confessions Mass Legion of Mary)**
6:45-6:55 7:00am
10:00am

Wednesday **August 7 (Msgr. McCumber Confessions Mass)**
6:45-6:55 7:00am

Thursday **August 8 (Fr. Herzog Mass)**
7:00am

Friday **August 9 (Fr. Rubie Confessions Mass Adoration)**
6:45-6:55 7:00am
8:00am-5:00pm Adoration

Saturday **August 10 (Fr. Rubie 4pm-4:45pm Confessions Mass Msgr. McCumber)**
5:00pm

Sunday **August 11**

8:00am Mass **(Fr. Herzog)**
10:00am-10:15am Confessions
10:30am Mass **(Fr. Rubie)**

Ministers of Service August 10 & 11 2024

MINISTERS OF SERVICE

08/10 5:00pm ~ **Server needed** K. Thomason P. McClure

08/11 8:00am ~ Malachi, Mattias & Anders Verry

08/11 10:30am ~ Clark, George & Rosemary Woods

THE GUILD of MOTHER ERNESTINE

(Sacristan Helpers)

08/10 5:00pm ~ B. Campeau **(Team C)**

08/11 8:00am ~ S. Condit

08/11 10:30am ~ C. Flottmann

LECTORS

08/10 5:00pm ~ C. Verry P. Keenoy

08/11 8:00am ~ B. Miller S. McDonald

08/11 10:30am ~ E. Carmody B. Carmody

"Do not work for food that perishes but for food that endures for eternal life..."

One of the most powerful experiences I had in my life in my relationship with the Lord Jesus Christ—present in the Most Blessed Sacrament—was immediately after my father died in September 2012. I was beginning my active discernment of the priesthood and I just moved into a discernment house for prospective seminarians. Two other young men were soon to join me in this discernment house with an adjacent chapel next door; however, they wouldn't be arriving until October at the earliest. The priest who lived in residence celebrated the first Mass at the house in mid September that year before leaving for a business trip. I was alone with Jesus as the only company, housed in the tabernacle in the chapel next door. On September 23, 2012 I received a call from my brother that was the shock of my life: my father died of a massive heart attack and I needed to go to the hospital. Feeling shocked, confused, and angry I didn't know how to process the experience. When I returned home from the hospital all I could do is go into the chapel and sit before the Blessed Sacrament. I did this for the days and weeks ahead and I could feel and experience the power of Jesus' consolation, peace, and abiding presence during that tumultuous time. I learned first hand the power, yet strange beauty, of redemptive suffering.

I also learned what it means to be truly nourished by the Lord as the “bread from heaven.” The Eucharist in this powerful encounter was a grace that fortified my belief that each time I receive him in Holy Communion and in quiet adoration he is always sustaining me with “food that endures for eternal life.” This is true even when my experiences are not as powerful and extraordinary as they were in September 2012. Yet, that lived experience of dynamically encountering Jesus Christ in the Eucharist gave me the perspective of seeing this heavenly bread as my true food that gives me life beyond what other food can give: it nourishes my soul for the journey to our heavenly homeland. In our Gospel today, Jesus emphasizes this to the crowd that seeks to be fed again with the miracle of feeding the five thousand. The crowd, in other words, wanted another free meal with “food that perishes, rather than the one that endures.” They recognized Jesus as a prophet like Moses, but simply wanted to be fed again with ordinary food. They missed the point: Jesus’ miracle was a way to lead them to recognize something greater that is in store for them; Jesus himself will be their “bread from heaven” and will nourish them to a degree far greater than they can possibly imagine.

This calls us to examine our own lives and attitude toward the Holy Eucharist. Do we approach Jesus in the Blessed Sacrament as if he's merely a symbol, without acknowledging him truly and substantially present in the Host? Do we shy away from spending time in prayer before his divine presence in the Holy Eucharist in adoration, whether the Blessed Sacrament is exposed in the monstrance or housed in the tabernacle? Part of the reason why the travesty of the opening ceremony for the Paris Olympics this year willingly or unwillingly mocked DaVinci's “Last Supper” is due to the cultural disbelief in the Lord's real presence in the Holy Eucharist. The mocking portrait of the Last Supper was truly outrageous and should rightfully be condemned. But it underscores the reality in our western culture where a lot of people not only are oblivious to the existence of God in their lives, they also don't recognize that God is substantially present to them! This is the biggest tragedy in our world.

For us as bearers of light and as Christians who rightfully seek the food that endures for eternal life, let us strive to receive Jesus, the true bread that comes down from heaven, in the Holy Eucharist at Mass and in quiet times of adoration. In our parish we have opportunities for daily Mass and exposition of the Blessed Sacrament on Fridays. Please come and be fed with the Bread of Life!

In Christ the Savior,




“Each day the people are to go out and gather their daily portion; thus will I test them, to see whether they follow my instructions or not.”

(Exodus 16:4)

When the Israelites gathered more than their daily portion of manna, the surplus became wormy and rotten. In the same way today, self-reliance, pride and ego leads to hoarding and excessive surplus of goods and money. Living a stewardship lifestyle helps us discern our “wants” from our “needs”. Living a grateful and generous lifestyle reminds us that God will provide all that we need and that we have plenty to share.

PRAYERS OF THE FAITHFUL

That we recognize the difference between what we need and what we want and trust that God has provided us with enough to share.

Amen



OCIA LESSON - THE GIFT OF FREQUENT HOLY COMMUNION

In 1910 Pope Pius X encouraged frequent reception of Holy Communion. Customarily the laity received Communion once a year. Pope Pius X also recommended that children as young as seven be allowed First Communion. First Communion had been reserved for children at least 12 to 14 years old.

Since the late 4th century—out of reverence—only those who were fasting from food or drink (including water) could receive the Eucharist. Before the time of Pius XII the Eucharistic fast prior to Communion was from midnight. Consequently Masses were usually celebrated in the morning.

By 1957 Pius XII granted a relaxation of the fasting rule where water and medicine were permitted because evening Masses were now allowed. The fasting from food regulation was changed to three hours before receiving Communion.

In 1964 Pope Paul VI permitted that the fasting rule be one hour before Communion except for only water and medicine. It is a privilege to live in the age of frequent Holy Communion, an opportunity for grace and being transformed into whom we receive.

Source: Vatican Official Website Are you interested in becoming Catholic? Please call 314-645-1445



The 5th Annual FESTIVAL OF SAINT LOUIS

AUGUST 17th - 24th, 2024

HOLY ROSARY NOVENA - 6:30 P.M.
Apotheosis of St. Louis on Art Hill
1 Fine Arts Drive, St. Louis, 63110

FRIDAY, AUGUST 23rd
MUSIC OF THE CRUSADES CONCERT - 7 P.M.
St. Francis de Sales Oratory
2653 Ohio Ave, St. Louis, MO 63118

SATURDAY, AUGUST 24th

LUDOVICANUM PARTY - 11 A.M. TO 2 P.M.
Sunset 44 Bistro (details at festivalofsaintlouis.com)

FIRST VESPERS - 5 P.M.
Oratory of SS. Gregory and Augustine
7230 Dale Ave, St. Louis, 63117

SUNDAY, AUGUST 25th

SOLEMN MASS OF SAINT LOUIS - 10:00 A.M.
Oratory of SS. Gregory and Augustine

LOUISMAS BBQ - 12 NOON
Oratory of SS. Gregory and Augustine

SECOND VESPERS - 2:30 P.M.
Oratory of SS. Gregory and Augustine

HOLY HOUR 4 P.M.
Oratory of SS. Gregory and Augustine

PROCESSION WITH RELIC OF SAINT LOUIS - 5 P.M.
From Oratory of SS. Gregory and Augustine to Art Hill
2 Miles - Free shuttle available for return

HOLY ROSARY AT STATUE - 6 P.M.
Free Ice Cream Reception to follow
1 Fine Arts Drive, St. Louis, 63110

See more events and details online:
festivalofsaintlouis.com



Little Flower Parish



We need everyone to help make this next year fabulous!

Call Deb at the office

314.645.1445 to sign up

SAVE THE DATE!

August 11th

Welcome Fr. Rubie and Donut Social in the Parish Hall after the 10:30am Mass!



Worldwide Marriage Encounter presents weekend experiences for married couples to rekindle romance, enhance meaningful communication, and deepen and renew commitment. Below are our remaining 2024 experiences. Sign-up now as space is limited! For more information or to apply, go to wwme.org or Call Terry & Eric Engholm at 314-649-7317.

8/2/2024-8/4/2024 St. Peters, MO

9/27/2024-9/29/2024 St. Peters, MO.

10/11/2024-10/13/2024 Springfield, IL

12/6/2024-12/8/2024 St. Peters, MO



THE LITTLE FLOWER COMMUNITY OPPORTUNITY



First Saturday Prayer Campaign

July 6, August 3, September 7, October 5 & November 2

To Save Preborn Children and Empower Missouri Women



"There is no problem, no matter how difficult it is, whether temporal or above all spiritual, in the personal life of each one of us, of our families... that cannot be solved by the Rosary."

~ St. Lucia of Fatima

As part of the [Archdiocesan 140 Prayer Days for Life Campaign to defeat the Missouri Abortion Ballot Initiative](#), the Respect Life Apostolate invites Missouri Catholics and other pro-life advocates to unite in prayer on the first Saturday of each month from now until the election (July 6, August 3, September 7, October 5, and November 2).

During First Saturday Prayer Campaign, the faithful, schools, groups, and parishes are invited to:

1. **Pray the Rosary** on each of the five first Saturdays.
⇒ Rosary how-to: <https://www.usccb.org/how-to-pray-the-rosary>
- OR -
2. **Take part in the full First Saturday Devotion** as revealed by Our Blessed Mother to St. Lucia in Fatima, Portugal (Holy Mass, Rosary, Sacrament of Reconciliation, and meditating on the Rosary's mysteries for 15 minutes).
⇒ Learn more about the full devotion at: <https://www.bluearmy.com/5-things-to-know-about-first-saturday/>

Pro-Life Prayer Resources

U.S. Catholic Conference of Bishops
usccb.org/pro-life-prayer

Walking with Moms in Need
walkingwithmoms.com/pray-for-moms

Respect Life Apostolate
bit.ly/PrayForLife-2024



For additional resources about the Missouri Ballot Initiative:
Respect Life Apostolate - Archdiocese of St. Louis
prolife@archstl.org — archstl.org/respect-life-apostolate/programs/public-policy



Little Flower 100th Anniversary Committee Meeting

There will be a meeting about our 100th Anniversary Celebration at Little Flower. The meeting will be August 8th at 7:00pm in the Rectory. If you would like to help plan the celebration please try to attend this meeting. We can always use more volunteers and everyone is welcome!

Our parish is offering a convenient service for contributions! Online Giving is a web-based application that allows you to start, stop and change your contributions at any time. Please notice that our offering envelopes now have a check box which indicates "I've given online," which you can use to present during offertory at Mass. Online Giving is very easy to use and requires no special knowledge other than how to access the Internet. If you haven't already signed up, then go to our parish website at www.littleflowerstl.org and select Online Giving or you can register at our parish app. Simply scan with your Smart Device. It will take you to the on-line giving portal of our website.



DID YOU KNOW?

Did you know that the Eucharist is our spiritual food, if we don't receive it we will not have the strength to bring Him to others?

Need healing after abortion? Contact:
Abortion Healing Ministry, Archdiocese of St. Louis
Hopeline (call/text): 314.406.0815
hopehealing@archstl.org
www.abortionchangesyou.com
www.supportafterabortion.com

The Pro-Life Committee at St Mary Magdalene has extended an invitation to any and all Little Flower Parishioners to join them.

They meet the second Monday of the month from 7:00-8:00pm in the SMM Church basement. This is an active and effective group who would welcome those who want to defend and support women and their unborn babies.

Stewardship Prayer of St. Ignatius Loyola

Take, Lord, and receive all my liberty, my memory, my understanding and my entire will – all that I have and call my own.

You have given it all to me.

To you, Lord, I return it.

Everything is yours; do with it what you will.

Give me only your love and your grace. That is enough for me.

Did you Know?

If you are homebound or know of anyone in the parish who is homebound, and would like to receive Communion please contact the rectory office at 314-645-1445. We will be happy to arrange that.

Also if you are homebound and do not have access to a computer, we would gladly send you a weekly copy of the bulletin. Please let us know what we can do for you by calling the rectory office. 314-645-1445

Our Lady of Guadalupe for Life SAVE THE DATE

15th Annual Benefit Dinner
Sunday, October 13, 2024

Keynote Speaker
Bishop David Konderla
Bishop of Tulsa, Oklahoma



Fr. Anthony Wieck, SJ

Zip Rzepka

Scott Kennebeck

Also joining us will be:



Where: Orlando's Garden South

4300 Hoffmeister Ave.
Hwy 55 at Union Rd., St. Louis, MO 63125

Holy Sacrifice of the Mass at 4:00 pm
Followed by Cocktails and Dinner

Scan if you would like to receive an invitation to the dinner:



More information go to: ourladyforlife.com

We Need You to PRAY



In November, there is a potential amendment that would enshrine abortion in the Missouri Constitution

If passed, it will:

- Allow unlimited, unrestricted abortions *for all 9 months of pregnancy*
- NO parental consent or notification
- NO health and safety standards
- NO ability to sue for malpractice
- Taxpayer funded

WHAT YOU CAN DO:

Pray the Rosary daily



Scan here or go to:
therosary.online

Pray the Cardinal Burke Novena daily



Scan here or go to:
novena.cardinalburke.com



"There is no problem, no matter how difficult it is, I tell you, that we cannot resolve by the Rosary."
-Saint Lucia of Fatima

"A Holy Hour in front of the Blessed Sacrament is worth more than a thousand years of human glory."

~ St. Padre Pio



EUCCHARISTIC ADORATION is held in the Little Flower Chapel from 8:00am to 5:00pm every Friday. All are encouraged to come and spend whatever time you are able to in the Divine Presence of God.

For more information and/or if you are able to commit to your own weekly hour of adoration, please contact:
Margie Curran (645-1709) or Anita Blattenberger (330-6796)

Interested in answering Jesus' call to serve others? Join The Society of St. Vincent de Paul.

The society of St. Vincent de Paul provides clothes, shelter, food, medicine and more -and pays for utilities for people in need throughout the St. Louis region. Our personal, one-on-one approach gives people the help they need for today and helps them to see a better tomorrow. We are a Catholic lay organization, leading men and men to join together to grow spiritually by offering service to the needy and suffering. **Join Us.** See Christ in the face of the poor and to bring the love of God to those who are in material or spiritual need. You'll grow spiritually and make friends. **How to join us?** Call the rectory at 314-645-1445

*In your charity,
please Pray for*

all the souls of the faithful departed, May they rest in peace...

The sick and shut-ins of our parish, especially:

| | | |
|----------------------|------------------------|------------------------|
| Andrew Blum | Beverly Haffner | Bob McShane |
| John Boland | Mary Ellen Havard | John McShane |
| Maxine Borowiak | Louise Haynes | G. Tracy Mehan |
| Jaxson Boyer | Adrianna Hubb | Mary Falk Mehan |
| Frankie Boyer | Chris Lewis Hutchcroft | Peg Mango |
| Steve Bradshaw | Stan James | Helen Mango |
| Joanne Buchholz | Barb Jones | David Nathe |
| Marissa Campeau | Chad Keeven | Sr. Jo Ann |
| Ellen Carmody | Donald Kenney | O'Connell, BVM |
| Kathleen Carter | Mary Kinsley | Lachlan Oddy |
| Rachelle Chaney | Kevin Koeller | Kristin Rafferty |
| Nicholas Coleman- | Joanne Kraus | Christi Rice Blum |
| Katie Crouch Willett | Ken Kuhlman | Sue Rice |
| Clare Crouch | Jack Lally | Marguerite Scheidegger |
| Margie Curran | Julie Lally | Tom Schuette |
| Helena Czosnyka | Marianne Lally | James Smith |
| Chandelier Davis | Jim LaMartina | Tony Snider |
| James Davis | Patty LaRochelle | Hollie Soto |
| James E. Davis | Mary Laws | Matthew Stuart |
| Nathan Glore Davis | Everleigh Lauber | Gary Underwood |
| Patrick Dolan | Sherry Lopez | Miriam Varas |
| Bill Edwards | Greg & Shelley | Margaret Verzino |
| Kathryn Fischer | Lowrey | Charles Volk |
| Bill Flottmann | Elizabeth Lyons | Billy Wells |
| Peter Freundl | Emma Lyons | Joseph Wheeler |
| Ron Garnier | Bob McShane | |
| Joyce Griffen | | |

Mass Intentions

| | |
|------------------|--|
| <i>Monday</i> | <i>August 5</i> |
| 7:00am | Dan Miller |
| <i>Tuesday</i> | <i>August 6</i> |
| 7:00am | Sp. Intention-Kevin & Collette Buckley-Anniversary |
| <i>Wednesday</i> | <i>August 7</i> |
| 7:00am | Mary Lou Salato |
| <i>Thursday</i> | <i>August 8</i> |
| 7:00am | Joann Ruoff |
| <i>Friday</i> | <i>August 9</i> |
| 7:00am | Jean Leonhardt |
| <i>Saturday</i> | <i>August 10</i> |
| 5:00pm | Salvatore Colletti |
| <i>Sunday</i> | <i>August 11</i> |
| 8:00am | Jean Leonhardt |
| 10:30am | People of Little Flower & St. Mary Magdalene |

Readings for the week of August 4, 2024

Sunday: Ex 16:2-4, 12-15/Ps 78:3-4, 23-24, 25, 54 (24b)/Eph 4:17, 20-24/Jn 6:24-35

Monday: Jer 28:1-17/Ps 119:29, 43, 79, 80, 95, 102/Mt 14:13-21

Tuesday: Dn 7:9-10, 13-14/Ps 97:1-2, 5-6, 9/2 Pt 1:16-19/Mk 9:2-10

Wednesday: Jer 31:1-7/Jer 31:10, 11-12ab, 13/Mt 15:21-28

Thursday: Jer 31:31-34/Ps 51:12-13, 14-15, 18-19/Mt 16:13-23

Friday: Na 2:1, 3; 3:1-3, 6-7/Dt 32:35cd-36ab, 39abcd, 41/Mt 16:24-28

Saturday: 2 Cor 9:6-10/Ps 112:1-2, 5-6, 7-8, 9/Jn 12:24-26

Next Sunday: 1 Kgs 19:4-8/Ps 34:2-3, 4-5, 6-7, 8-9 (9a)/Eph 4:30—5:2/Jn 6:41-51

**PLEASE PRAY for our PARISHIONERS
and/or LOVED ONES SERVING in the United States
Military**



Allen Conrey
Mollie Conrey
Rebecca Conrey
Blaise Coultier
Alex Garofalo
Derek Hirtz
Brian Kloppenburg
Justin Kloppenburg
Alexander LaRochelle

Maurice Muro
Ashton Piper
Christopher Wamhoff
John Weber
Jonathon Habbe
Dashawn Arrendondo
Ean Eicher