

Church of the Little Flower

January 28th, 2024

Fourth Sunday in Ordinary



"We Remember"

"We Celebrate"

"We Believe"

MISSION STATEMENT

The mission of the Eucharistic Community of the Little Flower is to deepen the relationship of its members with God and with each other; to witness to and, therefore, to reveal Jesus Christ and His Good News to the local and wider communities; and to serve as a model of Catholic Christian community valuing the diversity of backgrounds and sharing the gifts of its varied members.

PASTORAL STAFF

Pastor Msgr. Timothy Cronin
314-961-8400 Ext. 101
msgrcronin@gmail.com

Senior Associate Pastor
Rev. Lawrence Herzog
314-645-1445 Ext. 12
lherzog@littleflowerstl.org

Senior Associate Pastor
Msgr. William McCumber
314-961-8400 Ext. 114
wmccumber@archstl.org

Parish Office Administrator
Ms. Debra Richter
314-645-1445 Ext. 10
drichter@littleflowerstl.org

Parish Bookkeeper
Ms. Christine Bodus
314-645-1445 Ext. 11
cbodus@littleflowerstl.org

Director of Music & Liturgy
Mr. Chuck Chauvin
314-645-1445 Ext. 16
cfchauvin@littleflowerstl.org

New Latin Mass Music Ms. Regina Morris,
morrisrp@swbell.net

Custodian Mr. Leonard Goff

School Administration Principal Gloria Openlander
314-781-4995

Administrative Asst Ms. Lisa Chassaing
314-781-4995
lchassaing@littleflowerstl.org

CONTACT US

St. Vincent de Paul 314-289-6101 ext.2236

Parish Office 1264 Arch Terrace
Richmond Heights, MO 63117
phone: 314-645-1445
fax: 314-645-3258
littleflower@little-flower-parish.org

School Office 1275 Boland Place
Richmond Heights, MO 63117
phone: 314-781-4995

Parish Email
littleflower@little-flower-parish.org

RCIA Email
drichter@littleflowerstl.org

Office Hours Monday - Friday,
6:45am - 2:45pm

Website www.littleflowerstl.org

MASS & SACRAMENTS

SUNDAY MASSES:

Saturday: 5:00pm
 Sunday: 8:00am & 10:30am
 Sunday, Latin Mass: 9:15am
 Liturgy of the Word for Children at 10:30am Mass during the school year

WEEKDAY MASSES:

Monday - Friday: 7:00am
 Saturday: 8:00am
 Holyday Masses: Please check the bulletin for Mass schedule

Legal Holidays: 9:00am
 School Mass: 8:15am Wednesdays (during school year)

MORNING PRAYER of the LITURGY of the HOURS:

Monday through Sunday: 7:30am

SACRAMENT OF RECONCILIATION:

Saturday: 4:00-4:45pm or by appointment and before every Mass

PERPETUAL HELP DEVOTIONS:

Tuesday: 6:45am (before 7:00am Mass)

ROSARY:

Saturday: 8:30am

ADORATION: Friday: 8:00am-5:00pm

BAPTISMS:

Baptisms are a cause for celebration and may be celebrated with the entire parish at one of the weekend Masses. Parents are asked to complete the preparation sessions prior to scheduling the date for the baptism. Please call the parish office to arrange the sessions. A baptism class will be offered monthly on the second Sunday after the 10:30 Mass.

MARRIAGES:

Arrangements must be made six months in advance.

Calendar of Events

MASSES WILL BE LIVE-STREAMED

Monday 7:00am	January 29 Mass
Tuesday 7:00am 10:00am	January 30 Mass Legion of Mary
Wednesday 7:00am 8:15am	January 31 Mass Mass
Thursday 7:00am	February 1 Mass
Friday 7:00am	February 2 Mass ADORATION 8:00AM-5:00PM
Saturday 8:00am 5:00pm	February 3 Mass Mass
Sunday 8:00am 9:15am 10:30am	February 4 Mass New Latin Mass Mass

Ministers of Service Feb. 03 & Feb. 04 2023

MINISTERS OF SERVICE

02/03 5:00pm ~ M. Basi Cu. Koontz P. McClure
 02/04 8:00am ~ M. & M. Verry H. Reinagel
 02/04 10:30am ~ Cl. Koontz D. Dietz W. Dietz

LECTORS

02/03 5:00pm ~ L. & J. Waugh
 02/04 8:00am ~ B. Miller S. McDonald
 02/04 10:30am ~ M. Chauvin K. Koeller

THE GUILD of MOTHER ERNESTINE

(Sacristan Helpers)

02/03 5:00pm ~ P. Keenoy **Team A**
 02/04 8:00am ~ K. Sargent
 02/04 10:30am ~ K. & S. Toombs

MINISTERS OF HOSPITALITY

02/03 5:00pm ~ Volunteer Volunteer
 02/04 8:00am ~ Volunteer Volunteer
 02/04 10:30am ~ Volunteer Volunteer

FROM THE PASTOR'S DESK

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Obedience unites us so closely to God that it in a way transforms us into Him, so that we have no other will but His. If obedience is lacking, even prayer can not please God. – St. Thomas Aquinas

In today's Gospel it is proclaimed: "In their synagogue was a man with an unclean spirit; he cried out, 'What have you to do with us, Jesus of Nazareth? Have you come to destroy us? I know who you are—the Holy One of God!' Jesus rebuked him and said, 'Quiet! Come out of him!' The unclean spirit convulsed him and with a loud cry came out of him. All were amazed and asked one another, 'What is this? A new teaching with authority. He commands even the unclean spirits and they obey him.'"

In our life we have come across people who are involved in hard work and have plenty of energy to work night and day and accomplish the task. Here we have a person, Jesus who is tireless and works with patience for long hours, for the sake of people. He seems to be always busy and at the same time is fully involved with people. The Gospel of today tells us of the work of Jesus as he taught in the synagogues of Capernaum, and worked his miracles there. People were just amazed at this ability to teach for he had never revealed himself as scholar at any time. In fact he never had any formal education. Yet people easily said that he taught with authority and not as the scribes and Pharisees. Authority means the ability to perform an action without hindrance. The teaching of Jesus manifested the dominion of God which Jesus himself had declared to be close at hand. His authority meant his control over everything and he could command over the nature and even the evil spirits. His authority was divine. The authority of Jesus is seen throughout the New Testament where He overthrows the rule of Satan, the Prince of this world, by establishing the invisible Kingdom of God on earth

Today's passage from Mark is really the beginning of a busy day or a typical day for Jesus in which are contained, all the important characteristics of his public life. The Gospel tells us what Jesus routinely did every day during his public life. He joins in public worship in the Synagogue; he teaches doctrine to people; he preaches the word of God, he heals, he drives out evil spirits, and shows his compassion on all. Mark also tells us of his routine that he prayed privately which certainly would have surprised his companions. There is also the astounded reaction of the ordinary people about his greatness.

This first reported day in Jesus' public life is a Sabbath day. And we find Jesus with his fellow townsmen in the synagogue. It is important for us to realize that Jesus was a practicing Jew and he normally observed the requirements of the Jewish faith, as did his disciples even after the resurrection. He never criticized that faith. What he did criticize was the distortions, hypocrisies and other corrupting elements. Jesus' message is, as he says about his task in the Gospel of Matthew, not an abrogation of the Jewish faith but carrying it to its logical fulfillment. The synagogue service was basically a Scripture reading and a prayer service. There was no sacrifice; that was confined to one place, the Temple in Jerusalem. Most Jews very seldom went to the Temple for the simple reason that, for most of them, it was too far away. We see Jesus apparently going there about once a year or, like his compatriots, for some of the major feasts.

However, on every Sabbath they went to their local synagogue for common worship and prayer. The routine service was performed. There were some prayers, reading from the Scripture and someone preached. In the synagogue, anyone could be invited to get up and preach. On this particular Sabbath day, Jesus was invited and he spoke differently. He spoke the words of the Father giving his own interpretation.

Two things stand out in this incident. First of all, the first miracle performed by Jesus is an exorcism. The first miracle of an exorcism is a sign that evil is destroyed in the Divine Presence of Jesus. Secondly, the evil spirit that possessed the man recognized Jesus as the Messiah, and expressed His true identity in public. The people had never seen such great power. The authority of Jesus was over the invisible world as much as over the visible one to bring about the healing.

God Bless---Fr. H



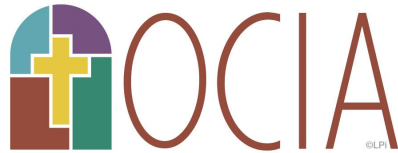
"Brothers and sisters: I should like to be free of anxieties."

(1 Corinthians 7:32)

How much anxiety do we bring upon ourselves by constantly worrying about not having enough or attaining more things? God won't necessarily give you everything you want, but He will provide everything you need. Try this—use the word "pray" instead of the word "worry" in the future. Then spend your time praying instead of worrying.

PRAYERS OF THE FAITHFUL

*That we may open our hearts to receive more fully all of God's simple and abundant blessings.
Amen*



ACTUAL GRACE

Living a life of grace means sharing God's life. **Sanctifying grace** makes us children of God. **Actual grace** refers to the particular prompts and assistance that God gives us to act in ways leading to holiness. Some examples of responding to actual grace are:
Taking time to listen to someone who is lonely
Offering to relieve a caregiver
Walking away from a temptation that could lead to sin
Making a spiritual retreat
Spending 15 minutes in Adoration of the Blessed Sacrament

If interested in OCIA, call Debra at the rectory 341-645-1445



The Vocational Chalice is in need of more families to host it. If you are interested, Please stop by the All Soul's Chapel and sign up. It's a privilege to have this beautiful chalice in your home. Please consider joining in this ministry. Contact Jackie Waugh at 314-704-5619 or jwaugh123@charter.net for more information.

Revival News! We are looking to begin the next phase of Eucharistic Revival here at Little Flower. This will be a 7 week Lenten Adult Faith Formation experience entitled "Jesus and the Eucharist". I'm hoping to start it the first week of February. I would host an evening group but would need someone to host a day group. The plan is to meet in the Cry Room. Check out the series at Eucharisticrevival.com under the parish point person resources at the bottom of the page. If you are interested in facilitating the day group, contact Jackie Waugh at 314-704-5619 or jwaugh123@charter.net. Thanks in advance for your interest in the revival.

Little Flower on YouTube

Did you know the Little Flower parish is on YouTube? We livestream all of our Masses, Sacred Devotions and Morning Prayer. Please subscribe to our YouTube channel, **Little Flower Parish - Richmond Heights**. Be sure and **LIKE** our videos, and share this information with your family and friends.

COME TO THE TABLE for a PROGRESSIVE DINNER hosted by the LITTLE FLOWER LADIES CLUB and YOU!

HOSTS are needed for an eventful evening with old and new friends. If you are interested in hosting a dinner for our Progressive Dinner on Saturday, February 10, 2024, please contact Jean Flanagan at 314-608-5281, jflanaga@wustl.edu.

Today and Tomorrow Educational Foundation This is not the MOScholars application.

January 22, 2024 - TTEF application opens online Online application opens for all families, new and re-applying Parents are to apply as early as possible.
February 28, 2024- Beyond Sunday, Catholic Families Tuition Assistance (CFTA), and the Parish Employees Endowment Fund (PEEF) applications close. To be considered for these programs, all families must apply between January 22, 2024 -February 28, 2024. Families re-apply or apply new for Alive! In Christ and Help-For-Today, Hope-For-Tomorrow. Scholarships are available.
2024-2025 TTEF emails the award letters in late March.



There is a Little Flower parishioner currently looking for a 1 or 2 bedroom apartment within the LF parish area. If you have one for rent or know of someone who does please contact the rectory at 314-645-1445.
Thank you for your help!

CONTRIBUTIONS 2023

If you itemize deductions and would like a contribution statement for 2023, please fill out the form and drop it in the collection basket or mail it to the rectory. Statements will be mailed by February 16, 2024.

NAME _____

ADDRESS _____

ENVELOPE # _____



Little Flower
Catholic School

A LETTER FROM THE LITTLE FLOWER PRINCIPAL

After reading about the updated proposal in Msgr Cronin's letter, you are probably wondering about the term blended learning.

The enclosed article link may help you have a better understanding. Alyssa Reinagel provided the Blended Learning link for Parish Council and School Board.

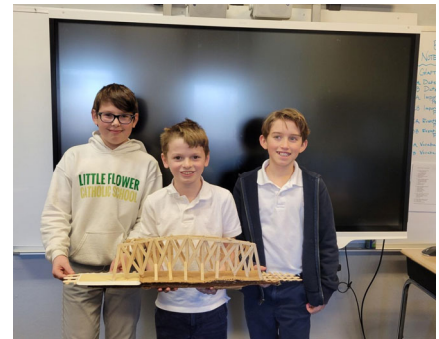
<http://hechingerreport.org/catholic-schools-turn-blended-learning-way-address-students-individual-needs/>

Hopefully these examples of blended learning using technology and traditional teaching methods will provide a better understanding of this concept.

1. Grade 6: Mrs. Duncan used the **online** Savvas Science Program, students learned how to make Daring Bridges that are safe in the environment and ecosystems.

2. Grade 3: Ms. Meyer uses the myOn Renaissance Library to read **online** books and articles at their individual reading level. Students have the option of listening to the book. The teacher provides online quizzes for the students about their reading level.

3. Kg: Ms. Bath uses the **online** Renaissance Freckle Math to reinforce the learning of the Math Standards at each child's individual Math level. Ms. Bath uses this time to provide one on one instruction with students for Math.



Gloria Openlander
Principal
Little Flower Catholic School
1275 Boland Place
Richmond Heights, MO 63117
314-781-4995



Our parish is offering a convenient service for contributions! Online Giving is a web-based application that allows you to start, stop and change your contributions at any time. Please notice that our offering envelopes now have a check box which indicates "I've given online," which you can use to present during offertory at Mass. Online Giving is very easy to use and requires no special knowledge other than how to access the Internet. If you haven't already signed up, then go to our parish website at www.littleflowerstl.org and select Online Giving or you can register at our parish app. Simply scan with your Smart Device. It will take you to the on-line giving portal of our website.



World Marriage Day

On Sunday, February 11, 2024, at the 12:00 pm Mass, Auxiliary Bishop Mark S. Rivituso will celebrate a Mass for World Marriage Day at the Cathedral Basilica of St. Louis, 4431 Lindell Blvd., St. Louis, MO. A reception will follow in Boland Hall. All married couples are invited to attend and celebrate the gift of marriage. World Marriage Day honors husband and wife as the foundation of the family – the basic unit of society. It emphasizes the faithfulness, sacrifice and joy of daily married life. World Marriage Day started in Baton Rouge, LA in 1981 and was later adopted by Worldwide Marriage Encounter, who now is sponsoring this event on February 11th.

Did you Know?

If you are homebound or know of anyone in the parish who is homebound, and would like to receive Communion please contact the rectory office at 314-645-1445. We will be happy to arrange that.

Also if you are homebound and do not have access to a computer, we would gladly send you a weekly copy of the bulletin. Please let us know what we can do for you by calling the rectory office. 314-645-1445

Join us for First Friday Devotions

Bring the whole family to join the Sodality of the Most Sacred Heart on **Friday, February 2, 2024, 4:30p.m. - 7:30p.m.** as we honor and offer reparation to Our Lord's Most Sacred Heart during Adoration, Reconciliation, and Holy Mass. After mass, enjoy a light Dinner (free-will offering) followed by a Reflection. *Activities and games for Children available during the Reflection. **Celebrant and Speaker: Fr. Sam Conedera, SJ**, Assistant Professor, School of History, St. Louis University. **Event Location:** St. Mary Magdalen Church, 2618 S. Brentwood Blvd., St. Louis, MO 63144. For more information, visit: MostSacredHeart.net

POLYHYMNIA
Women's Choir
Presents
O Sacred Banquet
A Concert of Medieval to
Modern Sacred Music
Devoted to the Eucharist.

Kenrick-Glennon Seminary
St. Joseph Chapel
5200 Glennon Dr.
St. Louis, MO 63119

**Fri., Feb. 2nd
7 PM**

[HTTPS://WWW.POLYHYMNIA SAINTLOUIS.COM/EVENTS](https://www.polyhymniasaintlouis.com/events)

Join us for a Pre-Lent Day of Reflection Saturday, FEB. 10, 2024 -

All are invited to join us for a day of silent reflection and adoration of the Blessed Sacrament. The day begins with 8 AM Mass followed by a light breakfast. Throughout the day we will have three Reflections, plus Confession, Prayer ministry teams, and Private conferences* with priests available. (We recommend to those desiring a 15-minute private conference to register early as conferences are limited and will be offered to attendees in order of registration.) Box lunch is provided as well as water, tea and coffee. Cost is \$30, payable to Sodality of the Most Sacred Heart the day of the retreat. For more information and to register, visit: MostSacredHeart.net. **Event Location:** St. Mary Magdalen Church, 2618 S. Brentwood Blvd., St. Louis, MO 63144

The Rosary Crusade for America and the Church will be prayed every Saturday at 4:30 in the Little Chapel. Whether you attend the 5:00 Mass or just join for the rosary, everyone is invited.



"A Holy Hour in front of the Blessed Sacrament is worth more than a thousand years of human glory."
 ~ St. Padre Pio



EUCCHARISTIC ADORATION is held in the Little Flower Chapel from 8:00am to 5:00pm every Friday. All are encouraged to come and spend whatever time you are able to in the Divine Presence of God.

For more information and/or if you are able to commit to your own weekly hour of adoration, please contact:
 Margie Curran (645-1709) or Anita Blattenberger (644-4740)

Interested in answering Jesus' call to serve others? Join The Society of St. Vincent de Paul.

The society of St. Vincent de Paul provides clothes, shelter, food, medicine and more -and pays for utilities for people in need throughout the St. Louis region. Our personal, one-on-one approach gives people the help they need for today and helps them to see a better tomorrow. We are a Catholic lay organization, leading men and men to join together to grow spiritually by offering service to the needy and suffering. **Join Us.** See Christ in the face of the poor and to bring the love of God to those who are in material or spiritual need. You'll grow spiritually and make friends. **How to join us? Call the rectory at 314-645-1445**

*In your charity,
 please Pray for*

all the souls of the faithful departed, May they rest in peace...

The sick and shut-ins of our parish, especially:

- | | | |
|----------------------|------------------------|--------------------|
| Amos James Becker | Beverly Haffner | Mary Falk Mehan |
| Andrew Blum | Mary Ellen Havard | Peg Mango |
| John Boland | Louise Haynes | Helen Mango |
| Maxine Borowiak | Adrianna Hubb | David Nathe |
| Jaxson Boyer | Chris Lewis Hutchcroft | Sr. Jo Ann |
| Frankie Boyer | Stan James | O'Connell, BVM |
| Steve Bradshaw | Barb Jones | Lachlan Oddy |
| Joanne Buchholz | Chad Keeven | Kristin Rafferty |
| Marissa Campeau | Donald Kenney | Christi Rice Blum |
| Ellen Carmody | Mary Kinsley | Sue Rice |
| Kathleen Carter | Joanne Kraus | Ken Roberts |
| Rachelle Chaney | Ken Kuhlman | Marguerite |
| Nicholas Coleman | Jack Lally | Scheidegger |
| Katie Crouch Willett | Julie Lally | Tom Schuette |
| Clare Crouch | Marianne Lally | James Smith |
| Helena Czosnyka | Jim LaMartina | Tony Snider |
| Chandolor Davis | Patty LaRochelle | Hollie Soto |
| James Davis | Mary Laws | Matthew Stuart |
| James E. Davis | Everleigh Lauber | Gary Underwood |
| Nathan Glore Davis | Jean Leonhardt | Miriam Varas |
| Bill Edwards | Sherry Lopez | Margaret Verzino |
| Kathryn Fischer | Greg & Shelley | Charles Volk |
| Peter Freundl | Lowrey | Bob Warren |
| Ron Garnier | Elizabeth Lyons | Billy Wells |
| Joyce Griffen | Emma Lyons | Joseph Wheeler |
| Linda Grobelny | Bob McShane | |
| | G. Tracy Mehan | |

Mass Intentions

- | | |
|--|--|
| Monday
7:00am | January 29
Sp. Intention (K. Hawkins) |
| Tuesday
7:00am | January 30
Margaret H. Snyder |
| Wednesday
7:00am
8:15am | January 31
Helen Miller
Sister Mary Hope |
| Thursday
7:00am | February 1
Richard Doerr |
| Friday
7:00am | February 2
Souls in Purgatory |
| Saturday
8:00am
5:00pm | February 3
Rose Renz
Rachel Reeg |
| Sunday
8:00am
9:15am
10:30am | February 4
Members of the Parish
Rosalyn Anderson
John Rocco |

Readings for the week of January 28, 2024

- Sunday: Dt 18:15-20/Ps 95:1-2, 6-7, 7-9 (8)/1 Cor 7:32-35/Mk 1:21-28
- Monday: 2 Sm 15:13-14, 30; 16:5-13/Ps 3:2-3, 4-5, 6-7/Mk 5:1-20
- Tuesday: 2 Sm 18:9-10, 14b, 24-25a, 30—19:3/Ps 86:1-2, 3-4, 5-6/Mk 5:21-43
- Wednesday: 2 Sm 24:2, 9-17/Ps 32:1-2, 5, 6, 7/Mk 6:1-6
- Thursday: 1 Kgs 2:1-4, 10-12/1 Chr 29:10, 11ab, 11d-12a, 12bcd/Mk 6:7-13
- Friday: Mal 3:1-4/Heb 2:14-18/Ps 24:7, 8, 9, 10/Lk 2:22-40 or 2:22-32
- Saturday: 1 Kgs 3:4-13/Ps 119:9, 10, 11, 12, 13, 14/Mk 6:30-34
- Next Sunday: Jb 7:1-4, 6-7/Ps 147:1-2, 3-4, 5-6 (see 3a)/1 Cor 9:16-19, 22-23/Mk 1:29-39

PLEASE PRAY for our PARISHIONERS and/or LOVED ONES SERVING in the UNITED STATES MILITARY



- | | |
|----------------------|-------------------------|
| Allen Conrey | Maurice Muro |
| Mollie Conrey | Ashton Piper |
| Rebecca Conrey | Christopher Wamhoff |
| Blaise Coultier | John Weber |
| Alex Garofalo | Jonathon Habb |
| Derek Hirtz | Dashawn Arrendon-
do |
| Brian Kloppenburg | |
| Justin Kloppenburg | |
| Alexander LaRochelle | |