



IDEAS FOR STUDENTS IN

Grades 9-12

You are your child's biggest advocate because you have the greatest hand in his or her future success. Help your child **Stay in the Game** and keep learning every day so he or she is challenged, prepared and empowered for the future.

DidYouKNOW?



Learning every day helps your child understand the importance of attendance at a young age.

Missing one or two days of school every few weeks is enough to cause a student to become chronically absent. Chronic absence can make it more difficult to succeed in high school and to graduate on time.

Students, especially those who have been chronically absent (missed more than 10% of school) in the past, are significantly more likely to NOT log on to online learning platforms and engage in remote education regularly.

Students are more likely to participate, focus and learn in classrooms if they feel safe (emotionally and physically), connected, supported and believe they can learn and achieve.

Steps you can take to help your child get to school and Stay in the Game.

Discuss Attendance Goals

- Talk with your child often about the importance of staying in the
 game and learning every day.
- Ask your child to set and work toward clear attendance goals.
- Make sure you know the attendance policies at your child's school, including what to do if he or she misses school, incentives and the outcomes of missed attendance.
- Monitor your child's learning pace and progress across all courses for attendance, participation and performance and seek his or her teacher's help as soon as your child starts to fall behind.
- Talk to your student and reinforce the importance of handwashing, cough and sneeze etiquette and staying home when sick.

Develop Smart Routines

- Emphasize the importance of following a learning schedule, completing assignments and studying for tests and exams.
- Prioritize the importance of a good night's sleep; school works the brain and the brain needs rest.
- Monitor your child's online activities, including social media. Know your child's friends and understand their social interactions.
- Help your child adapt to new learning environments, including when to complete assignments, where to work and how to manage competing priorities and schedule conflicts.
- Encourage movement and physical activities such as walking/ running, playing sports, dancing and finding creative ways of learning in the outdoors.
- Create a learning schedule with your child to help keep him or her on task. A consistent and predictable routine for learning every day gives children an assuring sense of stability.















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Additional steps you can take to help your child get to school and **Stay in the Game!**



Discuss Academic Progress and Missed Days

Work with your student to monitor his or her academic progress; don't hesitate to reach out to teachers—this is a partnership.

Ask your student to complete the *Stay in the Game!* Attendance Tracker on a monthly basis. The attendance tracker will help you see and track how many days of school your student has missed.

Connect with Educators



Regularly stay in touch with your student's teachers and educators to find out what he or she missed at school.











