

ISOLATION AND QUARANTINE GUIDELINES

Date Updated: 08/15/2022

The following guidelines applies to EVERYONE, regardless of vaccination status.

For more information about isolation and quarantine guidelines visit: www.cdc.gov/covid

If you test positive for COVID-19 (Isolate)



Symptom onset, or date tested if no symptoms. Isolation begins.



Continue to stay home and away from others



Wear a mask around others IF you have no symptoms or you are fever-free for 24 hours and other symptoms have improved.

People at high risk for severe illness: Talk to you provider about treatment

If you have a fever or moderate to severe illness, continue to stay home until your fever resolves and you feel better. Call your healthcare provider if your symptoms come back.

If you were exposed to someone with COVID-19 (Quarantine)



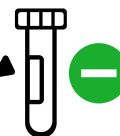
Last date of exposure to positive case.



Wear a mask around others.

Get tested on Day 6.*

*Those with confirmed COVID in past 30 days do not need to test on day 6.



Test Positive?
Isolate immediate and follow the guidelines above.

Test Negative?
Continue masking until Day 10
You can still develop COVID-19 up to 10 days after you have been exposed.
If you develop symptoms, get a test and stay home.